LAHTI REGION

Lakeland Finland

FINLAND 2027-2028







PRODUCT MANUAL FOR TOUR OPERATORS

Version 4: August 2026

Contents - Welcome to Lahti Region

Destination Lahti

Accessibility - how to reach Lahti Region and Lahti's USPs 3
Lahti Region - Lakeland Finland & Visit Lahti 5
Top Nature Sights in Salpausselkä UNESCO Global Geopark 6
Top Museums in the Lahti Region 7
Top 5 Attractions in the Lahti Region 8
Insider tips for the Lahti Region 9
Sports in the Lahti Region 10
Golf in the Lahti Region 11

Accommodation

Solo Sokos Hotel Lahden Seurahuone: Rooms, suites 13
GreenStar Hotel Lahti: Rooms 13
Hotel Scandic Lahti City: Rooms, suites 14
Hullu Poro - Kumpeli Spa: Rooms, suites 14
Messilä: Rooms, cottages, farmhouse 15
Pajulahti: Rooms, sport standard rooms 16
Vierumäki Sport and Holiday Resort: Rooms, suites, cottages, chalets, apartments 17
Holiday Club Vierumäki: Rooms, suites, apartments 18
Premium Resorts: Apartments, villas 18
Lehmonkärki Resort: Rooms, cottages, villas, Haasi Mirror Houses 19
Yli-Kaitala Resort: Cottages, cabins, rooms, Iglu Hut 20
Radalla Resort: Rooms, suites 21
Ilola Inn: Rooms, suites 22
Hotel Tallukka: Rooms 22
Manor House Virtaan Kartano: Cottages 23
Mukkula Manor: Rooms, suite 23
Iso-Naappila: Cottages 24
Tervalepikon Torpat: Cottages 24
EnjoyNature Resort: Rooms 25
Lomakivi Hostel: Cottages, rooms 25
Heinäsaari Resort: Cottages, cabins, camping 26
Camping in the Lahti Region: Camping Messilä, Camping Sysmä 26
Houseboat.fi: Floating houses 27

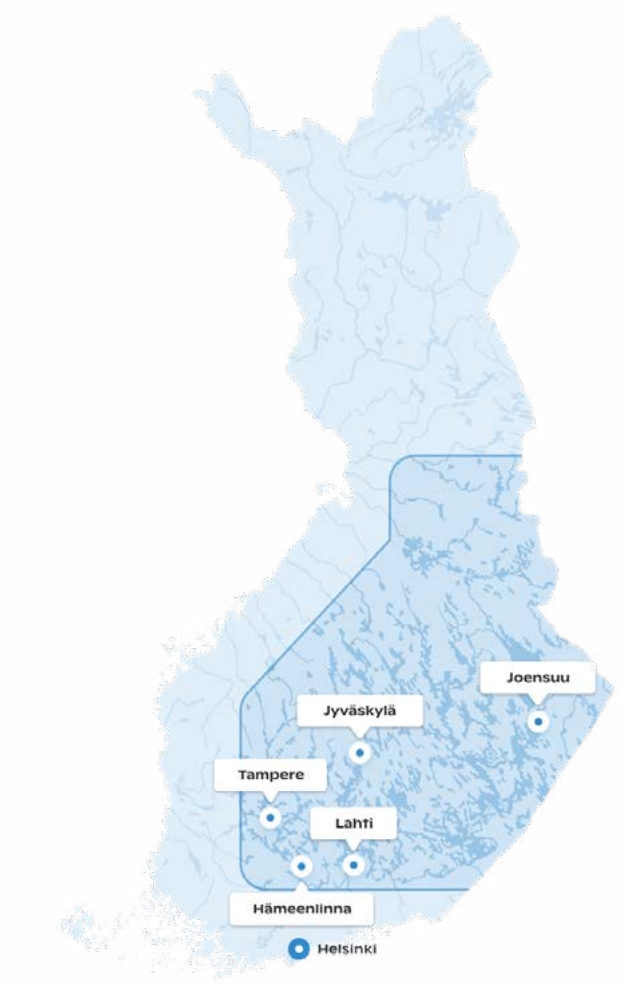
Activities

Messilä Ski Resort: Downhill skiing 15
Pajulahti: School camps and excursions, company kick-off 16
Vierumäki: Curling, guided mountainbike trip 17
Lehmonkärki Resort: Electric mountain bike tour, charter boat to Päijänne National Park 19
Yli-Kaitala Resort: Fishing, equipment rental 20
Houseboat.fi: Lakeland cruising, fishing 27
Päijänne Cruises Hilden: Lunch cruise to Vääksy canal, summer evening cruise, two canal route 29
Salpausselkä Pro Fishing: Jig fishing by boat and for groups, lake trip 30
Unique Husky Sleddog Experience: Meet the huskies, discover wilderness & meet huskies, husky sled dog ride 31
Nature Escape: Nature escape game, lake floating, sense trail 32
Best Lake Nature Adventures: Forest hug, wild food foraging, heart of the swamp 33
Riding School Okeroinen Stables: Beginner and trail riding lessons, dressage lesson, day trip from Helsinki 34
Kitetirri Outdoors: Guided gravel biking tour, Salpausselkä Geopark guided tour with e-mountain bike 35
Inga Guide: Nature Wellbeing Walk, Nature Fitness Walk, Nordic Art Walk 36
Travenina: Baking traditional Finnish „Pulla", restful guided nature tour, historical village of Hollola 37
Ainoa Winery: Wine tasting, shopping, special event, meeting venue 38
Teerenpeli: Brewery & distillery guided tour and tasting 39
Travellamo: Traditional Finnish sauna treatments 39
Jokimaan Paroni: Architecture & Culture in Lahti Region, Salpausselkä UNESCO Global Geopark, Sustainable Lahti, private tours 40
Educational Travel and Technical Visits: Cook like a Finn, sustainability-recycling program, Salpausselkä Geopark Nature Game, science workshops in the university's LUMA Centre, Finnish school day, technical visits in the Lahti Region, Finnish early childhood education/ Finnish school for professionals 42

Transportation

Lakkapää Charter 45

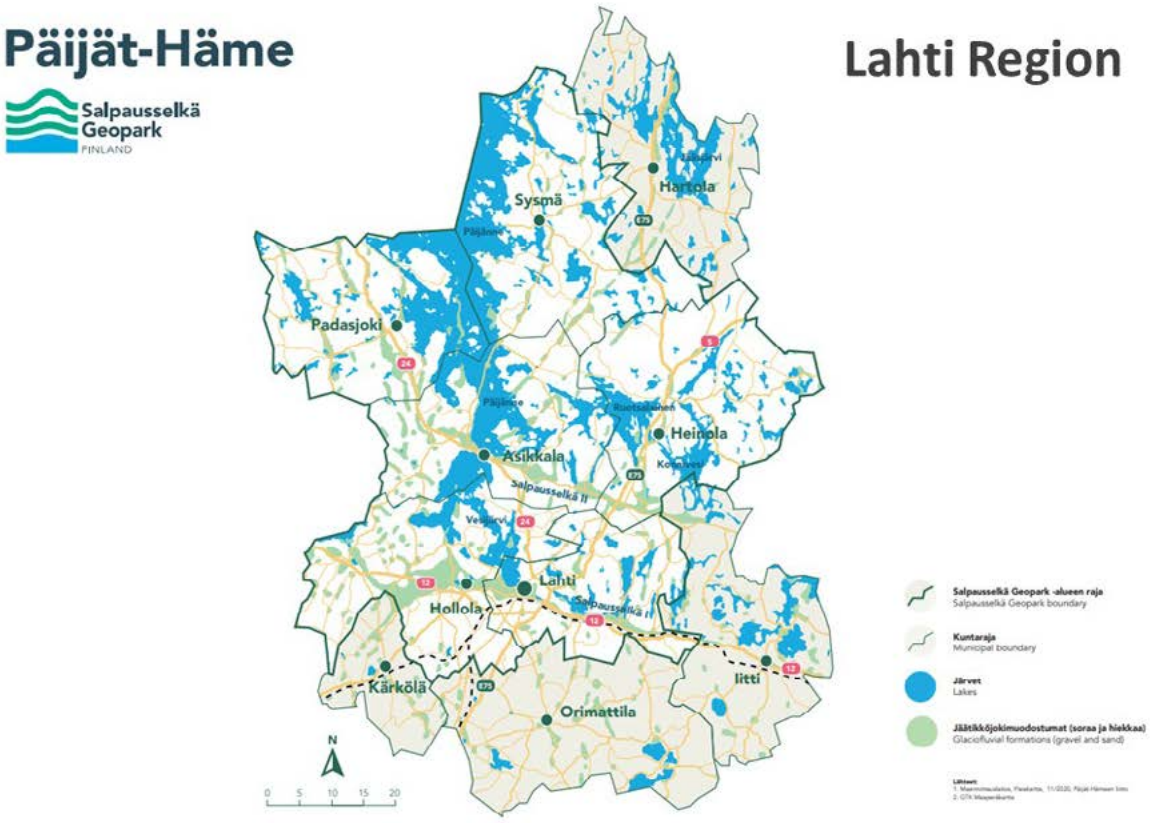
Accessibility - how to reach Lahti Region



Lahti's USPs

- The closest to Helsinki Finnish Lakeland destination. Easily accessible from Helsinki city centre and international airport
- Salpausselkä UNESCO Global Geopark with its magnificent nature sites covers practically whole Lahti Region
- Lahti region was awarded the Sustainable Travel Finland destination label in 2025
- Finnish Winter Sports Capital.

Airport:
Helsinki Airport (100 km)
Transfer options:
Smooth train connection from the Helsinki airport to Lahti. Commuter train P from the airport to Tikkurila station and easy change to a train to Lahti.
Train station:
Minimum one direct train every hour from Helsinki to Lahti.



Visit Lahti
Lakeland Finland

LAHTI REGION



Lehmonkärki Resort Aisti Spa

Lahti Region - Lakeland Finland

Sustainable Travel Finland labelled destination

Lahti, is the first real lakeside city you come to after departing from the capital Helsinki. The Lahti region offers a wide range of activities and urban events in the surroundings of the unique Salpausselkä UNESCO Global Geopark area where the whole landscape is created by water.

The Lahti region offers a range of unique accommodations, including lakeside cottages, to make your visit unforgettable. With its easy accessibility from Helsinki the Lahti region is a perfect destination even for a short day trip.

The over 800 lakes of the Lahti region offer breathtaking scenery. **Päijänne** is the second-largest lake in Finland and the most significant source of clean water. The Asikkalanselkä part of the lake provides drinking water for more than one million Finns.

Lake Päijänne has plenty to offer. Surrounded by picturesque villages, rolling hills, and forests, Päijänne is a true haven for those seeking peace and relaxation. Päijänne is one of the best places around the year to experience the Finnish cottage culture and sauna. From hiking and biking to fishing and boating, there is a multitude of activities to keep you active and engaged.

Thanks to the Lahti Region's beauty and variety of outdoor offerings, it truly is a heaven on earth. Whether you're a seasoned athlete or just looking to get some exercise, you'll find everything you need.

For active movers the Lahti region is a heaven for sports and well-being. One of the biggest draws for active travellers is Salpausselkä, a stunning ridge that offers a wide range of outdoor activities, from hiking and biking to cross-country skiing. Two Olympic Training Centres Vierumäki and Pajulahti offer a huge variety of sports and wellness activities for active holiday makers and school camps.

DETAILS - LAHTI REGION IN A NUTSHELL

Number of hotels:
9/ 2500 beds

Number of cottages:
~500

Hiking trails:
Hundreds of km forest trail network in the area. In Lahti/ Salpausselkä area 35 km marked hiking trails

Bicycle paths:
1000 km in Lahti region. In Lahti/ Salpausselkä area 200 km

Skiing tracks:
Messilä skiing resort: 10 slopes; Purnu skiing resort 5 slopes

Snow season:
First skiing tracks normally open mid-November and close mid-April. Best winter season December - March.

Visit Lahti – Lakeland Finland (Lahden seutu - Lahti Region Ltd.) is the regional DMO of the Lahti region representing the 10 municipalities of the Päijät-Häme province (Lahti, Heinola, Orimattila, Asikkala, Hartola, Hollola, Iitti, Kärkölä, Padasjoki and Sysmä).

Our sales department LAKELAND FINLAND TOURS is a full-service DMC. We provide all tourist services in the Lahti region and the Finnish Lakeland from accommodation, activities, sports related holidays, transfers, local life experiences to themed guided tours & round trips. We also offer a variety of educational programs, event services, technical visits and all services for the MICE sector customers.

SUSTAINABILITY

Our region was awarded the Sustainable Travel Finland destination label in 2025. All major companies of the region have already their own Sustainable Travel Finland label or have joined the program.

Our own company is committed to sustainability and has the national **Ekokompassi** certificate. We are a partner of the **"We Speak Gay"** community and since 2022 our company has also the **Sustainable Travel Finland label**. Visit Lahti - Lakeland Finland is also a signatory of the **Glasgow Declaration on Climate Action in Tourism**.

SUSTAINABLE TRAVEL FINLAND

WE SPEAK GAY

FOLLOW US ON SOCIAL MEDIA

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Visit Lahti Lakeland Finland

Top Nature Sights in Salpausselkä UNESCO Global Geopark

A landscape created by water

A UNESCO Global Geopark has sites and landscapes of international geological significance. The Salpausselkä UNESCO Global Geopark covers practically the whole Lahti region. The Salpausselkä ridges are outstanding ice-marginal formations laid down by ancient meltwater streams at the end of the Ice Age. They stretch across southern Finland and are at their most impressive within the area of Salpausselkä Geopark. Together with the narrow eskers fanning out to the north, outcrops of bedrock nearly two billion years old, and hundreds of sparkling lakes, they form a breathtaking natural mosaic unique to this region. The area features a great number of magnificent nature sites. Visit Lahti recommends for instance the following:



Pulkkilanharju

One of the most scenic routes in Finland goes through the 8-kilometre-long Pulkkilanharju ridge from Vääksy to the municipality Sysmä by the route number 314. Part of Pulkkilanharju Esker belongs to Päijänne National Park. Visitors can explore the esker nature on a nature trail of about two kilometres that is mostly easy terrain. The nature trail begins at Karisalmi rest area by going under Karisalmi Bridge to the other side of the road and then heading up to the esker. Pulkkilanharju is also a popular destination for cyclists and it can also be reached by public transport from Lahti. In summer time there are two cafés – kiosks operating on the esker. (30 km from the Lahti city centre)



Lahti Sports Centre and Salpausselkä Recreational Forest

With its unique, diverse landscape of ridges, kettle holes, steep slopes and raised beaches the Sports Centre and the surrounding area of the Salpausselkä ridge is one of the most significant geosites within the Salpausselkä UNESCO Global Geopark. There are numerous outdoor trails in this area. One of them the urban nature trail "Lehmusreitti", also runs by Häränsilmä which is a beautiful kettle pond right next to the Sports Centre with its iconic ski jumping towers. The Lahti Sports Centre area has several kettle holes, which give it its distinctive terrain, great for winter sports. (1.5 km from the Lahti city centre)



Linnaistensuo mire

Linnaistensuo mire, located only seven kilometres from the centre of Lahti, is a nationally valuable raised bog. The tranquil mire landscape can be admired from the duckboard trail crossing it. Linnaistensuo mire can be reached along Korvenrannantie or Linnaistentie and Ilolantie roads. The paths leading to the duckboard trail are marked on the trees with yellow paint. Linnaistensuo mire is an ideal place for a very easy hiking trip. (8 km from the Lahti city centre)



Pirunpesä Gorge (The Devil´s Nest) and Tiirismaa Hill

The monumental Pirunpesä Gorge is a cliff fissure cutting through the quartzite rocks of Tiirismaa hill. Pirunpesä, which translates literally as Devil's Nest, is one of the most important geosites of the Salpausselkä UNESCO Global Geopark. A marked hiking trail of 4,5 km passes by Pirunpesä. The trail can be reached from the parking area at Arvi Hauvosen tie. (7 km from the Lahti city centre)



Virtaankoski rapids

Virtaankoski rapids in Sysmä is a unique restored destination, offering experiences in nature, fishing and cultural heritage. Before the restoration a dam at Virtaankoski rapids prevented fish from migrating upstream. The restoration project was completed in 2025 and the old dam was removed. The rapids now offer excellent possibilities for fishing, canoeing, nature tourism and events. The Lintan Koskikahvila café, located beside the rapids, is open during the summer season, while Virtaa Manor as a local cultural heritage site offers comfortable cottage accommodation. (56 km from Lahti)

All nature sites in the Lahti region: www.salpausselkageopark.fi

Top Museums in the Lahti Region

Local culture, art and unique themes

Lahti City Museums

Lahti City Museums consist of four museums of different profile:
Museum of Visual Arts Malva is a museum of visual arts. Malva unites two museums from Lahti – the Art Museum and the Poster Museum – and brings together their thrilling content and exciting exhibitions under one roof. Malva is located in an old brewery building in the city centre of Lahti.

Lahti Historical Museum tells the story of the Lahti region from Stone Age to the current days. The museum is located in the old bourgeois manor house completed in 1898. The building is well loved by the residents
of the city and has been voted the most beautiful building in Lahti.

Lahti Ski Museum is located in the Sports Centre, close to the ski jumps. The museum exhibits and studies winter sports-related artefacts. The winter sports collection includes old and modern material representing cross-country skiing, ski jumping, Nordic combined and biathlon as well as alpine skiing.

Radio and TV museum Mastola dedicated to audio-visual history in Finland. It exhibits items and traditions related to radio and television activities.

www.lahdenmuseot.fi





Motorcycle Museum

Finnish Motorcycle Museum is located on scenic view by the lake Vesijärvi at Niemi Harbour, just 2.5 km from Lahti city centre. It is the only Motorcycle museum in Finland and its collection offers a wide range of elegantly restored world-famous motorcycles and national race bikes and mopeds with their stories. The Motorcycle Museum hosts several events, gatherings, and concerts every year.
www.moottoripyoramuseo.fi



The museums in Heinola

Heinola, the second largest town of the Lahti region by the Kymijoki river has three interesting museums.
The Aschan House (Lääninkivalteri Aschanin talo), or the former home of the family of chief constable Aschan is an urban home milieu from the 18th century.
The Heinola City Museum (Heinolan kaupunginmuseo) is located in a charming wooden building dating back to the year 1872. The story of the exhibition "Made in Heinola" takes the visitor from the prehistoric times of Heinola all the way to the post-WWII era.
The Heinola Art Museum (Heinolan taidemuseo) is located in an Empire-style museum building originally built in 1830 as the home of merchant Aleksander Toropoff's (1780–1852) family. The collection of the Museum consists of approximately 1,100 works of art.
www.visitheinola.fi



Itä-Hämeen museo

The Eastern Häme museum (Itä-Hämeen museo) in Hartola, the northernmost municipality of the Lahti region is located in Koskipää Manor, on the green banks of the Tainionvirta River. The Itä-Häme Museum is the regional museum of seven local parishes and was opened in 1929. The Koskipää Manor has been one of the largest manors in the area, and its history extends all the way to the 16th century.
www.ihmuseo.fi



Top 5 Attractions in the Lahti Region

Places to visit and discover



Lahti Harbour

Lahti Harbour located only 10-15 minutes by foot from the city centre is the living room of the locals with a lot of cosy cafés, restaurants and bars. Here you can enjoy the atmosphere of the Finnish Lakeland by the shores of Lake Vesijärvi and make a cruise to Lake Päijänne. In the Lahti harbour you can also find the magnificent concert and congress centre Sibelius hall, a modern piece of wood architecture. In the surroundings of the harbour you also find a few pieces of wooden monuments and constructions which together compose the Wood Architecture Park. One of them is the Café Piano Pavilion by the Sibelius Hall where you can enjoy the great view to the Lake Vesijärvi. The iconic wooden "Lahti" letters along the harbour promenade were established in 2021 to commemorate Lahti as the European Green Capital.



Lanu Sculpture Park & Musical Fountain

By the Lahti letters in the harbour promenade you can climb up to the Kariniemi park by the stairs with 180 steps. On the hill you can find the Lanu Sculpture Park with fifteen big sculptures created by the artist Olavi Lanu. The sculptures blend well into the scenery of the park and have gradually developed a coat of moss just like the artist wanted. The musical fountain is located in the picturesque park of the small Vesijärvi lake. Musical performances run daily in summer time.



© Tuomas Uusheimo

Sports Centre of Lahti

The three iconic ski jumping towers of the Lahti sports centre are one of the most instagrammable places in the city. From June to August, the top of the highest ski jumping tower is open to the public every day. The sports centre is also one of the most significant geosites within the Salpausselkä UNESCO Global Geopark. It lies on the First Salpausselkä Ridge. The beautiful nature with diverse landscape of ridges, kettle holes, steep slopes and raised beaches suits perfectly for sports and offers excellent conditions for outdoor activities all year round.



Art nouveau and modernism in the Lahti city centre

Two famous Finnish architects Eliel Saarinen and Alvar Aalto have left their mark in the city centre of Lahti. Lahti City Hall designed by architect Eliel Saarinen was completed in 1912. It represents the Late Art Nouveau, or Jugend, style. Church of the Cross, Ristinkirkko, designed by academician Alvar Aalto is the main church of the city. The church was built in 1978.



Old Vääksy Village and Vääksy canal

The Vääksy canal, built in 1868-71, unites Lake Vesijärvi with Lake Päijänne. Situated only 30 minutes by car from the Lahti city centre the idyllic Vääksy village by the canal is an ideal destination for a day trip from Lahti. The village has many interesting boutiques, shops, cafés and restaurants and besides the beautiful nature around the canal you can also visit for instance the Päijännetalo which is a free time fishing museum offering a great overview of sweet water fishing. A good idea is to hop on a lake cruise boat from Lahti and travel to Vääksy canal by water. Päijänne Cruises Hilden's (p. 29) boat on the route Lahti-Heinola stops also at Vääksy. You can spend the day in Vääksy and then take a local bus back to Lahti.

All attractions in the Lahti region: www.visitlahti.fi

Insiders tips for the Lahti Region

Finnish sauna, local drinks and recommended cafés and restaurants

Relax in the Finnish sauna

Where ever you decide to stay in the Lahti region you will most probably get a possibility to experience the Finnish sauna in your accommodation facility. There are a few public saunas in the area which offer unique sauna experience to everybody.

- Teivaan Hehku by the restauran Lokki in Lahti harbour, www.teivaanhehku.fi
- Nosturi in Lahti harbour, www.ravintolanosturi.fi
- Aisti sauna & spa in Lehmonkärki, lehmonkarkiresort.fi
- Radalla Resort Saunas, www.radallaresort.fi
- Pajulahti sauna, www.pajulahti.com



Taste the local drinks

Thanks to its large resources of world's cleanest ground water, Lahti is a remarkable centre of beverage and food industry. Tap water in Lahti comes from the rich sources of Salpausselkä ridge and has always excellent fresh taste. Try at least these drinks produced in Lahti.

- Tap water
- Teerenpeli whiskies & other drinks, www.teerenpeli.fi
- Finnish Lonkero & soft drinks and other drinks, www.hartwall.fi
- Ainoa winery berry wines, www.ainoawinery.com
- Sahti, local beer, one of the oldest primitive beers in Europe www.hollolanhirvi.fi, www.heilan.fi



Cosiest cafés

There are a lot of nice cafés and bars in the Lahti region and it's hard to say which are the best ones. The following ones offer – besides excellent tastes – unique and authentic atmosphere.

- Café Kariranta in the Lahti harbour, www.kariranta.fi
- Café Oskari in the Lahti city centre, www.kahvilaoskari.fi
- Café Asemapäällikkö by the Lahti railway station, www.asemapaallikko.com
- Café Piano by Kahiwa in the Lahti harbour, www.kahiwacoffee.fi
- Harjupavilion in Heinola, www.harjupaviljonki.fi
- Café Siltasaari in Heinola, www.heinolansiltasaari.fi
- Café Lintan Kammari in Sysmä, www.lintankammari.fi



Unique restaurants

Lahti region has a big number of excellent restaurants offering great culinary experiences and tastes from all over the world. The following restaurants have genuine concept and cosy atmosphere.

- Taivaanranta, part of Teerenpeli concern in the Lahti city centre, www.taivaanranta.fi
- Kokka, located in the Lahti harbour, www.bistrokokka.fi
- Roux, sophisticated pure tastes in the Lahti city centre, www.roux.fi
- Malskin Bistro, restaurant by the Museum of Visual Arts Malva, www.malskinbistro.fi
- Gastropub Mylly, pure tastes from local ingredients in the Lahti city centre, www.gastropubmylly.fi
- Tango & Matto, Brasserie by the stunning Jyrängönvirta river in Heinola, www.tangomatto.fi



Sports in the Lahti Region

The Finest Gravel of Europe and World-Class Nordic Skiing

The Lahti region is where nature, sport and wellbeing come together in an unique way. Created by water and shaped by the Ice Age, the region's landscape, the Salpausselkä UNESCO Global Geopark, the ridges, pristine lakes and vast forests forms an exceptional natural arena for physical activity all year round.

The varied terrain, clean air, pure waters and changing seasons create ideal conditions for both professional athletes and active travellers. Whether it is skiing on legendary winter routes, cycling through the finest gravel of Europe, running on the trails in peaceful forests or swimming in refreshing lakes, the Lahti region offers authentic Nordic experiences for every level of ability.

For generations, the unique environment has shaped a strong sports culture and an active lifestyle among locals. Here, nature is not only a beautiful backdrop – it is the reason people move both locals and travellers!

Read more about the sports in the Lahti region: visitlahti.fi/en/frontpage/to-see-and-to-do/sportstourism



Cycling

Europe's finest gravel roads for cycling experiences will be found in Lahti region. Riders enjoy freedom, silence and connection with nature. The extensive network of well-maintained gravel roads takes cyclists through peaceful forests, alongside crystal-clear lakes and across scenic ridges with constantly changing landscapes.

From May to late September riders can enjoy carefully planned or hosted cycling tours with expertise and seamless services with local hospitality. The experience continues beyond the bike with charming accommodation, cozy lunch restaurants and cafés, offering authentic Finnish flavours and relaxation in nature.

Lahti is the perfect destination for unforgettable multi-day gravel journeys. Tour can be part of the event experience – challenge just needs to be chosen!

More about gravel cycling in Lahti region: visitlahti.fi/en/cycling



Nordic Skiing

The Lahti region is one of the world's most iconic cross-country skiing destinations with over 100 years of event history in Nordic winter sports. It offers hundreds of kilometres of well-maintained ski trails from legendary World Cup tracks to gentle scenic routes for leisure skiers. The diverse network of tracks, snowy landscapes and strong skiing heritage create unforgettable winter experiences for skiers of all levels from early January to late March. With a variety of starting points, you may experience new routes for each day.

Visitors can enjoy a hassle-free skiing holiday with high-quality equipment rental services, professional ski instructors and guided experiences. The region also hosts internationally renowned skiing events, allowing visitors to experience the unique atmosphere of a true winter sports destination. In Lahti, cross-country skiing is not just a sport – it is a way of life.

Read more about Nordic Skiing: visitlahti.fi/en/skiing

Whether it's active participation in sports or thrilling moments in the stands, Lahti region offers a diverse range of sporting experiences. High-quality VIP and hospitality services can be tailored to individual needs, as can guided active excursions.


© Marianna Saren

Major Sport Events in the Lahti Region 2027–2029

11.–14.2.2027 | Lahti Ski Games, FIS Nordic Ski Wold Cup, Lahti
20.–21.2.2027 | Finlandia Ski Marathon, Lahti I Hollola
30.7.–1.8.2027 | UEC European Gravel Cycling Championships, Lahti
20.–22.8.2027 | Spartan Finland Obstacle Race, Lahti
August 2027 | Vierumäki Finnish Challenge Golf Tour, Vierumäki
14.–23.1.2028 | Winter World Masters Games -multi-sport event for 35+, Lahti I Levi I Heinola
February 2028 | Finlandia Ski Marathon
March 2028 | Lahti Ski Games
28.2.–11.3.2029 | FIS Nordic Ski World Championships, Lahti

Read more about the events: visitlahti.fi/en/frontpage/events

Golf in the Lahti Region

Seven Courses, One Destination

Just about an hour's drive from Helsinki, the Lahti region offers seven high-quality 18-hole golf courses, all within easy reach of each other. Each course has its own distinctive character – from ridge landscapes and lakeside scenery to peaceful forest courses and open championship-level layouts. Excellent course conditions, welcoming service and the opportunity to combine golf with quality accommodation, restaurants and authentic Finnish nature experiences make the region an ideal golf destination. By playing several courses during the same trip, you can create a truly memorable golf experience in some of Finland's most beautiful lake and forest landscapes.

Messilä Golf
Set in the scenic Salpausselkä ridge landscape, Messilä Golf offers a varied and high-quality golf experience just outside the city of Lahti. The course is known for its impressive fairways, excellent condition and the opportunity to combine golf with accommodation at the Messilä resort area.

www.messilagolf.fi



Lahden Golf
Lahden Golf's Mestari Course is located in the beautiful field and forest landscapes of Takkula. The course offers an interesting combination of strategic play, high-quality practice facilities and a long golfing tradition. Its location close to Lahti city centre makes it an excellent choice for golf travellers.

www.lahdengolf.fi



Kanava Golf
Located near the famous Vääksy Canal, Kanava Golf offers a relaxed atmosphere and a nature-oriented golf experience in the landscapes of Lake Päijänne. Its varied fairways and beautiful surroundings make it one of the most charming golf destinations in the Lahti region.

www.kanavagolf.com



Hartola Golf
Hartola Golf is known for its beautiful natural setting in the heart of Finland's Lakeland. The course combines forest and lake scenery, a peaceful atmosphere and a full-service golf centre where visitors can easily enjoy a stay of several days.

www.hartolagolf.fi



Iitti Golf
Iitti Golf offers a high-quality and welcoming golf experience in the middle of the beautiful Finnish countryside. The course is known for its spacious layout, pleasant pace of play and friendly atmosphere, welcoming both experienced players and new golf travellers.

www.iittigolf.fi



Vierumäki Golf
Vierumäki Golf offers two distinctive 18-hole courses in one complete golf resort destination. The Classic Course runs through beautiful forest scenery and provides an enjoyable round for players of all levels, while the highly regarded Cooke Course is a championship-level layout known for its open views, strategic design and tournament-quality playing experience.

With quality accommodation, restaurant, sport and wellness services nearby, Vierumäki is an ideal choice for international golf travellers looking to combine versatile golf, resort comfort and Finnish nature in one destination.

www.vierumakigolf.fi



ACCOMMODATION





Solo Sokos Hotel Lahden Seurahuone

The history of the Hotel Lahden Seurahuone begins in the 1890's. Located in the heart of Lahti city with 183 hotel rooms, 3 restaurants and 10 conference rooms. Seurahuone Loft House on the other side of the street with 50 (included in the 183 total) luxurious rooms are truly unique. In October 2022 the hotel was selected as the most sustainable hotel of Europe in the competition World Luxury Hotel Awards.

ACCOMMODATION

Sokos Hotel Lahden Seurahuone consists of the main building with a wide range of rooms and the separate Seurahuone Loft House, providing a more private accommodation option.
Number & type of rooms: 183 rooms total (119 standard rooms, 17 suites)
Room facilities: Minibar, shower/ bath

DETAILS

USPs: Luxury in the middle of the city | Hotel breakfast | Seurahuone Loft house
Season: Year-round
Language: English
Restaurants: 3 restaurants: Trattoria (à-la-carte), Bar&Bistro and Hämesali (breakfast + conference)
Spa & Wellness: 4 saunas (2 in the main building, 2 in the Loft House)
Additional services: Conference facilities
Activities: Links are available for customers to book activities in the Lahti region directly with local activity providers.
Equipment rental: Contact details for equipment rental providers are available on request.
Packages: Packages available on demand
Service for children: Special gift for children at the reception
Note: Pets allowed in the main building, 2 garages (all together 100 parking places)
Accessibility: Easily reachable by public transport, Lahti train station is 0.8 km away
Sustainability: Sustainable Travel Finland Label, Green Key

Contact
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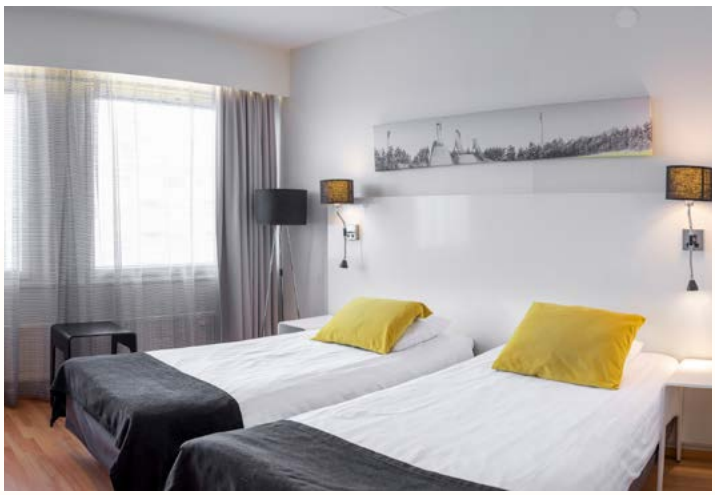
www.sokoshotels.fi/en/lahti/sokos-hotel-lahden-seurahuone



GreenStar Hotel Lahti

GreenStar Hotels is an ecological Finnish city hotel chain with five hotels, and Finland's first carbon-neutral hotel chain. GreenStar's core principles include putting sustainability and the well-being of our customers first, enabling our customers to live conveniently and ecologically, and having partnerships with local businesses that share our green values.

ACCOMMODATION

GreenStar Hotel Lahti is a city hotel with 138 rooms, offering accommodation, breakfast, restaurant services and meeting facilities for groups with a focus on good value for money.
Number & type of rooms: 138 rooms
Room facilities: Free WiFi, desk, TV, electric kettle, fan, private bathroom with shower, hairdryer, toiletries

DETAILS

USPs: Central Location – Next to Lahti Travel Centre, easy a ccess by car or public transport | Sustainability – Finland's first carbon-neutral hotel chain | Great Value – Excellent price-quality ratio
Opened: 2019
Season: Year-round
Language: English
Restaurants: Restaurant on request for groups
Additional services: Meals and meeting rooms
Equipment rental: Rental bikes free of charge for guests
Packages: For groups on request
Service for children: Cribs and extra beds
Note: Pets allowed for a fee, 50 outdoor parking places with extra fee, not bookable in advance
Accessibility: Easily reachable by public transport, 50 meters from the Lahti Travel Centre
Sustainability: Sustainable Travel Finland Label, Salpausselkä Geopark partner, The Nordic Swan Ecolabel

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Hotel Scandic Lahti City

Scandic Lahti City offers a central location, spacious rooms, a restaurant and convenient on-site parking, providing a comfortable base for exploring Lahti and the surrounding area.

ACCOMMODATION

A cosy hotel right in the city center.
Number & type of rooms: In total 167 rooms - 129 standard rooms, 38 superior rooms
Room facilities: Standard rooms with twin beds or a King size double bed. Standard family rooms with twin beds and a sofa bed. Superior rooms with King size double bed. Junior Suite rooms for 2+2 persons with sofa beds. Standard rooms are equipped with bathroom with shower, desk and chair, hairdryer, minibar, TV, vinyl plank floor. Superior room also with bathrobes, cosmetic mirror, kettle and coffee/ tea, minibar. Junior Suite with bath tub. All rooms have AC.

DETAILS

USPs: Spacious, air-conditioned rooms with a wide selection of room types | All rooms renovated in 2024–2025 | Comfortable accommodation for groups | Central location with easy access to shopping, restaurants & city services | Convenient garage parking
Opened: 1992
Season: Year-round
Languages: English, German, Swedish
Restaurants: Restaurant Lahti City for breakfast and à-la-carte/ group dining. The lobby bar offers beverages and small snacks.
Spa & Wellness: 2 saunas, separate for men and women.
Additional services: 24 hour shop, conference facilities
Equipment rental: Bicycles and nordic walking poles for free
Packages: Packages available on demand
Service for children: Pancakes at breakfast during summer time.
Note: Pets allowed for extra fee, garage downstairs for extra fee. Located as a part of city center´s biggest shopping mall. Easy indoor acces to shopping mall.
Accessibility: Easily reachable by public transport, Lahti train station is 1 km away, Helsinki airport (100 km)
Sustainability: Sustainable Travel Finland Label, The Nordic Swan Label

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Hullu Poro - Kumpeli Spa

Spa, Restaurant and Conference Hotel in Heinola, where the beautiful Finnish Lakeland area starts.

ACCOMMODATION

Accommodation is available in four categories: standard rooms, superior rooms, junior suites and suites.
Number & type of rooms: 119 hotel rooms, 4 different categories
Room facilities: Bathroom, tv, balcony or terrace, coffee maker or kettle

DETAILS

USPs: Wellness & spa area | Lakeside location | Year-round natural water swimming opportunity
Season: Year-round
Languages: English, German
Restaurants: 1 restaurant, 1 lobby bar, 1 panorama restaurant terrace in summer
Spa & Wellness: 4 different saunas, relaxing area, salt room, gym, platform to the lake, big spa terrace by the lake, infrared chairs
Activities: Frisbee golf, padel, beaches, bicycling, skiing
Equipment rental: Bicycles
Packages: Travel packages with breakfast, spa and dinner can be arranged. Christmas and New Year packages are available.
Note: Family run business, the hotel and its services is mostly made for adults, pets are allowed, free parking available for guests
Accessibility: Preferably reachable by customer's own car; Helsinki airport (135 km), Lahti train station (30 km)
Sustainability: Own sustainability program

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Messilä

Messilä is the largest ski resort in Southern Finland located only 15 minutes from Lahti city centre. Messilä offers fun for the whole family, with 10 slopes, a park and playground for freestyle skiers. Messilä has a variety of accommodation options, three restaurants, a ski rental and maintenance shop and the LHS Ski School.

MESSILÄ SKI RESORT

During the winter season (November–April), Messilä offers downhill skiing, freestyle skiing, snowboarding, cross-country skiing, sledding and LHS Ski School services. The highest point of Messilä's slopes is over 200 m above sea level, located next to Tiirismaa, the highest point in southern Finland. The ski resort has 10 slopes ranging from easy to intermediate and two freestyle parks for intermediate-level skiers.
Skiers of all levels can enjoy Messilä, including the family-friendly Pikkukylä area, where younger skiers can safely practice downhill skiing with a convenient carpet lift. Pikkukylä also offers sledding and Pikku Parkki, a safe area for beginner freestylers. Messilä is located close to Lahti's cross-country ski routes, offering guests access to some of Finland's best trails and unique landscapes.

ACCOMMODATION

Hotel Messilä offers a variety of accommodation options for guests at Messilä Ski Resort all year-round. Accommodation is located either in the historical Messilä manor yard circle, or conveniently next to the slopes in log cottages in the holiday village. The slopes are easily accessible and only a short walk away from both Messilä yard circle and the holiday village. All the services offered by Messilä Ski Resort are located close by to the accommodation.
Number & type of accommodation: 1 x 1 person room, 24 x 2 person hotel- and old store rooms, 10 x 3 person old store rooms, 3 x 4 person old store rooms, 1 x 5 person room, 1 x 6 person room, 12 log cottages, 5 old store cottages, Ylöstalo a stand alone farmhouse 10 guests.
Accommodation facilities: All accommodation have bathrooms and TVs, as well as bed linen and towels included. Old Store Cottages have a small kitchenette and log cottages have a kitchen and sauna. Ylöstalo has a spacious sauna, kitchen and laundry room.

RESTAURANTS

Messilä yard circle features three restaurants. The Manor Restaurant in the historic Messilä Manor building serves breakfast, lunch and dinner with views of the slopes. Restaurant Bistro offers fast food and snacks for skiers, and the Market Restaurant is available mainly for private events. Cafe Laaso, located at the Laaso ski slope, serves light snacks and drinks with outdoor seating on sunny days.

DETAILS
USPs: Located on the historic Messilä Manor grounds | Accommodation close to Messilä Ski Resort services and slopes | Ski slopes open from November to April | Comfortable accommodation in a unique resort setting
Founded: 1993 - owner-run company
Season: Hotel Messilä offers accommodation year-round. Messilä Ski Resort is open to guests every year during ski season from November to April. During summer season Messilä offers numerous outdoor activity options, such as golf and bike tours.
Language: English
Restaurants: 3 restaurants
Spa & Wellness: Two saunas and a lounge for guests
Additional services: Event and conference services
Summer activities: During the summer/ off- season Messilä offers outdoor activities, such as mountain biking, bike tours, golf, and fishing tours with our partners. Guests can buy golf tickets to Messilä Golf at a special price. Salpausselkä Pro Fishing offers fishing tours and sightseeing tours at Vesijärvi. Kitetirri Outdoors offers guided bike tours.
Winter activities: Downhill skiing, freestyle skiing, cross-country skiing, sledding, and the services of LHS Ski School.
Equipment rental: Messilä is partnered with SkiMac Rental and Service Shop that offers a variety of ski equipment for downhill skiing, snowboarding and cross-country skiing. Messilä is also partnered with Kitetirri Outdoors that offers bike rental services.
Service for bikers: Hotel Messilä is a recipient of the Bikeland Finland certificate and is a bicycle friendly destination. During the summer Hotel Messilä's Summer Cafe offers refreshments and services to cyclists, such as a place to charge to bicycle battery, refill water bottle, a small bike maintenance kit and a pace where cyclists can wash their bikes.
Service for children: Hotel Messilä offers cots for baby guests.
Note: Pet friendly accommodation options available, free parking offered for guests
Accessibility: Preferably reachable by customer's own car, etc., Helsinki airport (104 km), Lahti train station (9.7 km)
Sustainability: Messilä is in the beginning stages of building a sustainabillity program.

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Pajulahti

Pajulahti, an outstanding sports and leisure oasis is the only Olympic and Paralympic Training Center in Finland. Pajulahti is part of Three Campus Sports Institute.
We offer high-standard education, coaching and training services, meeting and company wellbeing day facilities as well as refreshing experiences in sport and leisure.
For your convenience all accommodation, main services and sport venues are located within walking distance. Park your car for entire stay and enjoy a fresh walk instead.

ACCOMMODATION

Pajulahti offers accommodation for up to 700 persons, including extra beds for children, in comfortable sport standard and well-equipped hotel standard rooms. Room types for all needs: single, double and family rooms.
Number & type of accommodation: 151 Hotel rooms, 69 Sport standard rooms
Room facilities: Television, fridge, bed linen, towels; hotel rooms additionally have a microwave, a coffee maker and a kettle

DETAILS

USPs: People with or without disabilities have equal access to our venues and activities.
Founded: 1929, run by Urheiluopistosäätiö Foundation and Kisakallio Foundation
Season: Year-round **Language:** English
Restaurants: 2 restaurants and cafe, Restaurant Iso-Kukkanen with lake view and the pre-order restaurant Fanni
Spa & Wellness: Pajulahti's unique lakeside saunas offer the perfect place to relax, unwind and enjoy the views. The Lake Pool Pajulahti provides a year-round lake experience for the whole family. The sauna area includes four saunas for 15–30 people, which can be booked for private use. During summer, the saunas are available for staying guests daily from 19:30–22:00. The facility also features 25-metre swimming lanes.
Additional services: Swimming hall, auditorium, Adventure park
Summer activities: Lake Pool Pajulahti, minigolf, padel, SUP boarding, kayak, canoeing, beachvolley, Adventure Park etc.
Winter activities: Cross-country skiing, snowshoeing, ice-swimming, ice skating, indoor curling etc.

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Year-round activities: Fatbike, tennis, swimming, archery, indoor wall climbing
Equipment rental: Equipment for minigolf, tennis, padel, SUP board, kayak, canoe, beachvolley, fatbike
Packages: Sporty family holidays or theme holidays. There are various options to spend active, but also relaxing holidays in Pajulahti, for people of all ages.
Service for children: Inside jungle gym, outside park, Adventure park, Lake Pool Pajulahti
Note: Pets allowed in designated hotel rooms, parking available.
Accessibility: Easily reachable by public transport, Helsinki airport (114 km), Lahti train station (19 km)
Sustainability: Ekokompassi certificate, Sustainable Travel Finland Label, own sustainability program, Salpausselkä Geopark partner

SCHOOL CAMPS AND EXCURSIONS

We offer excellent conditions and sport and leisure facilities for organizing successful school camps and excursions. We have the sole status of Olympic and Paralympic training center in Finland. Pajulahti is located on the clean lake Iso-Kukkanen, surrounded by beautiful nature, just over an hour drive from the capital area and twenty minutes from Lahti city center. Year-round visits are made easy in Pajulahti – special programs for winter and summer!

DETAILS

Season: Year-round **Language:** English
Duration: Depending on the customers' wishes
Participants: Depending on the customers' group size
Services included: Depending on the package, equipment, overnight stay, guide and meals are included
Optional services: Different kinds of activities and special meals

COMPANY KICK-OFF

Pajulahti offers meeting facilities, recreational sporty events and occupational well-being. All our services are located in breath-taking surroundings by the lake of Iso-Kukkanen. Our restaurant serves healthy and local delicacies for our guests.
Start your day at our lakeside meeting room and pick your favorite activities to build up teamwork. Relax and have a great time with your team and let us take care of your comfort.
With our sales person you can create a package for your interests.

DETAILS

Season: Year-round **Language:** English
Duration: Depending on the customers' wishes
Participants: Depending on the customers' group size
Services included: Depending on the package, equipment, overnight stay, guide and meals are included
Optional services: Different kinds of activities and special meals.





Vierumäki Sport and Holiday Resort

Vierumäki gives space for what matters. Space to breathe and recharge, move and feel your best, connect without hurry, and think with greater clarity. Surrounded by Finnish nature, we combine wellbeing, sports, accommodation, dining and inspiring meeting facilities into meaningful experiences for leisure, business, sports and education.

ACCOMMODATION

Hotel Fennada offers a unique, world-class luxury stay on the shores of scenic Lake Valkjärvi. The views of the surrounding natural beauty will sooth travelers and evoke a wave of happiness. The modern, top-notch hotel is centrally located in Vierumäki, right next to a full range of restaurant and fitness services. It features a wide selection of room types (incl. pet rooms) and adaptable space solutions. Breakfast is included in the rate.

Number & type of accommodation: Hotel Fennada, Sporthotel Pihkala, Country Club accommodation, Sport accommodations and apartments, Cottage's (lot's of different types), Chalet & resort-rooms

Accommoation at Hotel Fennada: 72 Standard, 18 Superior, 9 Junior suite, 4 Fennada suite, 2 DeLuxe, 1 President suite

Room facilities: Vary depending on the room type but usually include air conditioning, drying cabinet, blackout curtains, TV, Wi-Fi, high quality separate beds

DETAILS

USPs: Nature & location – serene forest setting, less than two hours from the airport | Versatile stay – hotels, villas and holiday homes | Active & relaxing – Training, adventure, sauna and relaxation | Dining & Community – Delicious food and a welcoming atmosphere

Opened: 2019 **Season:** Year-round **Language:** English

Restaurants: Restaurant V - á la carte restaurant, Jatkoaika Sportbar - a sport bar with a terrace, Restaurant Puhti - buffet-restaurant, Cafe Pihkala - snacks, coffee, cakes, soups/ salads, Cafe Greeni - snacks, coffee, soups/ salads, Cafe and Bar Palmu - summer barbeque, drinks, cafe (also in Winter times can be booked for groups), 7 Minute Break Bar - refreshments, café products and savoury snacks (also takeaway) right next to golf court, Smokesaunas - Kammi and Karhunpesä (own menu's, bookings by groups)

Spa & Wellness: A swimming hall with a sauna and recreational pools, two saunas Kaski and Pihka by the lake, two smoke saunas Kammi and Karhunpesä and a sauna at the Country Club.

Additional services: Week program for FIT, massages, fitness test station, swimming hall/ spa, conference/ meeting rooms, accommodation, education

Summer activities: SUP & kayaking, swimming, outdoor padel & tennis, forest yoga, Flowpark, nature trails, paintball, disc golf, golf, beachvolley - over 200 different types of sports in total.

Winter activities: Snowshoeing, indoor archery, skiing, ice-skating, indoor tennis, padel, badminton, pickleball, bubble football

Year-round activities: Guided lessons (TRX, different trainings, Vieruyoga, games), two gyms, fitness test station, swimming hall, icehall, biking, curling, floorball, football, gymnastics, ice-hockey, water-training, figure skating, crosstraining

Equipment rental: Bikes (e-fatbike, trek-bikes, Jopo), frisbee, tennis-padel-squash-badminton racket's, lots of different balls, oce-skates and skis, snowshoes (normal & sliding), SUP & kayaks, maps, nordic walking poles

Packages: Meeting packages, camps, courses, seasonal packages

Service for children: Summer camps, Flowpark, playgrounds, children's menus, lots of guided children's active hours

Note: Pets allowed in some rooms, all parking areas are available and free of charge (exl. charging points)

Accessibility: Preferably reachable by customer's own car etc., but also easily reachable by public transport, Helsinki airport (126 km), Lahti train station (31 km)

Sustainability: Sustainable Travel Finland Label, Salpausselkä Geopark partner

CURLING

Curling is one of the most popular games chosen by companies and groups in Vierumäki. It is an interesting team game played on ice, suitable for all fitness levels.

DETAILS

Season: Year-round **Language:** English **Duration:** 60 or 90 min.
Participants: 5-40 pax, minimum age 15 years
Services included: Equipment, guide

GUIDED MOUNTAINBIKE TRIP

Explore Vierumäki's forests on a mountain bike with a guide. The route takes you on a tour round the Institute's different trails, allowing you to test your physical fitness, balance and courage in a way normal cycling doesn't. We have two types of bikes to choose from: electrically assisted e-fatbikes or mountain bikes.

DETAILS

Season: Year-round **Language:** English **Duration:** 45 or 90 min.
Participants: 1-15 pax, minimum age 10 years
Services included: Bikes, helmets, guide

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Holiday Club Vierumäki

HolidayClub Vierumäki is a dream resort for those who gain well-being and strength from comfort and physical activity and offers two golf courses, the Water Park & Day Spa with seven pools and five saunas, quality dining and meeting services.

ACCOMMODATION

190 air-conditioned, non-smoking hotel rooms of different categories and spacious holiday apartments located near the golf course.
Number & type of accommodation: 190 rooms and 557 beds. Room categories: Standard (Twin), Standard Double Plus, Standard (Accessible), Superior Double, Superior Double Family and Suite. Holiday apartments for max. 6 pax.
Accommodation facilities: All rooms are non-smoking, air-conditioned, and include breakfast and free Wi-Fi. Suites feature a private sauna. Holiday apartments feature saunas and kitchens.

DETAILS

USPs: Nature & Wellbeing – Comfort, relaxation and activities | Sports & Golf – Excellent facilities for active holidays | Water Park & Sauna World – Modern wellness experiences | Culinary Experience – Robert's Coffee & dining options
Founded: 1986 **Season:** Year-round **Language:** English
Restaurants: Fat Lizard – pizzas, burgers, salads, grilled dishes and craft beers, Robert's Coffee – coffee, gelato and café treats, Breakfast buffet, Buffet restaurant – hearty lunch and dinner buffets with hot dishes, fresh salad selection, coffee/ tea and desserts, Teatro Bowling Bar – drinks and refreshments | R-kioski
Spa & Wellness: The Water Park and Sauna World feature seven pools and five unique saunas, including a smoke sauna. The Day Spa offers various wellness treatments for relaxation and recovery.
Additional services: Conference facilities
Activities: Bowling, golf, tennis, padel, pickleball, disc golf, cycling, mountain biking, hiking, canoeing, kayaking, swimming, gym, group exercises, team sports, ice sports, corporate team-building activities, orienteering, skiing and other winter outdoor activities
Packages: Packages available on request
Service for children: Miniature golf (summer) and bowling
Note: 31 pet-friendly rooms, lots of parking on the hotel site
Accessibility: Preferably reachable by customer's own car; also easily reachable by public transport, Helsinki airport (120 km), Lahti train station (25 km)
Sustainability: Green Key Certificate

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Premium Resorts

Premium Villas Vierumäki is located in the middle of Finnish Lakeland only just over an hour away from the airport and Helsinki. The villas are situated in an excellent location in Vierumäki, in the middle of Finland's most versatile well-being and sports services.

ACCOMMODATION

Our stylish log villas offer luxury for families and groups of friends or workmates by the nature. Decorated in Scandinavian style, the villas with large panoramic windows and outdoor hot tubs guarantee an unforgettable break in the middle of everyday life. In 2025 a brand new luxurious lakeside "Villa 4 seasons" was opened. This large villa with 4 bedrooms can accommodate up to 15 persons.
Number & type of accommodation: 8 apartments in 5 different villas: 5 luxurious log Villas (Villas Wood, Mocca, Grey, Snow and Villa 4 Seasons) and the large villa Mammuttilinna that works great for larger parties and meetings
Villas facilities: Excellent high-end brands home appliances: dishwasher, oven, stove, microwave and washing machine. A drying cabinet can be found in the Wood, Mocca and Grey log villas.

DETAILS

USPs: Finnish Nature – Luxury accommodation in carefully selected destinations | Local Expertise – Authentic Finnish quality and know-how | Wellbeing & Relaxation – Focus on mind and body | Premium Comfort – High-quality leisure accommodation
Founded: 2019 - family-owned company
Season: Year-round
Language: English
Spa & Wellness: All villas have an own sauna and outdoor jacuzzi. In Mammuttilinna there is a sauna area including an indoor jacuzzi.
Note: Some villas are pets-friendly, each villa with own parking area
Equipment rental: Bikes
Accessibility: Preferably reachable by customer's own car. Shuttle transfer can be arranged at additonal fee. Vierumäki can also be reached from Helsinki first by train to Lahti and from Lahti by bus to Vierumäki. Helsinki airport (125 km), Lahti train station (30 km)
Sustainability: Participant of the Sustainable Travel Finland program

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Lehmonkärki Resort

A premium lakeside resort, Lehmonkärki offers luxury for all the senses. We offer stylish and high-quality meeting and accommodation facilities, a kitchen that offers delicacies made from local ingredients and, above all, tailored and first-class service. Clean water, beautiful nature and silence come on top of the deal.

ACCOMMODATION

There are 15 different cabins and villas in the area, with a wonderful view of Päijänne. Our accommodation villas are located surrounded by beautiful nature. The villas are well equipped to meet the needs of even demanding customers. The modern wood-paneled cottages and villas have high-quality equipment, hotel-level beds, private saunas, outdoor jacuzzis and cozy terrace areas.
For couples, who want luxury, we have Haasi Mirror Houses which are built on the lake.
Number & type of accommodation: Villa rental, conference villas, Haasi Mirror Houses, Villa Vellamo Boutique Hotel rooms. Beds for 140 people.
Accommodation facilities: The villas are well equipped to meet the needs of even demanding customers. The modern wood-paneled cottages and villas have high-quality equipment, hotel-level beds, private saunas, outdoor jacuzzis and cozy terrace areas.

DETAILS

USPs: Luxury accommodation in Mirror Houses on the lake and upscale accommodation villas.
Opened: Business was founded in 1967 - family-run business
Season: Year-round
Languages: English, German, Swedish
Restaurants: Beach restaurant open year-round (check opening times on our website: lehmonkarkiresort.fi/en/restaurant)
Spa & Wellness: Each cottage has its own sauna and almost every cottage has a private outdoor jacuzzi. In addition, the new AISTI Sauna & Spa features five unique saunas designed to awaken your senses and take you into deep relaxation. Variety of outdoor pools and outdoor jacuzzis. Lake swimming.
Activities: Electric mountain bikes & fat bikes, SUP-boarding, tennis, beach volley, snooker, disc golf, rowing boats, table tennis, sit-on-top kayaks, jet skiing, hiking, swimming, fishing, pedal boating, AISTI Sauna & Spa, snowshoeing, ice-skating, skiing, ice fishing, snowmobiling, curling and many group activities and excursions
Equipment rental: Rowing boats, jet skis, electric mountain bikes, electric fat bikes, SUP-boards, sit-on-top kayaks, voyager canoe, disc-golf discs, electric outboard motor, tennis rackets and balls, fishing equipment, nordic walking poles, snowshoes.
Additional services: Catering, recreational activities (tournaments, games), events on request.
Packages: Public holidays are packaged separately, e.g. Christmas, New Year's, Easter and summer weeks
Service for children: Playground, billiards, table tennis
Note: Pets allowed in 10 villas, own parking at each cottage, e-charger stations available
Accessibility: Preferably reachable by customer's own car; Helsinki airport (140 km), Lahti train station (40 km)
Sustainability: Green Key Certificate, Sustainable Travel Finland Label, Salpausselkä Geopark partner

ELECTRIC MOUNTAIN BIKE TOUR

Rent an e-mountain bike to explore the region's nature on routes for all skill levels. A popular destination for bikers is the scenic Pulkkilanharju Ridge, part of Päijänne National Park and the Salpausselkä UNESCO Global Geopark.

DETAILS

Season: Summer, spring, autumn, winter
Language: English **Duration:** 3 hrs
Participants: 1-12 pax, minimum age is 12 years
Starting point & time: Lehmonkärki Reception
Services included: Helmet, locks, backpack if needed, phone holder, guidance at the reception (how to use bikes and route tips)
Note: Self-guided activity **Optional:** Guide for a fee

CHARTER BOAT TO PÄIJÄNNE NATIONAL PARK

Board a charter boat at the resort for a scenic cruise across Lake Päijänne to Kelvenne Island, a highlight of the Salpausselkä UNESCO Global Geopark and Päijänne National Park. Explore sandy beaches and unique kettle hole ponds hidden in the boreal forest.

DETAILS

Season: Summer, early autumn, late spring
Language: English **Duration:** The boat ride to the island Kelvenne takes about 15 minutes one way. Length of the stay on the island can be agreed upon. **Participants:** 1-7 pax
Starting point & time: Lehmonkärki Reception
Services included: Life jacket. The boat driver can introduce guests to Päijänne National Park and Kelvenne Island.
Optional: Picnic lunches, snacks and drinks are available by pre-order. A private guide for a walk on the island can be arranged on request. **Note:** Charter boat trip is available when booked at least a few days in advance

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Yli-Kaitala Resort

An idyllic lakeside retreat where guests experience the charm of traditional Finnish cottage living. Private waterfront accommodations feature their own shore, rowing boat, pier and sauna, surrounded by unspoiled nature. Renowned fishing waters and rental motorboats for successful fishing trips create the perfect getaway.

ACCOMMODATION

Well-equipped accommodation with internet connection in the middle of beautiful Finnish nature. 11 differently sized cottages which all have a private shore and a sauna.
Extra experience: Iglu-hut for two, on the waves of the Kymi river. Also a mini-hotel Tuuliviiri: four hotel standard double rooms in an old building.
Number & type of accommodation: Accommodation includes 11 private lakeside cottages for 2–12 guests, from traditional granny cottages and cozy log cabins to a spacious modern villa. The resort also offers 4 hotel-standard double rooms in the charming Mini Hotel and a unique Iglu Hut for two, ideal for a cozy nature escape.
Cottage facilities: Every cottage is designed for a comfortable self-catering holiday, featuring a fully equipped kitchen, private bathroom, shower and traditional Finnish sauna. Our largest villas also offer relaxing whirlpool baths.
Hotel facilities: Hotel-standard rooms are equipped with a kitchenette, private bathroom and shower.
Iglu-Hut facilities: The unique Iglu Hut combines the charm of nature with modern comfort, including a kitchenette, private bathroom and its own sauna.

DETAILS

USPs: Private Lakeside Accommodation – Own shoreline, pier and traditional Finnish sauna | Peaceful Natural Setting – Pristine surroundings with panoramic lake views | Excellent Fishing Destination – Renowned fishing waters and motorboat rentals | Outdoor Experiences – Ideal base for anglers and nature enthusiasts
Founded: 1993 - family-run business
Season: Year-round **Languages:** English, German
Restaurants: 1 private restaurant with bar, only on request
Spa & Wellness: Every cottage features a private traditional Finnish sauna. For a unique wellness experience, Sammalsauna combines soothing scents, sounds and lighting, complemented by an outdoor jacuzzi. Kettusauna, located on the shore of Lake Kettujärvi, offers an authentic lakeside sauna experience with an outdoor hot tub overlooking the lake.

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Additional services: Restaurant can be hired for private events, conference facilities
Activities: Cycling (e-fatbikes & normal bikes), canoeing, hiking, church boat rowing, short activity games for groups, cross-country skiing, snowshoe trips, cycling, snowmobiling, (winter) fishing (on ice)
Equipment renal: Motorboats, snow mobiles, e-fatbikes, snowshoes, canoes, kayaks, sup-boards
Service for children: The resort features a playground with a slide, sandbox, trampoline and various play equipment. During the winter season, children can enjoy a large sledding hill.
Note: Pet-friendly accommodation, parking places available
Accessibility: Preferably reachable by customer's own car, pick up service is offered for additional fee, Helsinki airport (150 km), closest train station (22 km)
Sustainability: Participant of the Sustainable Travel Finland program, own sustainability program

FISHING

Enjoy year-round fishing on Lake Kettujärvi, Lake Arrajärvi and the Kymijoki River, with excellent opportunities to catch pike, perch, zander and other freshwater species. Fish by boat or on the ice in winter, with a wide range of rental motorboats available to explore the best fishing spots.

DETAILS

Season: Year-round **Language:** English
Duration: Variable **Participants:** Boat renters must be at least 18 years old. Children and minors are welcome when accompanied by a responsible adult.
Starting point & time: The keys for the rental boat can be collected from the reception. The boat is located at a nearby pier
Services included: Life jackets for all passengers to ensure safe boating. Fish storage box for keeping your catch fresh. Landing net for convenient fish handling.
Optional services: A valid fishing permit is required (except for ice fishing) and can be purchased at the resort reception.
Note: Fuel is charged according to consumption. Additional fuel is available from reception, and refuelling is self-service.

EQUIPMENT RENTAL

Yli-Kaitala Resort offers year-round rental equipment for outdoor adventures. Explore the lakes by motorboat, rowing boat, canoe, kayak or SUP board, enjoy fishing with rental gear, or discover scenic forest trails by e-fatbike or bicycle. In winter, snowshoes and snowmobiles are also available.

DETAILS

Season: Year-round **Language:** English
Duration: Minimum time of rental 2.5 hrs
Participants: Minimum age is 18 years
Starting point & time: Yli-Kaitala, time flexible on demand
Optional services: Nature dining at our hut (kota) and on nearby island Lakinsaari.





Radalla Resort

Radalla Resort offers a serene lakeside escape in Iitti, Lakeland Finland. Experience nature, comfort, and authentic Finnish hospitality under two hours from Helsinki. Our restored manor, lakeside cabins, and versatile facilities welcome FITs, groups, and corporate travelers alike. Perfect for all seasons—relax, recharge, and discover Finnish charm.

At the heart of Radalla Resort is a historic lakeside manor celebrating its 170th anniversary in 2026. Generations of guests have gathered here by Lake Urajärvi, and today the estate continues that story through local food, lakeside experiences and warm Finnish hospitality.

ACCOMMODATION

There are three types & standards of accommodation available: the standard twin hotel rooms, the superior twin, triple & double manor rooms and the deluxe lakeside suites (cabins).
Number & type of accommodation: 25 hotel rooms, 5 manor house rooms, 10 lakeside suites - capacity for max. 81 persons
Room facilities: En suite bathroom with shower, two single beds (90 cm)/ one double bed (160 cm) with (double) spring mattress and bed side tables, flatscreen tv, free Wi-Fi. More details on the website.

DETAILS

USPs: The serenity of Nordic nature meets easy accessibility | More than 1 km shoreline | Privately owned, family-run resort | Personal service
Founded: 2019 - run by a family-owned company Balladissa Oy
Season: Year-round
Language: English
Restaurants: 1 restaurant on site
Spa & Wellness: At Radalla Resort, you can enjoy the sauna experience in five unique ways. The new lakefront sauna offers modern facilities and stunning lake views, complete with a spacious 20-person cabinet for socializing, dining, or meetings before or after your sauna session. Experience the charm of a wood-heated sauna paired with a barbecue hut on the shore of Lake Urajärvi, offering breathtaking panoramic views. For a more intimate setting, the high-end six-person sauna in the basement of the manor house provides a cozy retreat. The lakeside sauna features a smart stove and beautiful lake views directly from the benches. For larger gatherings, the floating sauna accommodates up to 30 people, making it ideal for bigger groups.
Additional services: Meeting and event services, different activities for FIT and groups offered - please contact for more details
Summer activities: Standup paddle boarding, hiking, padel court, beach volley ball, swimming, cycling, fishing, golf (1 km away), rowing, yard games (several options), bbq hut, forest golf
For groups: archery, fishing, boat trips, nature & wellness classes (fascia method, yoga, forest bathing, sound bathing, hammock meditation), e-fatbike tours, church boat rowing, team building activities (wilderness trail, team olympics, nature escape games), introduction to sauna
Winter activities: Ice fishing, snowshoeing, ice swimming, cross-country skiing, sledding, kicksledding, bbq hut
For groups: nature & wellness classes (fascia method, yoga, forest bathing, sound bathing, hammock meditation), team building activities (wilderness trail, team olympics, nature escape games), survival suit floating, snowshoeing, ice fishing, introduction to sauna
Year-round activities: Guided local tour, fishing, swimming, sauna experience, nature & wellness classes, team building activities, archery
Equipment rental: SUP boards, rowing boat, bikes, nordic walking sticks, kick sleds, snowshoes. padel racket, golf equipment
Packages: FIT packages are available, including Stay & Dine, sauna and wellness escapes, romantic getaways, active nature holidays, Christmas and seasonal packages, as well as tailor-made experiences combining accommodation, dining and activities. Customised experiences for leisure groups are also available.
Note: Some pet-friendly hotel rooms and lakeside suites; free parking is available
Accessibility: Preferably reachable by customer's own car; Lappeenranta airport (106 km), Helsinki airport (133 km), closest train station in Kausala (6.3 km)
Sustainability: EcoCompass environmental certification, participant of the Sustainable Travel Finland program

Contact
Radalla Resort
Elina Tikkanen
Uimarintie 1, 47400 Kausala
elina.tikkanen@radallaresort.fi, sales@radallaresort.fi
radallaresort.fi/en



Ilola Inn

Ilola Inn is a boutique hotel that has been renovated to a 140-year-old post office/ guesthouse. We are surrounded by beautiful nature. The hotel is open all year round. Summer cafe and port for boats are open in summer time. Two years in a row, boaters voted Ilola Inn as the best guest marina of the year 2021 and 2022. In 2025, our port received an honorable mention. Two different saunas and an outdoor infinity pool. We customize family parties and meeting events.

ACCOMMODATION

Ilola Inn has eight rooms or suites. There are options from double rooms to four-person luxury suites. All our facilities are decorated with style and quality. Your pleasure is crowned by the magnificent setting and views of Lake Päijänne.
Number & type of rooms: 8 rooms in total: 4 regular rooms, 2 suites and 2 luxury suites. Accommodation for 20 resp. max 24 people (20 beds + 4 extrabeds).
Room facilities: Common in all rooom types: beds are Unikulma™ quality, the bedding is cotton satin and the duvets are down, bathrooms have a rain shower, allergy-friendly, flat-screen tv, hairdryer and iron. Most rooms have a great view of lake Päijänne. The luxury suites have a large private terrace. More details on the website.

DETAILS

USPs: Luxury suites | Saunas and year-round warm infinity pool
Founded: 2019 - owner-run business
Season: Hotel and restaurant year round, cafe only in June-August
Languages: English, Estonian
Restaurants: 1 restaurant, summer café (open June-August)
Spa & Wellness: Modern landscape sauna and traditional wooden sauna. Morning sauna from 8 am to 10 am is included in the room price. At other times rental according to the price list. Year-round heated outdoor infinity pool
Additional services: Conference facilities
Equipment rental: Fatbikes, SUP boards and kayaks
Note: Pets not allowed, parking places available
Accessibility: Preferably reachable by customer's own car; Jyväskylä airport (135 km), Helsinki airport (185 km)
Sustainability: Sustainable Travel Finland Label, Good Travel Seal certification

Contact
Ilola Inn Oy
Caris Kamar
Suopellontie 703, 19700, Sysmä
info@ilolainn.fi
ilolainn.fi



Hotel Tallukka

Hotel Tallukka is located in Vääksy, between two of Finland's most beautiful lakes, Vesijärvi and Päijänne. The hotel is situated near Päijänne National Park and surrounded by beautiful nature. Many interesting places can be easily reached on foot, including forests, stunning lakes and comfortable beaches. The opportunities for outdoor activities are almost unlimited.

ACCOMMODATION

Hotel Tallukka offers 101 comfortable rooms with own balcony or patio, most of them have lake view. Capacity for 216 people.
Number & type of accommodation: 101 hotel rooms in total, different types available: standard single room, standard twin room, triple rooms, quadruple family rooms and superior twin room.
Room facilities: An en-suite bathroom, a balcony or patio, kettle, fridge and a TV

DETAILS

USPs: Beautiful location by the Old Vääksy Village, Vääksy canal area and the Lakes Päijänne and Vesijärvi.
Founded: 1970 - owner-run business
Season: Year-round
Languages: English, Chinese
Restaurants: 1 restaurant with outdoor cozy terrace, 1 coffee shop, 1 lobby bar, dancing hall with bar.
Spa & Wellness: 2 traditional saunas, 2 private saunas for rent, swimming pool, gym, salt room, 2 infrared saunas. Different well-being services as required and book in advance, such as physiotherapist, meditation or Singing bowl and wellness service
Additional services: Conference and meeting rooms of various sizes with equipment and services tailored to different needs.
Equipment rental: Bicycle, kick sled, or Nordic walking poles
Packages: Flexible event and long-stay packages available. Tailor-made services and pricing for groups can be arranged.
Service for children: Children play room with toys in the lobby
Note: Free parking available for hotel customers
Accessibility: Preferably reachable by customer's own car, but also easily reachable by public transport; Helsinki airport (125 km), Lahti train station (25 km)

Contact
Hotel Tallukka
Sales team
Tallukantie 1, 17200 Vääksy
myynti@tallukka.fi
www.tallukka.fi/en



Manor House Virtaan Kartano

Manor was built in the late 1790s and is part of the valuable cultural landscape in Sysmä. It is located at the river Tainionvirta. The partly two-storey Virtaa Manor is known for its amazing ceiling paintings. At the moment it is owned by the fifth generation of the same family.

ACCOMMODATION

Virtaa Manor offers comfortable cottage accommodation in a beautiful historical milieu.
Number & type of cottages: 4 cottages
Cottage facilities:
Tainio Villa is a well-equipped 150 m² villa for year-round use. Renovated in 2026, it accommodates up to 9 guests and is located on a beautiful historic manor estate.
Väentupa Cottage is a well-equipped 80 m² cottage for year-round use. Renovated in 2018, it accommodates up to 8 guests and is located on the same beautiful manor estate.
Virtavilla is a well-equipped log cabin built in 2015, accommodating up to 6 guests. It is set in a beautiful riverside location and features a campfire area and a spacious terrace.
Saunamökki is a simple riverside cabin for up to 2 guests.

DETAILS

USPs: Located right next to the Virtaankoski Rapids
Built: In late 1790 - family-run business in fifth generation
Season: Year-round
Language: English
Restaurant: No own, but there is a cafeteria during summertime in Virtaankoski
Spa & Wellness: Virtavilla and Saunamökki have a sauna with fireplace, Väentupa has a sauna and a hot tub, Tainio has a sauna and a hot tub. Additionally there is a unique traditional riverside sauna.
Equipment rental: SUP boards, bicycles
Service for children: Highchair and travel bed
Note: No pets allowed, parking available
Accessibility: Preferably reachable by customer's own car or public transportation from Helsinki or Lahti by bus, Helsinki airport (180 km), Lahti train station (65 km)
Sustainability: Sustainable Travel Finland Label, Good Travel Seal certification

Contact
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Mukkula Manor

Mukkula Manor is located by Lake Vesijärvi, just a few kilometres from Lahti city centre. Surrounded by a beautiful park, the historic manor offers unique accommodation in a peaceful and charming setting. Our facilities also include a restaurant, lakeside saunas and a beach bar. Meetings can also be held in our three different kind of meeting rooms.

ACCOMMODATION

Number & type of accommodation: 17 rooms in total: 12 Double bedrooms in two different buildings, 1 Superior bedroom with lake view balcony, 1 Suite with sauna and lake view balcony
3 Single bedrooms
Room facilities: Bed, bathroom and shower, towels, iron, TV

DETAILS

USPs: Peaceful nature with opportunities for long walks | Lake Vesijärvi for swimming and lakeside relaxation | Lakeside saunas | Historic manor atmosphere with stories to discover
Founded: 2026 - family-run business
Season: Year-round
Language: English
Restaurants: 1 main restaurant, 1 reception bar, 1 cafe/ bar by the lake
Spa & Wellness: Our saunas by the lake Vesijärvi have capacity for more than 30 people. There are two separate saunas: Anna for 10 people and William for 20 people. The saunas are located 10 m from the lake and 50 m from the manor.
Activities: Swimming, stand-up-paddling, beach volleyball, sledding
Equipment rental: Bikes, paddle boards, outside games
Packages: Available on request
Service for children: A playground and a beach volley for children/ teenagers at our beach
Note: Hotel has 2 pet rooms in Tiilimestarintalo, building next to manor, parking places are available
Accessibility: Preferably reachable by customer's own car, but also easily reachable by public transport; Helsinki airport (87 km), Lahti train station (4.4 km)

Contact
Mukkula Manor
Niemenkatu 30, 15240 Lahti
visit@mukkulankartano.fi
www.mukkulankartano.fi



Iso-Naappila

Iso-Naappila offers cosy and well-equipped rental cottages near Lake Päijänne, located approximately 30 minutes north from Lahti and 1.5 hours from Helsinki. Guests can enjoy peace and tranquillity close to nature, with accommodation for 2–18 persons, a traditional Finnish holiday atmosphere and easy access to nearby services.

ACCOMMODATION

Iso-Naappila rents 5 cottages which can accommodate between 2 and 18 persons. The cosy and well-equipped cottages are located near Lake Päijänne and all are surrounded by nature.
Number & type of accommodation: 5 different cottages: Beach 1 (for 2-6 pax) Beach 2 (for 5-8 pax), Beach 3 (for 8 pax), Main House (for 10-18 pax), Paapuuri (for 4-6 pax)
Cottage facilities: All cottages are very well equipped. Beach 1 is only bookable in summer; Beach 2 has 2 bedrooms, 1 summer granary and 3 spare beds; Beach 3 offers 3 bedrooms; the Main House is equipped with 6 bedrooms and 2 spare beds; Paapuuri offers 2 bedrooms and 2 spare beds

DETAILS

USPs: Easy access surrounded by nature | Nearby services | Authentic Finnish cottage experience
Founded: 1991 - family-run business
Season: Year-round (summer and winter main seasons)
Language: English
Spa & Wellness: Sauna in every cottage (Beach1+ 2: wooden sauna, Beach 3: wooden and electric sauna, Main House: wooden and electric sauna, Paapuuri: wooden sauna)
Equipment rental: Motor for a boat and a motorboat for fishing. Other equipment can be rented via partners.
Service for children: Potty, baby travel cot, high chair
Note: Dogs allowed only in Paapuuri, Beach 1 and in Main House's additional accommodation, parking places are available
Accessibility: Preferably reachable by customer's own car, Helsinki airport (120 km), Lahti train station (30 km)
Sustainability: Green Key Certificate

Contact
Iso-Naappilan Loma Ky
Katja Riihilahti
Salonsaarentie 486, 17200 Vääksy
info@naappila.com
naappila.fi/en/home-2



Tervalepikon Torpat

Tervalepikon Torpat offers accommodation in two log cottages and in a holiday house in South Finland two hours by car from Helsinki. The owners provide outdoor activities and rent equipments in every season of the year, for example cross-country ski.

ACCOMMODATION

The cottages offer quality accommodation amidst beautiful and tranquil lakeland scenery. They are only a 10-minutes drive from the shops, and the local activities are within easy to reach. The comfortable log cottages Tainan Tupa and Vesa Villa as well as the smaller Villa Ebba holiday house offer lots of space for families and travellers to stay, relax and enjoy the peaceful countryside. Every cottage has its own yard and is situated without near neighbours.
Number & type of accommodation: 3 cottages: Tainan Tupa and Vesan Villa are log houses, Villa Ebba is a holiday house
Cottage facilities: Tainan Tupa and Vesan Villa: 3 bedrooms, living room, two toilets, sauna, chimney, kitchen, facilities; Villa Ebba: one bedroom and kitchen-livingroom, sauna, toilet, facilities

DETAILS

USPs: Peaceful lakeside setting in the forest | Near Päijätsalo and Kammiovuori National Park trails | 16 km cross-country ski trail with direct access
Opened: 2004 - the owner family Blomqvist runs the business
Season: Year-round **Language:** English
Spa & Wellness: Tainan Tupa and Vesan Villa have sauna with fireplace, Villa Ebba has electricity heated sauna. Additionally, a log sauna on the shore of the lake and a hot tub to rent
Activities: Different guided activities e.g. cross-country skiing lessons
Outdoor trails: 8 km trails and 16 km (cross-country) skiing trails
Equipment rental: Kayaks, rowing boats, canoes, bikes (standard, mountainbikes, fatbikes, e-bikes), nordic walking poles, cross-country skis, snowshoes, sliding snowshoes, kick sledge, fishing sets
Service for children: Beds and chairs for children
Note: Pets allowed in Vesan Villa and Villa Ebba, parking available, bikefriendly services (welcome cyclist certificate)
Accessibility: Preferably reachable by customer's own car, Helsinki airport (180 km), Lahti train station (75 km)
Sustainability: Sustainable Travel Finland Label, ECEAT (Finnish Eco-Agrotourism Association), Salpausselkä Geopark partner

Contact
Tervalepikon Torpat
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www.tervalepikontorpat.fi


© EnjoyNature Resort

EnjoyNature Resort

EnjoyNature Resort is located in the countryside of Hollola, near Lake Vesijärvi, 8 km from Messilä and 14 km from Lahti. The area offers hiking, skiing, fishing, swimming and cycling, including the Vesijärvi Loop and Hollola Church Loop.

ACCOMMODATION

Number & type of accommodation: 26 spacious rooms for 1–6 pax
Room facilities: Bright rooms with large windows, nature views and a quiet setting. Private bathroom, refrigerator, blackout curtains, desk, wardrobe, free Wi-Fi and accessible room options. Shared kitchens, laundry facilities, and indoor and outdoor play areas.

DETAILS

USPs: Peaceful location surrounded by Finnish nature | UNESCO Global Geopark landscapes | 15 minutes from Lahti, 1 hour from Helsinki Airport | Independent stay with hotel comfort | Accessible rooms | Exceptional breakfast | Year-round activities, including Forest Bathing, cycling and saunas | Family-friendly experiences
Founded: 2022 - owner-run business
Season: Year-round **Languages:** English, German
Restaurant: The restaurant serves daily breakfast and full-board catering on request. Kahvila Olo café is open during summer, and the café area accommodates up to 100 guests.
Spa & Wellness: Two cosy saunas (4 and 5 persons), a relaxation lounge and a fitness room with basic exercise equipment.
Additional services: Breakfast with local ingredients included. Catering, transfers, meetings and customised events available on request. Guided tours to Hollola and Lahti highlights, as well as Forest Bathing experiences.
Equipment rental: Basic bikes, indoor and outdoor games, traditional Finnish grill hut (kota), various open-fire cooking areas and equipment, snowshoes.
Packages: Flexible packages for groups and FIT
Service for children: Playrooms, fenced playground, trampoline, football darts, football field, indoor and outdoor games, barbecue area and summer activities with sheep and flower fields.
Note: Pet-friendly rooms, ample free parking in the courtyard
Accessibility: Preferably reachable by customer's own car or by bus/ train from Helsinki, Helsinki airport (110 km), Lahti travel centre with bus and railway (14 km)
Sustainability: Salpausselkä UNESCO Global Geopark Partner, Welcome Cylclist, Oiva

Contact
EnjoyNature Resort
Minna Kuikka
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minna.kuikka@enjoynature.fi, reservation@enjoynature.fi
enjoynature.fi/en



Lomakivi Hostel

Near Lomakivi Hostel, nature lovers can enjoy several nature trails around the village isthmus. The photogenic "Hill of Love" lies along the route, and a long wooden footbridge on stilts leads to the fascinating Graveyard Island, which is steeped in history.

ACCOMMODATION

Lomakivi hostel offers cozy log houses and hostel rooms for up to 28 persons.
Number & type of accommodation: 4 cottages or 13 hostel renting rooms
Room facilities: Full kitchen facilities, washing machine, dryer, living room, two bathrooms/ house, bedlinen, final cleaning service

DETAILS

USPs: Unique log houses | Finnish way of living | Many activities for all family members nearby
Founded: 2005 - owner-run business
Season: Year-round
Language: English
Spa & Wellness: Sauna inside all cottages
Activities: Horse and bird life watching, golf, swimming in lake and river, hiking, rock climbing, gravel, biking, well being with horses, hiking via forest road
Equipment rental: Bikes
Other facilities nearby: Diverse forest trails, the golf course neighbour (50 m), nearby (500 m) is safe local beach with all common beach facilities (the municipality of Iitti cares for it)
Service for children: Baby travel cot, baby chair and ponies.
Note: Free parking available
Accessibility: Preferably reachable by customer's own car, Helsinki airport (140 km), Kausala train station and bus stop (5 km)
Sustainability: Certified hostel awarded with the HI Quality & Sustainability (HI-Q&S) certificate, Sustainable Travel Finland Label

Contact
Lomakivi Hostel
Virpi Kivinen
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lomatalli@lomakivi.fi
www.lomakivi.fi/EN


© Tommi Mattila



Heinäsaari Resort

Discover Heinäsaari Resort, a hidden gem with over 60 years of hospitality heritage, fully revitalized under new ownership since 2022. Located on a picturesque small island, surrounded by the crystal-clear waters of Lake Ruotsalainen. We offer international travelers the cozy Finnish lakeside stopover—perfectly blended with a modern twist of urban convenience.

ACCOMMODATION

Heinäsaari Resort combines a traditional lakeside setting with modern comfort, ideal for couples, families, and self-drive travelers.
Number & type of accommodation: 6 year-round cottages, 11 summer cabins, 55 caravan/ rv-pitches
Accommodation facilities:
Standard Cottage (1 | 42 m²): For 2–6 guests with kitchen, living area, shower, 4 single beds, private terrace and a grill.
Standard Small Cottages (5 | 23–27 m²): For up to 4 guests with kitchenette, toilet, flexible bedding, private terrace and a grill.
Traditional Summer Cabins (11): Budget-friendly cabins with a nostalgic Finnish summer atmosphere (May–late autumn).
Caravan & RV Pitches (55): Spacious pitches for self-drive travelers exploring Scandinavia.

DETAILS

USPs: Island Location – Crystal-clear lake setting with excellent accessibility | Authentic Finnish Sauna | All-Season Activities – SUP, kayaking, rowing, snowshoeing & ice dipping
Opened: New owners are operating since January 2022.
Season: Year-round (cabins and camping only in summer)
Languages: English, during summer also other languagues
Restaurants: On-site Café-Restaurant Heikku serving local flavors, refreshing drinks and fast food meals. (Limited open during winter)
Spa & Wellness: Four lakeside saunas on the lake shore, combining wellness with traditional Finnish Sauna experience
Equipment rental: Rowing boats, bikes, snowshoes, SUP, kayaks
Service for children: Child-friendly environment featuring outdoor games, mini-golf, and a playground
Note: Pets allowed (for a charge), parking available in front of the cottages and additionally at the reception and café
Accessibility: Preferably reachable by customer's own car; also easily reachable by public transport, Helsinki airport (133 km), Lahti train station (35 km), bus station (1.5 km)
Sustainability: Sustainable Travel Finland Label, Green Key Certificate

Contact
Heinäsaari Resort
Elina Hynninen
Heinäsaarentie 101, 18100 Heinola
elina@visitheinasaari.fi
www.visitheinasaari.fi/en

Camping in the Lahti Region

In addition to **Heinäsaari Resort** in Heinola the following camping sites offer year round services in the Lahti region.

CAMPING MESSILÄ

Camping Messilä is located next door to the Messilä resort, 8 km from Lahti city centre by Lake Vesijärvi. The well-maintained campsite has places for caravans, trailers and tents. Other accommodations include camping cottages, inn rooms and log villas.
The campsite has a fully licensed restaurant, comfortable terraces, a summertime store, kitchen facilities for cooking and washing up, a washing machine/ dryer, public saunas free of charge to visitors, free Wi-Fi and barbecue pits.

DETAILS

Equipment rental: Jet skis, SUP boards and other water sports equipment

Contact
Camping Messilä
Satamapolku 1, 15980 Messilä
Tel. +358 3 876 290
messila@campingmessila.fi
www.campingmessila.fi

CAMPING SYSMÄ

A year-round campsite on the shores of the beautiful Lake Päijänne in the heart of the rural village Sysmä. High-quality and cozy cottage accommodation. In addition to traditional camping cabins, a variety of small holiday cottages available - all of them feature amenities such as kitchens with tableware, toilets and showers, and air conditioning, while some also include a private sauna. Caravan pitches and spots for tent campers.

DETAILS

Equipment rental: Kayaks and canoes, jet skis, SUP boards and paddle boats.
Additional services: Restaurant and rental saunas
Sustainability: Sustainable Travel Finland Label

Contact
Camping Sysmä
Huitilantie 3, 19700 Sysmä
Tel. +358 449 749 378
info@campingsysma.fi
www.campingsysma.fi



Houseboat.fi

Houseboats at Heinola (Päijänne)
Unique comfortable houseboats (floating houses) on the lake with wood-fired saunas and fully equipped as city cottage. A great opportunity to enjoy the Finnish Lake District in comfort. You are in control of your own journey. Clean water, fresh air and untouched nature. No boating license required.

ACCOMMODATION

Number & type of accommodation: 11 Houseboats from 2 up to 8 people accommodation
Houseboat facilities: Fully equipped kitchen, gas grill, shower, toilet, Wi-Fi, and wood-fired sauna on every houseboat.

DETAILS

USPs: Unique Houseboat Experience – A combination of cottage holiday and cruising | Freedom & Comfort – Explore Finnish Lakeland at your own pace | Relax in Nature – Private houseboat surrounded by peaceful lake scenery | Discover Local Highlights – Visit national parks, local farms, rock paintings and the Birthplace of Finland
Opened: 2013 - owner-run business
Season: From May till end of October
Language: English
Restaurants: Along the individual sailing routes there are several cafés and restaurants where you can make a stop.
Spa & Wellness: 11 saunas
Equipment rental: Kayaks, bicycles, SUPs and motorboats
Packages: We offer a wide range of packages and special offers to suit the needs of our guests.
Note: Accommodation with pets by additional agreement. Additional fee for hypoallergenic cleaning. We have own private parking.
Accessibility: Easily reachable by public transport, airport/ train station pick up service is offered at additional fee, Helsinki airport (130 km), Lahti train station (35 km)

Contact
Houseboat.fi
Iouri Nikolsson
Satamatie 4, 18100 Heinola
info@houseboat.fi
www.houseboat.fi



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ACTIVITIES







Päijänne Cruises Hilden

Päijänne-Risteilyt Hildén has been offering cruises on beautiful Lake Päijänne since 1963. The company operates scheduled cruises from Lahti, Heinola and Jyväskylä, as well as private charter cruises for groups of 10–175 passengers. All vessels have onboard restaurant services, allowing guests to enjoy local lake scenery and food.

DETAILS
Founded: 1963 - family-run business
Season: May to September
Language: English
Summer activities: Scheduled boat trips and pleasure cruises, charter cruises
Sustainability: Own sustainability program

LUNCH CRUISE FROM LAHTI TO VÄÄKSY CANAL

Enjoy a scenic cruise from Lahti Harbour through Lake Vesijärvi to the beautiful Lake Päijänne, passing through the charming Vääksy Canal. A delicious lunch buffet is available during the cruise. Snacks, sweet treats and refreshments are also available from the onboard restaurant and bar.

DETAILS
Season: May-September
Language: English
Duration: 4 hrs
Participants: 1-175 pax
Starting point & time: Lahti Harbour; address: Satamakatu 5, Lahti (nearby the Sibelius Hall) at 13:00 h
Services included: 4-h-cruise, the boat captain is guiding the scenery and stories on the way
Optional services: Lunch buffet
Note: The restaurant and bar are open throughout the cruise, offering good restaurant services with best selection of wines.



SUMMER EVENING CRUISE FROM LAHTI

Spend a relaxing evening and enjoy the beautiful scenery of Lake Vesijärvi and Lake Päijänne. The cruise also takes you through the charming Vääksy Canal. A delicious dinner buffet is available onboard. Also snacks, sweet treats, ice cream and refreshments are available from the onboard restaurant and bar.

DETAILS
Season: June-August
Language: English
Duration: 4 hrs
Participants: 1-175 pax
Starting point & time: Lahti Harbour; address: Satamakatu 5, Lahti (nearby the Sibelius Hall) at 18:30 h
Services included: 4-h-cruise, the boat captain is guiding the scenery and stories on the way
Optional services: Dinner buffet
Note: The restaurant and bar are open throughout the cruise, offering good restaurant services with best selection of wines.

TWO CANAL ROUTE LAHTI-HEINOLA-LAHTI

Join us for a full-day cruise or a shorter trip along the route between Lahti and Heinola. The route takes you across three lakes and through the unique Vääksy and Kalkkinen canals. A delicious lunch buffet available onboard. Snacks, sweet treats and refreshments are also available from the onboard restaurant.

DETAILS
Season: May-September
Language: English
Duration: 9.5 hrs
Participants: 1-175 pax
Starting point & time: Lahti Harbour; address: Satamakatu 5, Lahti (nearby the Sibelius Hall) at 9:00 h
Services included: 9.5-h-cruise, Finnish lunch buffet, the captain of the boat is guiding along the way
Optional services: Lunch buffet, bicycle transport
Note: The restaurant and bar are open throughout the cruise, offering good restaurant services with best selection of wines.

Contact
Päijänne-risteilyt Hilden Oy - Päijänne Cruises Hilden Ltd
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noora.joensuu@paijanne-risteilythilden.fi
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Salpausselkä Pro Fishing

We offer guided fishing tours and accommodation in Salpausselkä area. Activities and relaxation in Lakeland Finland.

DETAILS
Founded: 2022 - owner-run business
Season: Year-round
Language: English
Summer activities: Guided fishing trips and boat cruising in lake nature, jig fishing
Winter activities: Ice fishing
Rental: Fishing equipement is included in fishing tour prices.
Note: Four accommodation partners for packages: Ilola Inn, Iso-Naappila, Virtaan Kartano and Yli-Kaitala Resort
Sustainability: We are Salpausselkä Geopark partner company and follow sustainable principles.

JIG FISHING BY BOAT UP TO 4 PERSONS

Jig fishing with a modern, high end electrical equipped fishing boat. Available also for larger groups, up to 25 person. Live sonar and Jig fishing can be combined.

DETAILS
Season: 01.05.-30.10.
Language: English
Duration: Min. 4 hrs
Participants: 1-4 pax, larger groups (max. 25 pax) also possible, no age limit
Starting point & time: The boat can be moved to almost any lake, time negotiable
Services included: Fishing guide, a fishing boat with fuel and the necessary fishing equipment, as well as life jacket
Optional services: By agreement, lunch break by an island campfire/ lunch package, transfer

Contact
Salpausselkä Pro Fishing
Janne Suhonen
info@profishing.fi
www.profishing.fi/en

JIG FISHING FOR GROUPS UP TO 6 PERSONS

Guided jig fishing tour with a modern electrical equipped fishing raft. Flat floor ensures unobstructed wheelchair access. Available also for larger groups, up to 25 person. Fishing guiding since 2016.

DETAILS
Season: 01.05.-30.10.
Language: English
Duration: 4-7 hrs
Participants: 1-8 pax, larger groups (max. 25 pax) also possible, no age limit
Starting point & time: Lake Vesijärvi, Niemi harbour (Kipparinkuja 1, Lahti), time negotiable
Services included: Fishing guide, a fishing boat with fuel and the necessary fishing equipment, as well as life jacket
Optional services: By agreement, lunch break by an island campfire/ lunch package

LAKE TRIP

See Lahti silhouette from lake Vesijärvi. Compact cruise for up to 8 persons. Available also for larger groups, up to 25 person.

DETAILS
Season: 01.05.-30.10.
Language: English
Duration: 3 hrs
Participants: 1-8 pax, larger groups (max. 25 pax) also possible
Starting point & time: At any harbour at lake Vesijärvi, time negotiable
Services included: Guide, life vest
Optional services: Campfire meal on an island can be arranged on request







Unique Husky Sleddog Experience

Authentic husky rides and wilderness tours
Spend unforgettable moments with huskies. We are family-run place where you can visit our home and see how we live with arctic huskies. Huskies will be free with you so you can make connection with them. Our huskies are multiple world champions and we take best care of them.

DETAILS
Founded: 2000 - family-run company
Season: Year-round
Languages: English, German, Estonian, Italian, Swedish
Activities: Husky sled dog cart/ sled ride, discover wilderness and meet the huskies, Meet the huskies, Pick up mushrooms & berries and meet the huskies (summer/ autumn), Guided forest experience
Rental: Clothes and shoes for free
Additional services: Food (snack or lunch), drinks (no alcohol)
Sustainability: Own sustainability program

MEET THE HUSKIES

Welcome to meet our friendly Siberian huskies! Cuddle and play with the dogs as they roam freely around you. Hear fascinating stories about the huskies, see sleds, carts, and race videos, and learn about our world champion racing dogs. Surrounded by the beautiful Finnish wilderness, you can also relax in our cozy home while enjoying a warm drink and traditional Finnish pastries.

DETAILS
Season: Year-round
Language: English
Duration: 2 hrs
Participants: 2-50 pax
Starting point & time: At the farm, time is flexible
Services included: Guide, clothing, drinks and selection of traditional Finnish snacks



DISCOVER WILDERNESS AND MEET THE HUSKIES

Explore the wonders of nature safely with an experienced wilderness guide and meet friendly huskies. Enjoy two unforgettable experiences in one tour as you discover the authentic Finnish forest, breathe in the fresh air, and experience the peaceful atmosphere of the magical wilderness. Learn where the first people settled when they arrived in Finland thousands of years ago. Meet the huskies, hear stories about their lives, and watch them roam freely around the yard.

DETAILS
Season: Year-round
Language: English
Duration: 2.5 hrs
Participants: 2-50 pax
Starting point & time: At the farm, time is flexible
Services included: Guide, clothing, selection of Finnish traditional snacks and coffee/ tea

HUSKY SLED DOG RIDE

Experience an unforgettable husky adventure with our world champion Siberian huskies. Enjoy a sled or ATV cart ride as the dogs do what they love most – pulling through the Finnish wilderness. Meet the huskies as they roam freely around our yard, hear stories about their training and racing successes, and capture memorable photos. Complete your visit with time in our beautiful home, where you can experience authentic Finnish hospitality and everyday life. A unique and truly unforgettable experience.

DETAILS
Season: Autumn, spring, winter
Language: English
Duration: 2.5 hrs
Participants: 2-10 pax, minimum age is 3 years
Starting point & time: At the farm, time is flexible
Services included: Guide, clothing, selection of Finnish traditional snacks and coffee/ tea

Contact
Unique Husky Sleddog Experience
Susanna Bürkland
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www.polarjami.fi/sled.html





Nature Escape

Nature Escape offers unforgettable nature experiences for groups of all ages, from adults to families with children. Activities are available at various locations and can also be arranged at a venue that best suits your group.

DETAILS
Founded: 2018 - owner-run business
Season: Year-round
Language: English
Summer activities: Human foosball, sense trail, week program for FIT
Year-round activities: Nature escape game, lake floating

NATURE ESCAPE GAME

Nature Escape Game is an escape game in the beautiful Finnish nature. The goal is solving different tasks during the game as a team.
To move ahead in the game you need to use your cleverness and logical understanding but most important is cooperation with your team. The game includes light physical activities like walking.
With bigger groups it's possible that teams are competing against each other and see who are the fastest ones to reach the goal!

DETAILS
Season: Year-round
Language: English
Duration: Total 90 min., game time max. 60 min.
Participants: 2-10 pax/ game, possibility to arrange multiple games simultaneously for up to 130 pax, the recommended age is 10 years
Starting point & time: Multiple locations for example Vierumäki and Pajulahti, time is flexible but recommended during the day, but it is also possible during the dark time with headlamps
Services included: Game instructor
Optional services: Food, sauna, accommodation etc. with our partners

Contact
Nature Escape
Milla Palvanen
Koulutuskeskuksentie 2, 19120 Vierumäki
info@naturescape.fi
www.naturescape.fi

LAKE FLOATING

Lake floating is a relaxing experience in the middle of wonderful nature. While floating, you can relax and enjoy the feeling of weightlessness as you are kept above the surface by a flotation suit but also have fun with the whole group while making some funny figures together. Nature floating is a great activity for team building and recreational days, bachelor parties and family gatherings.

DETAILS
Season: Year-round
Language: English
Duration: 75 min., of which 45 min. is floating
Participants: 5-10 pax at the same time. Bigger groups are also possible. No age limit but the minimum height is 150 cm.
Starting point & time: Multiple locations possible, e.g. Vierumäki, Pajulahti and Lehmonkärki
Services included: Guide, floating suit and other needed equipment
Optional services: It is also possible to book meals, saunas etc. through us with extra cost.

SENSE TRAIL

Sense trail is the newest nature experience by Nature Escape.The main idea of this activity is to relax in the nature, co-operate with your team and use your senses when walking in the forest and doing some tasks with your team.
During the sense trail you can for example feel the nature with your feet, walk blind with the help of your hands and listen the sounds of nature.

DETAILS
Season: April-October
Language: English
Duration: 60-90 min.
Participants: Sense trail is meant for the groups between 2-10 participants but can be also arranged for bigger groups by dividing to smaller groups; age limit is 10 years
Starting point & time: Many locations possible, starting time is flexible
Services included: Guide, neoprene socks to use during the activity
Optional services: It is also possible to book meals, saunas and accommodation through us with extra cost.





Best Lake Nature Adventures

Authentic Finnish Experiences
At Best Lake Adventures, we believe the best memories are made outdoors. Our mission is to offer meaningful, sustainable experiences that bring people closer to Finland's natural beauty. Nature activities and experiences for small groups, nature education for school camps and students.

DETAILS
Founded: 2016 - owner-run company
Season: Year-round
Language: English
Summer activities: Wild food trips, hiking, kayaking
Winter activities: Snowshoe walking, ice fishing
Year-round activities: Forest walks, forest mindfulness
Other services: Nature education and school camp programs
Rental: Snowshoes
Note: No own accommodation but cooperation with several local accommodation companies
Sustainability: Sustainable Travel Finland Label, Salpausselkä Geopark Partner, Green Activities certificate

FOREST HUG

Leave the hustle and bustle behind and immerse yourself in the peaceful Finnish forest. During a guided sensory walk, you will slow down, awaken your senses, and reconnect with nature. Afterwards, relax in a hammock while listening to the wind in the trees, breathing in the fresh forest air, or even taking a short nap. Finish the experience with a refreshing forest-inspired drink before returning relaxed and re-energized.

DETAILS
Season: May-September
Language: English **Duration:** 90 min
Participants: 2-12 pax, minimum age is 10 years



Starting point & time: Pajulahdentie 167, Lahti (or close to customers accommodation), time can be flexible on request
Services included: Hammock, forest drink, guide

WILD FOOD FORAGING: HERBS, BERRIES AND MUSHROOM

We walk trough forest and pick seasonal wild herbs, berries and mushrooms. Your guide will tell you about these healthy plants and traditions to use them. You will also taste some delicates made of berries and herbs when we have a break by a small beautiful lake. This product is suitable also for families with small children.

DETAILS
Season: May-September
Language: English **Duration:** 3 hrs
Participants: 2-10 pax, minimum age is 5 years
Starting point & time: Pajulahdentie 167, 15580 Nastola (also possible to arrange other places close to customers accommodation), time can be flexible on request
Services included: Basket for picking, snacks and tastings, guide
Note: Suitable shoes and clothes for forest walks recommended

HEART OF THE SWAMP

We start our trip from the gate of the local recycling centre. From recycling centre we walk about 1.5 km to Linnaisten suo, one of the largest nature reservation areas in Lahti. There is a wooden path through the swamp. Spruce trees and pine forest are surrounding the swamp area and there are living many birds in these forests. In the middle of the swamp, you will feel like in the real wilderness.

DETAILS
Season: Year-round
Language: English **Duration:** 2.5 hrs
Participants: 2-10 pax (bigger groups on demand), minimum age is 5 years
Starting point & time: Recycling centre, Sapelikatu 7, 15160 Lahti time flexible on demand
Services included: Drink and snack, guide
Note: Bus stop only 300 m from starting point

Contact
Best Lake Nature Adventures
Annukka Linninen
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info@bestlakenature.com
www.bestlakenature.com





Riding School Okeroinen Stables

We are a small quality certified riding school in Lahti, only 10 minutes from the city center. We offer a variety of lessons, trail rides, stable visits and horsecare sessions with Original Finnhorses in a beautiful nature of Päijät-Häme.

DETAILS
Founded: 2007 - owner-run business
Season: Year-round **Language:** English
Note: People with disabilities are also welcome to ride. Accommodation options to be found at B&B Merja Palomäki just next to the stables.
Activities: Year-round riding lessons, stable visits, horsecare sessions, in summer also trail riding
Other services: Rental of a helmet, no-shout device and earpeace
Accessibility: Preferably reachable by customer's own car, but also easily reachable by public transport, pick up service is also offered for a fee, Helsinki airport (approx. 100 km), Lahti train station (5.6 km)
Sustainability: We are a Laatutalli (Quality Stable) audited by the Finnish Equestrian Association

PRIVATE BEGINNER RIDING LESSONS

Riding lessons for beginners. Half of the lesson we practice grooming and tacking up the horse and the other half we'll be focusing on the basics of riding.

DETAILS
Season: Year-round **Language:** English **Duration:** 1 hrs
Participants: 1-3 pax, minimum age is 10 years
Starting point & time: Riding school Okeroinen Stables at a flexible time **Services included:** Riding helmet, riding instructor
Note: Comfortable clothing according to the weather required. Needed are gloves, riding pants, boots with a little heel (no flat-bottomed shoes) and a cap or a scarf to put under the helmet
Optional: Transfer can be arranged for extra cost

TRAIL RIDING LESSON

We have experienced horses for riding outside on trails, fields, forests and roads in a private area. For this lesson you should already know how to tack up a horse and be able to handle horses in different speeds and gaits.

DETAILS
Season: Year-round if the weather allows **Language:** English
Duration: 1 hrs **Participants:** 1-6 pax, minimum age is 12 years
Starting point & time: Riding school Okeroinen Stables at a flexible time **Services included:** Riding helmet, riding instructor
Note: Comfortable clothing according to the weather required. Needed are gloves, riding pants, boots with a little heel (no flat-bottomed shoes) and a cap or a scarf to put under the helmet
Optional: Transfer can be arranged for extra cost

DRESSAGE LESSON

A riding lesson focused on improving the riders seat, aids and contact with the horse. The lessons can have different themes and are always personalized for the rider and their riding skill.

DETAILS
Season: Year-round **Language:** English **Duration:** 1 hrs
Participants: 1-6 pax, minimum age is 12 years
Starting point & time: Riding school Okeroinen Stables at a flexible time
Services included: Riding helmet, riding instructor
Note: Comfortable clothing according to the weather required. Needed are gloves, riding pants, boots with a little heel (no flat-bottomed shoes) and a cap or a scarf to put under the helmet.
Optional: Transfer can be arranged for extra cost

DAYTRIP FROM HELSINKI TO PÄIJÄT-HÄME REGION

Escape to the Finnish countryside.

- Relaxing train ride: Enjoy the train ride from Helsinki to Lahti.
- Warm welcome: Upon arrival, our friendly staff will meet you.
- Original Finnhorses: Choose to participate in caring for the horses or embark on a guided horseback riding experience tailored to your skill level.
- Delicious Finnish feast: Savor a mouthwatering Finnish lunch.
- Thrilling safari: Unleash your inner explorer through breathtaking natural trails.
- Seamless return: After an unforgettable day, we'll ensure your smooth return.

DETAILS
Season: Year-round **Language:** English **Duration:** 6-8 hrs
Participants: Groups with 4 pax only, minimum age is 10 years (18 years for driving) **Starting point & time:** Lahti railway station, before noon, upon agreement
Services included: Guide, transfer in Lahti (railway station, Stable Okeroinen-Messilä-railway station), snacks, helmets, program as described
Note: Local train ticket not included (train from Helsinki to Lahti takes about 1 hr), summertime safari is by ATVs and wintertime by snowmobiles
Optional: Winter equipment for snowmobiles

Contact
Riding School Okeroinen Stables
Suzanni Bebek
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www.okeroistentalli.fi/en





Kitetirri Outdoors

Kitetirri offers unique outdoor experiences in Southern Lakeland and the Salpausselkä UNESCO Global Geopark. With some of the world's finest gravel roads, forest tracks, and trails for e-mountain biking, Kitetirri is your local biking specialist, providing expert guidance for unforgettable tours. An experienced, service-oriented company with in-depth local knowledge.

DETAILS
Founded: 2003 - owner-run company
Languages: English, German
Season: 01.05.-15.11. - guided tours, year round - e-fatbike rental
Summer activities: Guided bike tours
Rental: Gravel bikes, e-mountain bikes, e-fatbikes, e-touring bikes
Sustainability: Salpausselkä Geopark partner

GUIDED GRAVEL BIKING TOUR ON A HAPPIEST GRAVEL FROM MOTHER EARTH

Guided gravel biking tour on a happiest gravel from Mother earth, enjoy beautiful Salpausselkä Geopark and surrounded Southern Lakeland. Focus is on enjoying the view and easy biking, without stress. Day tours vary from 45 km to 80 km, the length depends on the group. We make rests on cafes or have own snacks with. You can just enjoy the ride.

DETAILS
Season: 01.05.-15.11.
Languages: English, German
Duration: 4-6 hrs



Participants: 4-16 pax, minimum age is 18 years
Starting point & time: Kitetirri Outdoors (Hämeenlinnantie 59, 15800 Lahti - there is a big parking place free of charge), at 10 am, the start can also be adjusted to groups time schedule
Services included: Guide, gravel bike, 2 water bottles, helmet and goggles rental
Optional services: Drinks, meals, energy bars

SALPAUSSELKÄ GEOPARK GUIDED TOUR WITH E-MOUNTAIN BIKE

Enjoy the green forest and blue lakes in Salpausselkä Geopark - in the middle of Lahti. The terrain shaped by the ice age has a variety of things to see.
An electric mountain bike is easy to pedal, best suited to our terrain. Easy to climb small hills and sensitive brakes. Cycling is easy on wide forest roads. You can enjoy pure nature with all your senses, we may even have the opportunity to pick blueberries.

DETAILS
Season: 01.05.-30.11.
Languages: English, German
Duration: From 3 hrs to a full day
Participants: 4-25 pax. Minimum age is 18 years, but from 12 years kids can be accompanied from adults.
Starting point & time: Kitetirri Outdoors (Hämeenlinnantie 59, 15800 Lahti - there is a big parking place free of charge), between 10-18 h
Services included: Guide, professional instructions and driving practice for e-mountain bikes, e-mountain bikes, helmet, water bottle (filled) and goggles
Optional services: Drinks, meals, lunch on Pappilan Kahvila or small snack with coffee /tee and guided tour on Kinnarin Tila farm.
Note: Bikers should have some knowledge of riding an e-mountain bike.

Contact
Kitetirri Outdoors
Pekka Tirkkonen
Hämeenlinnantie 59, 15800 Lahti
kitetirri@gmail.com
www.kitetirri.fi


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Inga Guide

Authorized guide, biologist, and nature wellbeing instructor offering year-round guided experiences in nature, culture, and wellbeing. Specialised in accessible and engaging nature-based experiences in the Salpausselkä UNESCO Global Geopark and throughout the Lahti Region, Lakeland Finland.

DETAILS
Founded: 2021 - owner-run company
Season: Year-round, both for the leisure and the MICE market
Language: English
Activities: Guided nature walks, Forest Bathing, Health Forest and EcoTraining activities, herbal walks, Nature Fitness, geopark tours, cultural walking tours, bus tours, smartphone photography walks, wellbeing workshops, technical visits, sustainability programmes
Other services: Week program for FIT. Official Visitor Consultant for the Lahti Region, offering educational and technical visits, itinerary design, traveller support, and coordination with local partners. Arrangements for transfers, meals, accommodation and equipment rentals.
Sustainability: Participant of the Sustainable Travel Finland program, Salpausselkä Geopark Partner and Guide, Key Flag Symbol holder, Member of the Federation of Finnish Tourist Guide Associations

NATURE WELLBEING WALK – FOREST BATHING & GEOPARK

Reconnect with nature through Forest Bathing, Health Forest and EcoTraining in the Salpausselkä UNESCO Global Geopark. Choose an accessible lakeside route or a forest trail and enjoy mindful movement, sensory exercises and nature observation while discovering Finnish wellbeing traditions and Ice Age landscapes.

DETAILS
Season: Year-round **Language:** English
Duration: 1-3 hrs **Participants:** 1-30 pax
Starting point & time: Likolampi Pond parking area, Keskussairaalankatu 7, Lahti (easy access by bus, bicycle or car), time can be arranged upon request
Services included: Guide, magnifiers, sensory tools such as singing bowls, printed or digital guides, and other materials depending on the programme. Pre-tour consultation, customised itinerary, smartphone photography package.
Optional: Extensions: Longer tours to Pirunpesä, Messilä, Tiirismaa, Hollola. Optional workshops: herbs, journaling, sketching, photography. Add-ons: accommodation, transfers, meals, rentals.

Contact
INGA GUIDE
Inga Blomqvist
Sippolankatu 9 F 61, 15800 Lahti
inga.guide@gmail.com
ingaguide.com

NATURE FITNESS WALK – ICE AGE TRAILS AT LAHTI SPORTS CENTRE

Discover Lahti's outdoor spirit shaped by the Ice Age. This energising geopark walk follows the scenic Salpausselkä ridges with optional visits to the ski jumping tower and interactive Ski Museum. Enjoy light Nature Fitness on historical terrain and optionally unwind by the fire with local coffee and grilled sausage. A perfect blend of movement, heritage, and nature for active travellers, teams, and curious minds.

DETAILS
Season: Year-round **Language:** English
Duration: 1-3 hrs **Participants:** 1-30 pax, (more is OK too)
Starting point & time: Lahti Sports Centre parking area, Salpausselänkatu 8, Lahti (accessible by bike, bus or car), time can be arranged upon request, personal guide
Services included: Printed or digital guides, pre-tour consultation, customised itinerary, smartphone photography package.
Optional: Twilight-blue moment version, campfire, drinks and snacks, Ski Museum visit (simulators, guided tour), coffee or lunch at a restaurant, transfers, rentals.

NORDIC ART WALK – LANU PARK & WOOD ARCHITECTURE AT LAHTI HARBOUR

Discover Finnish environmental art on a gentle walk from Lanu Sculpture Park to the Wood Architecture Park in Lahti Harbour. Optional stops include Sibelius Hall, the Ulpukka handicraft shop with sustainable local products, and Kariranta Café, a historic lakeside café famous for its Finnish cinnamon buns.

DETAILS
Season: Year-round **Language:** English
Duration: 1-3 hrs **Participants:** 1-30 pax (max. 50)
Starting point & time: Sibelius Hall parking area, Ankkurikatu 7, Lahti (easy access by public transport, bicycle or car), time can be arranged upon request
Services included: Guide, pre-tour consultation, customised itinerary, smartphone photography package, personal guide
Optional: Sunset version including a guided visit to Sibelius Hall, the Ulpukka handicraft shop, and a guided walk through Pikku-Vesijärvi Park and Salpausselkä Adventure Park. Coffee break or lunch at Lahti Harbour. Equipment rental, accommodation and transfers available on request.





Travel Nina

Travelnina provides different program services and activities related to nature and well-being in Lahti Region.

DETAILS
Founded: 2021 - family-run business
Season: Year-round
Language: English
Year-round activities: Nature tours by walking (year-round) and by boat (in summer), Salpausselkä Geopark tours, guided tours by walking, bus and boat in Lahti, Asikkala, Padasjoki and Hollola area, home visits (baking and preparing meals)
Other services: Rental of big comfortable bedroom with private balcony
Sustainability: Participant of the Sustainable Travel Finland program. We recycle domestic waste and advice customers in domestic waste recycling during the visit.

BAKING TRADITIONAL FINNISH „PULLA" AT A COSY HOME VISIT

During this visit, you have a unique opportunity to learn about everyday life in Finland: its nature, culture and food! Besides the family members, you will also be greeted by a friendly dog Nipsu and a cuddly loafer cat Tikru!
You will learn to bake traditional "pulla" in three ways: traditional ones with cinnamon, butter hearted and ones with blueberries! After baking, it is time to enjoy your "pulla" with cold milk or with cup of coffee or tea!

DETAILS
Season: Year-round
Language: English
Duration: 2-2.5 hrs
Participants: 4-10 pax
Starting point: Our home in Lahti
Services included: Apron, pulla baked during the program, milk, coffee, tea
Optional program: "Prepare Finnish meal with the family"

RESTFUL GUIDED NATURE TOUR CLOSE TO LAHTI CITY CENTER

You meet your guide at the Market Square and go by bus near the forest. The program also ends to the Market Square.
The tour takes you along a quiet 1.5 kilometers nature trail that follows the shore of Lake Vesijärvi in Salpausselkä Geopark area. During the tour you will hear about the surrounding nature. You will enjoy picnic lunch by the lake.
Heading to the calming nature and feeling the forest around you makes you feel relaxed and peaceful.

DETAILS
Season: May-September
Language: English
Duration: 2-2.5 hrs
Participants: 4-10 pax, minimum age is 5 years
Starting point: Lahti Market Square
Difficulty: Moderate
Services included: Transfer from Lahti Market Square by local bus to one of the suburbs in the city and back to Lahti Market Square, guide, picnic lunch

THE HISTORIC VILLAGE OF HOLLOLA AND ITS MEDIEVAL CHURCH

This trip uniquely blends culture, storytelling, and breathtaking nature. We will visit the medieval St. Mary's Church with wooden sculptures and altar tombs, and stroll around "Vanha Pappila" and "Vanha Kunnantupa", hearing stories of local history and people. We will go to the tiny Burial Museum for local heritage. We will also walk to "Kapatuosia linnavuori", where Iron Age artifacts were found and climb the observation tower for views of Lake Vesijärvi and Hollola church village, a nationally significant landscape.

DETAILS
Season: May-September
Language: English
Duration: 2-2.5 hrs
Participants: 4-10 pax
Starting point: Vanha Pappila parking place (Särkäntie 1, 16710 Hollola)
Services included: Guide
Optional program: Lunch in Hollola Church Village

Contact
Travelnina Ky
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Ainoa Winery

Wines from the forest
We make internationally recognized, award winning wines from Finnish berries and other high quality ingredients from the forest. We strive to capture the essence of the berries, and the spirit of the land where they grew in every bottle.

DETAILS
Founded: 2014 - owner-run business
Season: Ainoa Winery has regular opening hours April - December, but can open by appointment year-round. Outside the summer high season (June - August) most visitors need to book reservations before coming for tastings. We cater to both leisure and MICE, although our maximum capacity limits us to small group sizes of a single bus or less.
Languages: English, Spanish
Year-round activities: Tour, tasting, shopping, special events, terrace
Other services: Terrace open in summer, wine tasting with or without accompanying food tastes
Sustainability: Most of our wines are made from wild berries, which offer significant sustainability advantages over wines made from farmed grapes.

WINE TASTING

Get to know our award-winning wines in a tasting. Options for wine-only, wine and cheese or wine and chocolate. A tour of our production facility can be added to any tasting to learn how our unique fruit wines are produced.

DETAILS
Season: Year-round
Languages: English, Spanish
Duration: Typically 1.5 to 2 hrs
Participants: 1 to 25 pax at a time, groups of 10 or more require reservations in advance. Minimum age is 18 years.
Starting point & time: At the Winery, during summer months at regular opening hours or as agreed upon in advance.
Services included: Tasting of wine-only, wine and cheese or wine and chocolate as agreed in advance

SHOPPING

Buy internationally awarded wines directly from the producer. In Finland this experience is only available at Ainoa Winery. In addition to our products, we have a small selection of other high-quality locally produced products.
Gift packaging and wrapping suitable for travel is available.

DETAILS
Season: Year-round
Languages: English, Spanish
Duration: No set duration
Participants: Limit of 25 people in our shop at once, minimum age is 18 years
Starting point & time: At the Winery, any time during regular open hours, or by appointment

SPECIAL EVENT, MEETING VENUE

Special events and venues for meetings can be arranged.
Events offered could include wine & cake tastings, cocktails classes, wine & paint classes, wine yoga or others. Inquire for specifics.
Events must be booked well in advance to ensure availability.

DETAILS
Season: Year-round
Languages: English, Spanish
Duration: Variable depending on the event
Participants: 10-25 pax, minimum age is 18 years
Starting point & time: At the Winery, time as arranged
Services included: As agreed upon in advanced



Contact
Ainoa Winery
Paola Guerrero de Cohen
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paola@ainoawinery.com
ainoawinery.com



Teerenpeli

Teerenpeli Group is a restaurant, brewing and distilling company and covers also franchising business. It was found in 1994 as a family company owned by Anssi and Marianne Pyysing. The main office and management are located in Lahti where the business was first established.

DETAILS
Founded: 1994 - family-run business
Season: Year-round **Language:** English
Year-round activities: Tastings, guided brewery & distillery tours
Note: Week program for FIT available
Sustainability: Participant of Sustainable Travel Finland program. We have reduced our carbon footprint with our own wood pellet power plant since 2015 and use the closest possible ingredients in our production. Most of the malted barley we use has grown within 150 km from the distillery since the beginning in 2002. Teerenpeli Brewery & Distillery had a carbon footprint calculation project at the end of 2021. The results revealed the carbon footprint of our products. These results work as a guideline for us to work all the time with more sustainable way.

TEERENPELI BREWERY & DISTILLERY GUIDED TOUR AND TASTING

Welcome to visit Teerenpeli Brewery & Distillery's guided tours and tastings at the Visitor Center and shop at the Brewery Shop in Lahti!
At the guided tours you will get to know about the history of Teerenpeli company and have a walk inside the brewery and distillery. You will learn how the brewery and distillery products are made and after the tour it is possible to participate to a guided distillery tasting to deepen your understanding of our award-winning products.

DETAILS
Season: Year-round **Language:** English
Duration: 1 hrs 45 min.
Participants: 6-40 pax, minimum age is 18 years
Starting point & time: Teerenpeli Brewery & Distillery (Liimajankatu 5, 15520 Lahti)
Services included: Guide, distillery tasting

Contact
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Travellamo

Travellamo is specialized in Traditional Finnish Sauna Treatment services. Travellamo's Traditional Sauna Experiences are authentic, hospitable, safe, inclusive, sustainable and professional.

DETAILS
Founded: 2008 - owner-run business
Season: We operate all year around, main focus is on summer season. The sauna experiences are facilitated at the location, where customers are having their accommodation, whether it is a lake side cottage or resort.
Language: English
Year-round activities: Finnish sauna experiences

TRADITIONAL FINNISH SAUNA TREATMENTS

Finnish Sauna traditions date back thousands of years. Sauna is a natural place for overall wellness and revival. Traditional Sauna Treatments present the rich Finnish Folklore and Finnish Folk Healing combined with recent knowledge of health benefits of Sauna bathing. The program includes stories of old traditions and performance of traditional sauna spells, guidance to the usage of sauna whisks and skin care with natural treatments and how to wash oneself with sauna whisks and soap.

DETAILS
Season: May-September
Language: English
Duration: 2 hrs
Participants: 2-10 pax (mostly depending on the capacity of the sauna facilities), minimum age 18 years, but also treatment for small children with their families is possible
Starting point & time: At the sauna of the customer's place of accommodation in Lahti Region, time upon request after 16.30 h
Services included: Guide (professional sauna folk healer), sauna vihta (whisk), soap, natural shampoo and conditioner, a traditional woolly sauna hat (to use during the session if the guests wish)
Optional services: Rent of the sauna facilities, heating and cleaning of the sauna

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Jokimaan Paroni

Sustainability is our passion and key value. Activities are designed to respect local communities, culture, and nature. Our certified guide is a broad-minded expert whose tours, Sustainable Lahti and Architectural tours, are the most popular. The majority of our tours can be designed to be accessible. LGBTQ+ -friendly operator.

DETAILS
Founded: 2005 - family-owned business
Season: Year-round **Language:** English
Summer activities: Guided private and group tours; architectural and cultural experiences; Geopark tours
Winter activities: Guided private and group tours, Circular economy visits, Museum visits, Educational tours and lectures
Year-round activities: Guided walking and bus tours, Private tours, Accessible and sustainability tours, Guided tours in the Ski Museum and at the Radio and TV Museum, Architectural tours in the Sibelius Hall, the Church of the Cross by Alvar Aalto, and the Lahti City Hall by Eliel Saarinen, Expert lectures about Lahti, the circular economy, and architecture
Other services: Educational travel for college and university students concentrating on sustainability, the circular economy, and architecture
Sustainability: Sustainable Travel Finland Label, Salpausselkä UNESCO Global Geopark Partner, Good Travel Seal Silver level certification

ARCHITECTURE AND CULTURE IN LAHTI REGION

Discover Lahti's architectural heritage on a guided tour featuring the works of Eliel Saarinen, Alvar Aalto, and the wooden Sibelius Hall, with stories about Finnish flora and fauna. Nearby, visit the Wood Architecture Park. Extended tours also explore 150 years of architectural history, Lahti's industrial and military past, and the renowned Sports Centre, home to a century of winter sports traditions.

DETAILS
Season: Year-round **Language:** English
Duration: 1-4 hrs **Participants:** 1-30 pax, bigger groups on request
Starting point & time: On request of the customers
Services included: Certified Expert Guide

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SALPAUSSELKÄ UNESCO GLOBAL GEOPARK

Discover the Salpausselkä UNESCO Global Geopark, an internationally recognised Ice Age landscape combining geology, nature, culture, and 10,000 years of history. On a guided tour, experience 2-billion-year-old bedrock, learn about the successful restoration of Lake Vesijärvi, and optionally visit the Pulkkilanharju esker for breathtaking views over Lake Päijänne, Finland's second-largest lake.

DETAILS
Season: Year-round **Language:** English
Duration: 1-8 hrs **Participants:** 1-30 pax, bigger groups on request
Starting point & time: On the request of the customers
Services included: Certified Salpausselkä Geopark Guide
Optional services: Coffee and lunch can be organized in collaboration with partners
Note: An accessible walking tour and bus with wheelchair access is possible to arrange when informed in advance.

SUSTAINABLE LAHTI REGION

Discover why Lahti was named European Green Capital 2021. Learn about the city's sustainability initiatives and its role as Finland's capital of clean water through a guided tour or presentation. Educational programmes are available for student groups. Optional visits include Salpakierto Ltd, a circular economy pioneer with a 99% municipal waste utilisation rate.

DETAILS
Season: Year-round **Language:** English
Duration: 1-4 hrs **Participants:** Variable
Starting point & time: On the request of the customers
Services included: Senior Engineer Consultant services

PRIVATE TOURS IN LAHTI REGION

Whether your clients are travelling solo or with friends and family, the custom-designed tour is tailored to their interests. The guided tour could include, e.g. culture, local art and handicraft, architecture, a Geopark experience, and award-winning wine, beer or whisky tasting. We praise inclusivity and creativity.

DETAILS
Season: Year-round **Language:** English
Duration: 2-8 hrs, 1-3 days
Participants: 1-20 pax, bigger groups on request. Suitable for all ages; wine, beer and whisky tastings are 18+
Starting point & time: On the request of the customers
Services included: Certified Tour Guide services

EDUCATIONAL



Visit Lahti
Lakeland Finland





Educational Travel and Technical Visits

Lahti region is an ideal destination for school camps and educational travel. Two Olympic training centres in the region Vierumäki (p. 17) and Pajulahti (p. 16) are located at beautiful Salpausselkä UNESCO Global Geopark sites. Both resorts offer interesting natural learning environment, well trained professional instructors, a large variety of indoor and outdoor activities and excellent variety of accommodation from high standard hotel rooms to larger spaces suitable for school groups. Both centres can design weekly programs which contain accommodation, activities full board meals specially designed for the needs of children.
For instance following elements can be included to the programs of the school camps in the Lahti region.

COOK LIKE A FINN

The Finnish food is famous for being healthy, sustainably produced and very natural. Seasonal availability of different ingredients makes the Finnish kitchen very special and local. The ingredients are often picked and taken from a nearby forest. In summer and autumn the arctic wild berries such as bilberries, lingonberries, raspberries and others are distinctively featured in the Finnish cuisine with their strong flavor and high nutrient content. Different mushrooms are also very commonly used. During this program the participants will get an introduction to the natural ingredients in the Finnish kitchen and learn how to make a typical simple and delicious Finnish blueberry pie (mustikkapiirakka).

DETAILS
Season: All year round
Duration: 2-2.5 hrs
Participants: Max. 20 pax, minimum age is 7 years
Starting point: Yli-Marola City Farm in Lahti
Services included: Cooking class with instructor, all ingredients

SUSTAINABILITY-RECYCLING PROGRAM

In this program the participants learn how to recycle waste and understand that the waste is valuable new material. The program includes a short lesson and introduction to recycling and a recycling memory card game inside/ outside. The group learns about the importance and terms of recycling via both classical methods and physical activity in positive environment.

The recycling program can be united with one or two additional modules:
a) guided tour to a modern recycling centre in Kujala. During the visit the participants see in practice how the waste is recycled and taken into secondary use
b) guided tour to one of the Salpausselkä UNESCO Global Geopark sites.

DETAILS
Season: All year round
Duration: Basic module: 1.5 hrs, united with one additional module 3 hrs; with two modules 5 hrs
Participants: Max 20 pax (bigger groups possible up to 40 persons but need a second guide)
Services included: Guided program
Note: Transfer not included. Transfer needed if united to one of the modules. The program is operated by the companies Best Lake Nature Adventures (p. 33) and Inga Guide (p. 36).

SALPAUSSELKÄ GEOPARK NATURE GAME

Interactive outdoor program with educational elements: biology, geography, geology, history and culture. Tasks are solved in small groups and each task consists of knowledge and doing. The program consist of 6 different learning tasks about Salpausselkä Geopark nature, history and culture.

DETAILS
Season: All year round
Duration: 3 hrs
Participants: 5-20 pax (bigger groups up to 40 possible, but will require 2 instructors)
Starting point: Can be executed in various places in the Lahti region, minimum age is 8-15 years
Services included: Guided program and all learning material
Note: Seasonal outdoor clothing needed. The program is operated by Best Lake Nature Adventures (p. 33).

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SCIENCE WORKSHOPS IN THE UNIVERSITY'S LUMA CENTRE

Four different modules of science workshops:

1) Density Magic: Rainbow in a Test Tube
- concept of density by creating a colorful rainbow into a test tube using layers of sugar water with different densities

2) Lava Lab: Build and Erupt a Volcano
- we will build a model volcano and make it erupt using a simple chemical reaction between baking soda and vinegar

3) Color-Changing Chemistry: Red Cabbage pH Experiments
- we will explore how natural indicators work by using red cabbage juice, which changes color depending on acidity.

4) It's a bug's life
- In this workshop, we will take a closer look at different kinds of insects.

DETAILS
Season: Summer season (June - August), Other times on request
Duration: One module 30 - 45 min.
1/2 day program (2-3 hrs) include 2-3 workshops
1 day program (4-5 hrs) include 3- 5 workshops
Participants: Max. 15 in one workshop. Bigger groups on demand. Workshops are suitable for children of 6 to 15 years (content and lenght adjusted according to the age).
Starting point: LUMA Centre in Lahti Science Park
Services included: Depending on the selected module

FINNISH SCHOOL DAY

The Finnish School Day program is organised in one of the Lahti region schools, which provides teaching according to the national core curriculum for grades 1–9. Some schools provide teaching for all grades, others only for grades 1–6, for instance. The aim is to organise the Finnish School Day program so that the visitors and the Finnish schoolchildren are as close in age as possible.

In the Finnish School Day program, the group learns more about the everyday life and learning environment of Finnish schoolchildren. Diverse learning packages are created together with the Finnish class hosting the visitors, offering both parties the opportunity to learn more about, for instance, the geography, nature, culture, music, society, customs and language of their respective countries. The Finnish education principle of "learning by doing" is emphazised: everyone can participate in the program and English skills do not play a key role in the activities. Physical education, music, handicrafts or home economics may also be part of the day's program.

DETAILS
Season: During the school year (excluding two weeks in August at the beginning and in May at the end of semester and general holidays).
Duration: 4–5 h hrs
Participants: 5–20 pax (groups of more than 20 people will always be divided into two groups, max. 40 people)
Services included: Tailored guided program
Optional services: School lunch in the canteen not included, but can be purchased separately

TECHNICAL VISITS IN THE LAHTI REGION

Lahti was nominated as the European Green Capital in 2021 and has prominent expertise in environmental solutions, clean tech and sustainability. Visit Lahti organizes expert meetings and site visits which cover the following themes: waste and water management, recycling, education, sport, meetings with the city administration and business co-ordinators. Additionally you can also inquire about company visits or expert speeches in other fields.

DETAILS
Season: All year round
Duration: 1-2 hrs
Participants: Up to 40 pax
Services included: Tailored expert speech or site inspection with an expert
Note: Technical visit and expert speech must requested preferably at least one month before intended visit

FINNISH EARLY CHILDHOOD EDUCATION/ FINNISH SCHOOL FOR PROFESSIONALS

Programs destinated to the professionals of the education sector.

In the program, teaching professionals get an overview of the Finnish early childhood education / school system and the national core curriculum and teaching methods and also get to see the learning environment, observe differences in teacher-student communications, and can have a Finnish school meal (at additional charge).

DETAILS
Season: Early childhood education: all year round
Finnish comprehensive school: During school year August-May
Duration: 1.5-2 hrs
Participants: 5-20 pax

TRANSFER





Lakkapää Charter

We are a young charter company. Our offices are located in Lahti and Rovaniemi. During the winter, we also operate in the Fell Lapland area.
Together with our partners, we are able to arrange a comprehensive travel package taking into account the customer's needs and requirements.
Game trips, theater trips, class trips and even slightly longer trips are organized through us.
Even for large groups, the charter runs are handled through us with high-quality and clean equipment. Our drivers are professional and customer service minded.

CHARTER COACH SERVICES

High level charter service. We do have vehicles of various sizes for small and large groups.
Our high-quality charter vehicles and professional drivers are at your disposal. Our fleet includes well-equipped coaches of different sizes: 8-seater minivan, 16-seater minibuses, tourist buses with 50 seats, tourist buses with 58-62 seats, we also provide buses for disabled guests.
In our coaches, standard equipment is USB plugs and WiFi.

DETAILS
Area of operation: Helsinki - Lahti - Rovaniemi - Levi
Season: Year-round
Language: English
Capacity: Coaches from 8-seater mini van up to 62-seater charter coach
Services: WiFi

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FINLAND

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NORDIC MARKETING

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