

VISIT LAHTI

Lakeland Finland



**SUSTAINABLE
TRAVEL**
FINLAND™



**Salpausselkä
Geopark**
FINLAND



Lakeland
The Heart of Finland

Visit
Lahti
Lakeland Finland

A person wearing a black helmet, an orange long-sleeved shirt, and a red backpack is riding a bicycle. They are looking out over a calm lake. In the distance, a small wooden platform with a railing is on the water, with two people sitting on it. The background is a dense forest of green and yellow trees under a clear sky. The text "Lakeland Finland — Where Finns come to recharge and reconnect with nature." is overlaid on the left side of the image.

Lakeland Finland —
Where Finns come to recharge and
reconnect with nature.

Salpausselkä UNESCO Global Geopark

A landscape created by water. Salpausselkä is the best-known geological entity of Finland. Salpausselkä Geopark area is known for instance for its lakes and magnificent eskers: e.g. Pulkkilanharju esker, the most scenic road in Finland, lakes and kettle ponds. One of the most famous geosites of Salpausselkä Geopark is the Sport Centre of Lahti.



Perfect venue for nature adventures in summer (May-Sept)

Lake cruises

Lunch cruise on Lake Vesijärvi, canal cruise to the picturesque Vääksy Canal with dinner or nature excursion to the 8 km long Kelvenne island known for its lagoon-like sandy beaches.

Water activities

Kayaking, fishing, Stand Up Paddling

House Boat

Combination of cottage holiday, lake cruise and touring in one package. Unique concept of Lakeland adventure

Hiking & Activities in forest

Easy hiking with scenic geosites (Linnaistensuo mire, Sport Centre of Lahti & Häränsilmä kettle pond, Pirunpesä/Devil's Nest rock formation. Or longer hiking routes. Berry picking, mushroom picking, wild herbs

Biking

Gravel, mountain biking and road cycling

Bird watching

Different nature types: Forests, wetlands, lakeshores, and protected areas. Independent and guided tours





Salpausselkä UNESCO Global Geopark as Cycling Destination

The distinctive landscape shaped by the meltwater at the end of the Ice Age makes you climb up ridges and descend to the shores of the lake, cycling along winding forest trails and rolling countryside roads.

Routes with gpx

For gravel, road cycling and mtb including touristic and nature highlights. Also easy leisure routes close to the city available

<https://visitlahti.fi/en/cycling/>

Bike rentals with personal assistance

https://kitetirri.johku.com/en_US

<https://breakaway.cc/>

Premium Gravel events

12. – 13.9.2026 Gravel World Series; Falling Leaves Lahti

30.7. – 1.8.2027 UCI Gravel European Championships

2028 UCI Gravel World Series (dates TBC)

Social rides and guided tours

<https://nordicgravel.com/>

Winter cycling adventures with fatbikes and e-fatbikes



Geopark - Perfect venue for nature adventures in winter

Skiing

Lahti – the best cross country skiing destination in Southern Finland. Messilä – the biggest downhill resort in Southern Finland

Multi-purpose winter track in Lahti

Hiking in a wintry forest, easy snowshoeing

Winter track on the ice of Vesijärvi lake

Walking, skating, kick sledging or skiing on the ice of the biggest lake in Lahti

Husky farm

Meet the husky dogs, dog sledge riding

Snowmobiling

Guided snowmobile tours in Messilä Ski resort or Lehmonkärki

Winter swimming

Trendy Finnish winter activity with sauna experience

Winter floating

Sensational experience in thermo costume



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City life, Art & Culture and sights

Lahti must see places

Sports Centre & Ski Museum; Lahti Harbour & Sibelius Hall, Lanu Sculture park, Musical fountain

Museums

Malva – Lahti museum of Visual Arts, Finnish Motorcycle Museum; Ski Museum, Lahti Historical Museum

Sightseeing: Guided and self-guided tours

by bike along the lakeshore, sport's fans statue tour, urban nature trails, brewery tours

Finnish Architectual highlights

Sibelius Hall, Church of the Cross by Alvar Aalto, Lahti city theatre, Lahti Ski Jumping towers

Live music weekly

Lahti Symphony Orchestra classical Thursday, active rock, pop & rap scene



Finnish happiness in Lahti region

Sauna & swimming

Aisti Sauna&Spa in Lehmonkärki Resort, Teivaan Hehku and Nosturi in Lahti are all public saunas open all year around. Numerous private saunas.

Cosy cafés with Finnish coffee and bun & other sweet pastries

Kariniemi café in the harbour, Café Oskari, Wine Café Olavi, Asemapäällikkö or Kanavan Kruunu by the Vääksy canal

Local tastes

Salty pastries at the market place, local bread, oat porridge and oat flakes, lihamuki – meat mug, Sahti – strong local beer

Unique accommodation & Cottages

Sporty & Active Atmosphere



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Lahti turns the world's best water into beer, whisky and wine

The cleanest ground water of the world filtered by the gravel ridges and eskers of Salpausselkä UNESCO Global Geopark area ensures a valuable ingredient for many beverage producers in the area.

Teerenpeli Brewery and Distillery

Teerenpeli Distillery won the Worldwide whiskey producer 2020 & 2024 series in the world's largest alcohol competition, the International Wine and Spirit Competition.

Ainoa Winery

Ainoa Winery's innovative wild berry wines have won several international awards, such as Concours International de Lyon 2025 and Vinalies Or de Paris 2025.

Sahti

Strong local beer

Ant Brew

Ant Brew is a small beer collective in located Malski. They are known for their Wasted Potential series created during Lahti European Green Capital 2021 year. In the series Ant Brew has utilised ingredients such as wild herbs, fruit waste and goose droppings.

Hartwall

One of the biggest breweries in Finland has its roots in Lahti and nowadays its main production facility in Lahti.



Accommodation

There are almost 1,400 beds in hotel-level accommodation in the city of Lahti and 4,000 beds within a 20-60 minute drive from the city.

- Manor houses, bed and breakfast
- Approximately 800 rental cottages in the Lahti area + Cottage villages
- Two activity & sport resorts with Olympic Training Centres
- Unique accommodation in Mirrow Houses and Houseboats

Solo Sokos Hotel Lahden Seurahuone

History starting from 1890s 183 rooms in two hotel buildings
Loft house with 50 spacious rooms with individual design and inner
garden. One of the best breakfast concepts in Finland.

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Scandic Lahti City

Completely renovated hotel in the very heart of the city. 171 rooms
The renovation was completed in spring 2025.

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Hotel GreenStar Lahti

The first carbon neutral hotel chain in Finland

Excellent location by the railway & bus station in the city centre

Sustainably renovated 138 rooms and investments to green energy

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Lakeland Luxury in Lehmonkärki Resort

Located in Asikkala next to Pulkkilanharju ridge

16 cottages

4 HAASI Mirrow Houses

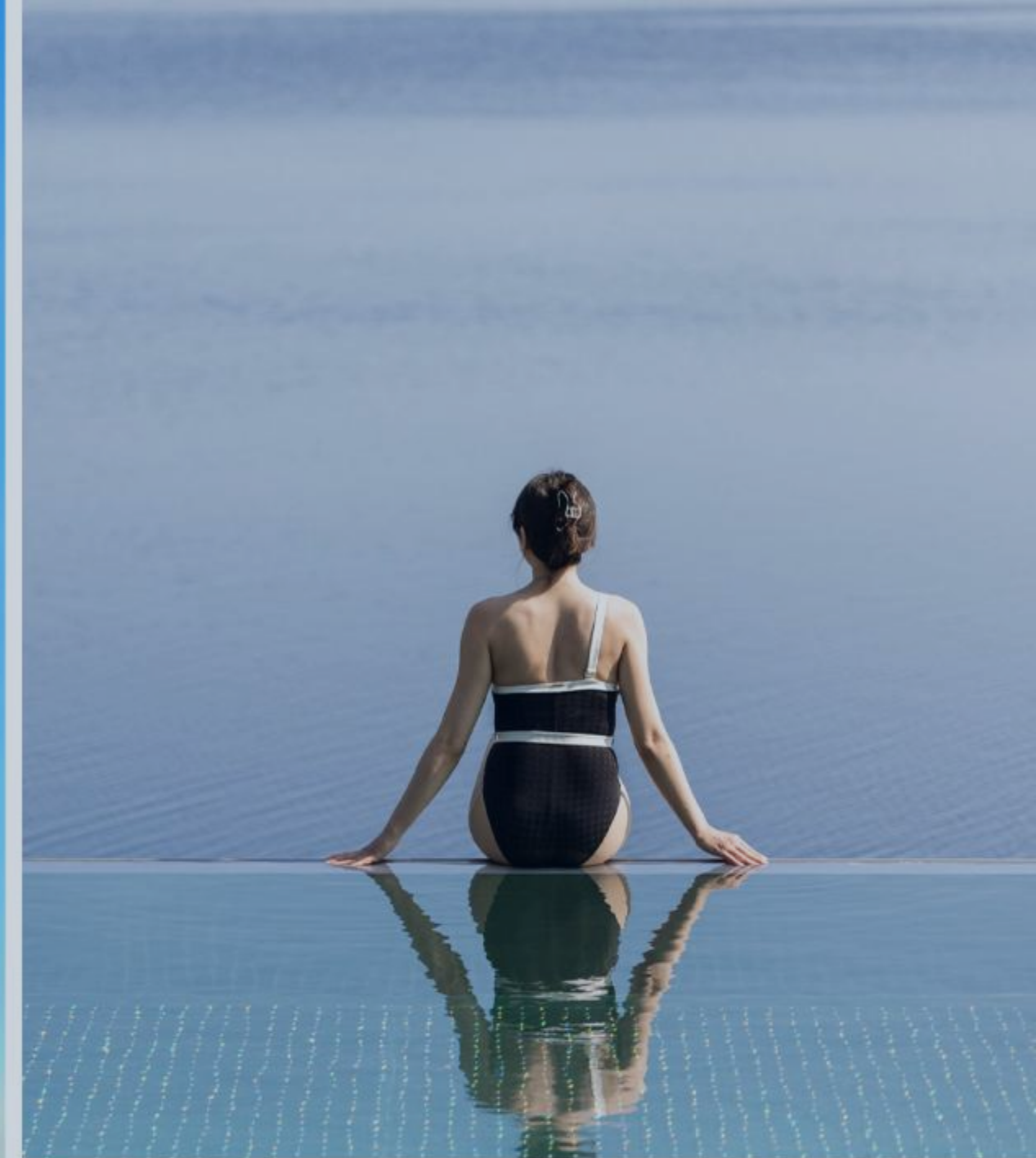
Aisti Sauna&Spa complex

Multiple nature activities

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Radalla Resort

Manor house hotel with 30 rooms in two different buildings

10 lakeside cottages

Sauna complex

Located close to one of the most picturesque villages of Finland, Old Iitti
and Unesco World Heritage site Verla Board Mill

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Ilola Inn

Old guest house redesigned into a boutique hotel with 8 rooms

Unique sauna & pool complex

Located by Päijänne National Park

Harbour & restaurant services for visiting boats

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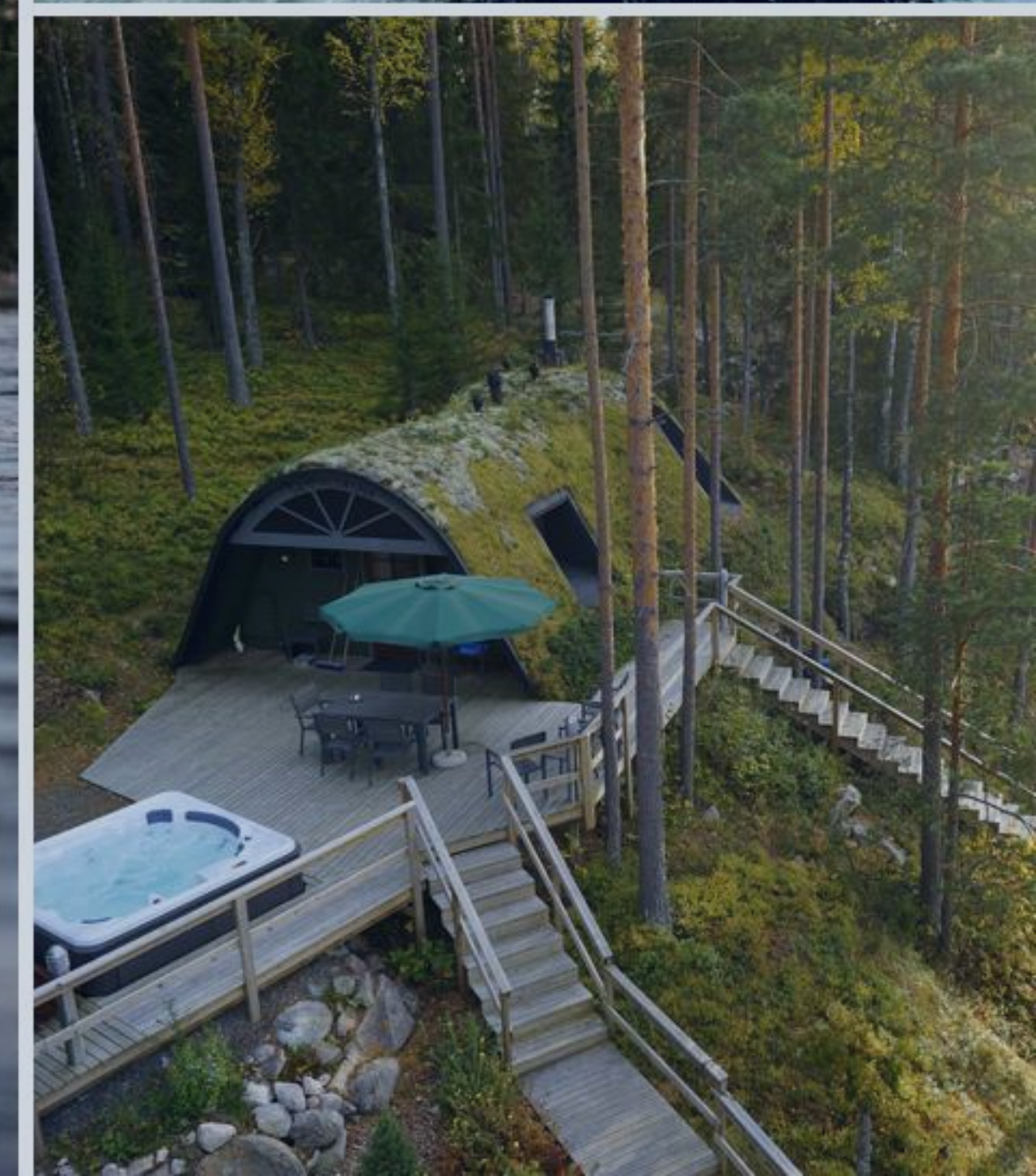
Yli-Kaitala Resort

11 cottages each with own lake shore

Moss sauna

Iglu accommodation

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Vierumäki

Sport and leisure resort with Olympic Training Centre

More than 200 different sports and activities

Vierumäki Sport: 2 hotels and 300 holiday homes

Multiple saunas including unique smoke sauna

Holiday Club Vierumäki: Hotel and Apartments, Spa

Premium Resort: 5 high end villas

In the scenic Salpausselkä UNESCO Global Geopark landscape

Ideal basecamp for camp school programs

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Pajulahti

Activity and sport resort with Olympic and Paralympic Training Centre
247 rooms of different level (hotel / b2b standard with / without sauna)
15 high altitude rooms
Excellent facilities for indoor and outdoor sport activities
Sauna complex
In the middle of scenic Salpausselkä UNESCO Global Geopark landscape
Ideal basecamp for camp school programs

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Heinolan Heinäsaari camping

Year round accommodation by the beautiful Lake Ruotsalainen

Six year round cottages

Eleven summer cottages

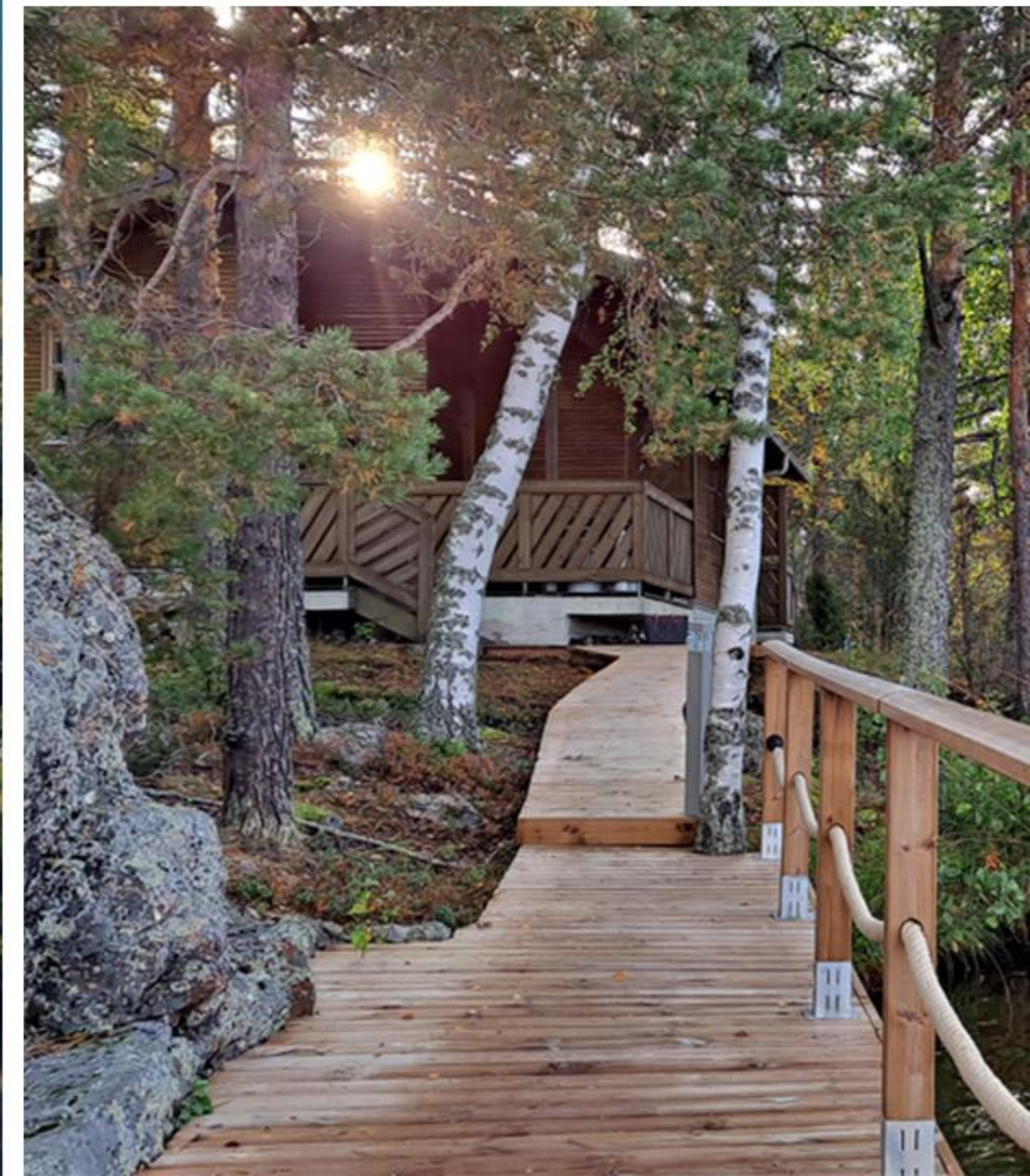
Caravan and tent places

Beneficial location by the city centre of Heinola

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Best Lake Nature Adventures

Guided nature activities (canoeing, hiking, berry and mushroom picking)

Salpausselkä UNESCO Global Geopark programs

Educational travel

Technical visits

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Jokimaan Paroni

Your guide to deeper understanding
Multiple themes for guided tours from basic city sightseeing,
architecture and nature trips to professional technical visits from
circular economy to green energy.

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Technical visits

Legacy of the European Green Capital year 2021

Clean tech companies
Water expertise
Sport management
Sustainable development and nature protection
Grain cluster companies
Other expert meetings



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We are here for You!

Visit Lahti is the regional DMO of the Lahti region.
We are a full-service DMC offering packages and tours in the Lahti
Region and Finnish Lakeland.

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