

LAHTI REGION

Lakeland Finland



FINLAND 2026



PRODUCT MANUAL FOR TOUR OPERATORS

Version 3: August 2025

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Attractions, experiences, accommodation, sport venues, activities, educational travel, transportation

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Accessibility - how to reach Lahti Region

Lahti's USPs

- The closest to Helsinki Finnish Lakeland destination. Easily accessible from Helsinki city centre and international airport
- Salpausselkä UNESCO Global Geopark with its magnificent nature sites covers practically whole Lahti Region
- Lahti region was awarded the Sustainable Travel Finland destination label in 2025
- Finnish Winter Sports Capital.

Airport:

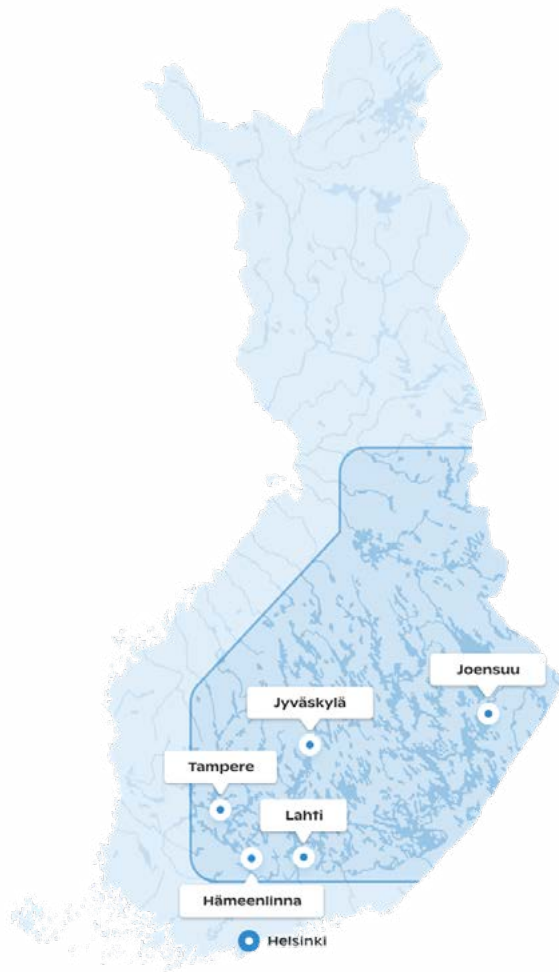
Helsinki Airport (100 km)

Transfer options:

Smooth train connection from the Helsinki airport to Lahti. Commuter train P from the airport to Tikkurila station and easy change to a train to Lahti.

Train station:

Minimum one direct train every hour from Helsinki to Lahti.



Päijät-Häme

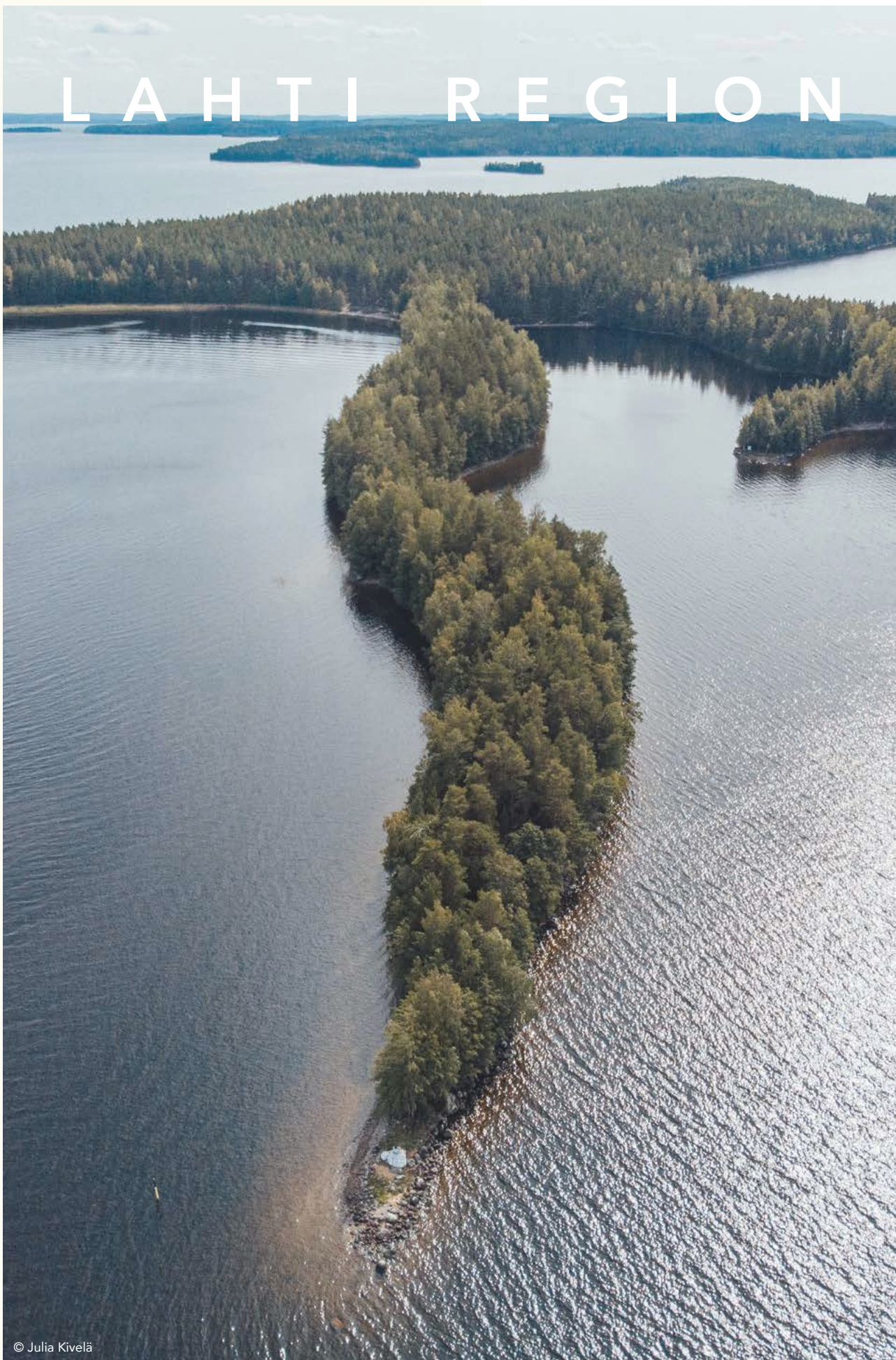


Lahti Region

- Salpausselkä Geopark alueen raja
Salpausselkä Geopark boundary
- Kuntaraja
Municipal boundary
- Järvet
Lakes
- Jäätikköjokimuodostumat (koras ja hiekkas)
Glaciofluvial formations (gravel and sand)

Lähteen:
1. Maanmittauslaitos, Paikantieto, 11/03/00; Paikot Hämeen lto
2. OY Maanmittaus

LAHTI REGION



© Julia Kivelä

Lahti Region - Lakeland Finland

Sustainable Travel Finland labelled destination

Lahti, is the first real lakeside city you come to after departing from the capital Helsinki. The Lahti region offers a wide range of activities and urban events in the surroundings of the unique Salpausselkä UNESCO Global Geopark area where the whole landscape is created by water.

The Lahti region offers a range of unique accommodations, including lakeside cottages, to make your visit unforgettable. With its easy accessibility from Helsinki the Lahti region is a perfect destination even for a short day trip.

The over 800 lakes of the Lahti region offer breathtaking scenery. **Päijänne** is the second-largest lake in Finland and the most significant source of clean water. The Asikkalanselkä part of the lake provides drinking water for more than one million Finns.

Lake Päijänne has plenty to offer. Surrounded by picturesque villages, rolling hills, and forests, Päijänne is a true haven for those seeking peace and relaxation. Päijänne is one of the best places around the year to experience the Finnish cottage culture and sauna. From hiking and biking to fishing and boating, there is a multitude of activities to keep you active and engaged.

Thanks to the Lahti Region's beauty and variety of outdoor offerings, it truly is a heaven on earth. Whether you're a seasoned athlete or just looking to get some exercise, you'll find everything you need.

For active movers the Lahti region is a heaven for sports and well-being. One of the biggest draws for active travellers is Salpausselkä, a stunning ridge that offers a wide range of outdoor activities, from hiking and biking to cross-country skiing. Two Olympic Training Centres Vierumäki and Pajulahti offer a huge variety of sports and wellness activities for active holiday makers and school camps.

DETAILS - LAHTI REGION IN A NUTSHELL

Number of hotels:

9/ 2500 beds

Number of cottages:

~500

Hiking trails:

Hundreds of km forest trail network in the area. In Lahti/ Salpausselkä area 35 km marked hiking trails

Bicycle paths:

1000 km in Lahti region. In Lahti/ Salpausselkä area 200 km

Skiing tracks:

Messilä skiing resort: 10 slopes; Purnu skiing resort 5 slopes

Snow season:

First skiing tracks normally open mid-November and close mid-April. Best winter season December - March.

Visit Lahti – Lakeland Finland (officially Lahden Seutu- Lahti Region Oy) is the regional DMO of the Lahti region representing the 8 municipalities of the Päijät-Häme province (Lahti, Heinola, Asikkala, Hartola, Hollola, Iitti, Padasjoki and Sysmä)

Our sales department LAKELAND FINLAND TOURS is a full-service DMC. We provide all tourist services in the Lahti region and the Finnish Lakeland from accommodation, activities, sports related holidays, transfers, local life experiences to themed guided tours & round trips. We also offer a variety of educational programs, event services, technical visits and all services for the MICE sector customers.

SUSTAINABILITY

Our region was awarded the Sustainable Travel Finland destination label in 2025. All major companies of the region have already their own Sustainable Travel Finland label or have joined the program.

Our own company is committed to sustainability and has the national **Ekokompassi** certificate. We are a partner of the **"We Speak Gay"** community and since 2022 our company has also the **Sustainable Travel Finland label**. Visit Lahti - Lakeland Finland is also a signatory of the **Glasgow Declaration on Climate Action in Tourism**.



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Contact

Visit Lahti

Arto Asikainen, Head of Production and Sales
Salpausselänkatu 7

15110 Lahti

Tel. +358 40 579 4387

arto.asikainen@lahtiregion.fi

www.visitlahti.fi

www.visitlakelandfinland.com

Top 5 Salpausselkä UNESCO Global Geopark



A landscape created by water

A UNESCO Global Geopark has sites and landscapes of international geological significance. The Salpausselkä UNESCO Global Geopark covers practically the whole Lahti region. The Salpausselkä ridges are outstanding ice-marginal formations laid down by ancient meltwater streams at the end of the Ice Age. They stretch across southern Finland and are at their most impressive within the area of Salpausselkä Geopark. Together with the narrow eskers fanning out to the north, outcrops of bedrock nearly two billion years old, and hundreds of sparkling lakes, they form a breathtaking natural mosaic unique to this region. The area features a great number of magnificent nature sites. Visit Lahti recommends for instance the following:



Pulkkilanharju

One of the most beautiful routes in Finland goes through the 8-kilometre-long Pulkkilanharju ridge from Vääksy to the municipality Sysmä by the route number 314. Part of Pulkkilanharju Esker belongs to Päijänne National Park, which was established in 1993. Visitors can explore the esker nature on a nature trail of about two kilometres that is mostly easy terrain. The nature trail begins at Karisalmi rest area by going under Karisalmi Bridge to the other side of the road and then heading up to the esker. Pulkkilanharju is also a popular destination for cyclists and it can also be reached by public transport from Lahti. In summer time there are two cafés – kiosks operating on the esker. (30 km from the Lahti city centre)



© Lahden Kaupunki

Sports Centre and Häränsilmä Kettle Pond

With its unique, diverse landscape of ridges, kettle holes, steep slopes and raised beaches the Sports Centre is one of the most significant geosites within the Salpausselkä UNESCO Global Geopark. There are numerous outdoor tracks in this area. One of them the urban nature trail "Lehmusreitti", also runs by Häränsilmä which is a beautiful kettle pond in Lahti on the first Salpausselkä ridge, right next to the routes and trails of Lahti Sports Centre. The Lahti Sports Centre area has several kettle holes, which give it its distinctive terrain, great for winter sports. (1.8 km from the Lahti city centre)



© Ossi Saarinen

Linnaistensuo mire

Linnaistensuo mire, located only seven kilometres from the centre of Lahti, is a nationally valuable raised bog. The tranquil mire landscape can be admired from the duckboard trail crossing it. Linnaistensuo mire can be reached along Korvenrannantie or Linnaistentie and Ilolantie roads. The paths leading to the duckboard trail are marked on the trees with yellow paint. Linnaistensuo mire is an ideal place for a very easy hiking trip. (8 km from the Lahti city centre)



Pirunpesä Gorge (The Devil's Nest) and Tiirismaa

The monumental Pirunpesä Gorge is a cliff fissure cutting through the quartzite rocks of Tiirismaa. Pirunpesä, which translates literally as Devil's Nest, is one of the most important geosites of the Salpausselkä UNESCO Global Geopark. A marked hiking trail of 4.5 km passes by Pirunpesä. The trail can be reached from the parking area at Arvi Hauvosen tie (7 km from the Lahti city centre).



Kelvenne Island

Located in Padasjoki, southern Lake Päijänne, Kelvenne Island provides hikers, boaters and paddlers with wonderful sandy beaches, pine forests and groves of leafy vegetation. Sheltered, deep kettle hole bays serve as natural harbours, and a 9-kilometre-long hiking trail runs through the island. In summer time there is a boat connection from the Padasjoki harbour to Kelvenne island. For individual travellers boat taxis are also available from Lehmonkärki resort and Padasjoki harbour. (40 km from Lahti city centre)

All nature sites in the Lahti region: www.salpausselkageopark.fi

Top Museums in Lahti Region

Local culture, art and unique themes



Lahti City Museum

Lahti City Museums consist of four museums of different profile: **Museum of Visual Arts Malva Malva** is a museum of visual arts. Malva unites two museums from Lahti – the Art Museum and the Poster Museum – and brings together their thrilling content and exciting exhibitions under one roof. Malva is located in an old brewery building in the city centre of Lahti.

Lahti Historical Museum tells the story of the Lahti region from Stone Age to the current days. The museum is located in the old bourgeois manor house completed in 1898. The building is well loved by the residents of the city and has been voted the most beautiful building in Lahti.

Lahti Ski Museum is located in the Sports Centre, close to the ski jumps. The museum exhibits and studies winter sports-related artefacts. The winter sports collection includes old and modern material representing cross-country skiing, ski jumping, Nordic combined and biathlon as well as alpine skiing.

Radio and TV museum Mastola dedicated to audio-visual history in Finland. It exhibits items and traditions related to radio and television activities. Lahti City Museums were nominated the Museum of the Year 2025 in the annual gala of the Finnish Museums Association.

www.lahdenmuseot.fi



Motorcycle Museum

Finnish Motorcycle Museum is located on scenic view by the lake Vesijärvi at Niemi Harbour, just 2.5 km from Lahti city centre. It is the only Motorcycle museum in Finland and its collection offers a wide range of elegantly restored world-famous motorcycles and national race bikes and mopeds with their stories. The Motorcycle Museum hosts several events, gatherings, and concerts every year.

www.moottoriporamuseo.fi



The museums in Heinola

Heinola, the second largest town of the Lahti region is by the Kymijoki river has three interesting museums.

The Aschan House (Lääninkivalteri Aschanin talo), or the former home of the family of chief constable Aschan is an urban home milieu from the 18th century.

The Heinola City Museum (Heinolan kaupunginmuseo) is located in a charming wooden building dating back to the year 1872. The story of the exhibition "Made in Heinola" takes the visitor from the prehistoric times of Heinola all the way to the post-WWII era.

The Heinola Art Museum (Heinolan taidemuseo) is located in an Empire-style museum building originally built in 1830 as the home of merchant Aleksander Toropoff's (1780–1852) family. The collection of the Museum consists of approximately 1,100 works of art.

www.visitheinola.fi



Itä-Hämeen museo

The Eastern Häme museum (Itä-Hämeen museo) in Hartola, the northernmost municipality of the Lahti region is located in Koskipää Manor, on the green banks of the Tainionvirta River. The Itä-Häme Museum is the regional museum of seven local parishes and was opened in 1929. The Koskipää Manor has been one of the largest manors in the area, and its history extends all the way to the 16th century.

www.ihmuseo.fi



Top 5 Attractions in Lahti Region

Places to visit and discover



Lahti Harbour

Lahti Harbour located only 10-15 minutes by foot from the city centre is the living room of the locals with a lot of cosy cafés, restaurants and bars. Here you can enjoy the atmosphere of the Finnish Lakeland by the shores of Lake Vesijärvi and make a cruise to Lake Päijänne. In the Lahti harbour you can also find the magnificent concert and congress centre Sibelius hall, a modern piece of wood architecture. In the surroundings of the harbour you also find a few pieces of wooden monuments and constructions which together compose the Wood Architecture Park. One of them is the Piano Pavilion by the Sibelius Hall where you can enjoy the great view to the Lake Vesijärvi. The iconic wooden "Lahti" letters along the harbour promenade were established in 2021 to commemorate Lahti as the European Green Capital.



Lanu Sculpture Park

By the Lahti letters in the harbour promenade you can climb up to the Kariniemi park by the stairs with 180 steps. On the hill you can find the Lanu Sculpture Park with fifteen big sculptures created by the artist Olavi Lanu. The sculptures blend well into the scenery of the park and have gradually developed a coat of moss just like the artist wanted.



Sports Centre of Lahti

The three iconic ski jumping towers of the Lahti sports centre are one of the most instagrammable places in the city. From June to August, the top of the large ski jump hill is open to the public every day. The sports centre is also one of the most significant geosites within the Salpausselkä UNESCO Global Geopark. It lies on the First Salpausselkä Ridge. The beautiful nature with diverse landscape of ridges, kettle holes, steep slopes and raised beaches suits perfectly for sports and offers excellent conditions for outdoor activities all year round.



Art nouveau and modernism in the Lahti city centre

Two famous Finnish architects Eliel Saarinen and Alvar Aalto have left their mark in the city centre of Lahti. Lahti City Hall designed by architect Eliel Saarinen was completed in 1912. It represents the Late Art Nouveau, or Jugend-style. Church of the Cross, Ristinkirkko, designed by academician Alvar Aalto is the main church of the city. The church was built in 1978.



Old Vääksy Village and Vääksy canal

The Vääksy canal, built in 1868-71, unites Lake Vesijärvi with Lake Päijänne. Situated only 30 minutes by car from the Lahti city centre the idyllic Vääksy village by the canal is an ideal destination for a day trip from Lahti. The village has many interesting boutiques, shops, cafés and restaurants and besides the beautiful nature around the canal you can also visit for instance the Päijännetalo which is a free time fishing museum offering a great overview of sweet water fishing. A good idea is to hop on a lake cruise boat from Lahti and travel to Vääksy canal by water. Päijänne Cruises Hilden's (p. 28) boat on the route Lahti-Heinola stops also at Vääksy. You can spend the day in Vääksy and then take a local bus back to Lahti.

All attractions in the Lahti region: www.visitlahti.fi

Insiders tips for Lahti Region

Finnish sauna, local drinks and recommended cafés and restaurants

Relax in the Finnish sauna

Where ever you decide to stay in the Lahti region you will most probably get a possibility to experience the Finnish sauna in your accommodation facility. There are a few public saunas in the area which offer unique sauna experience to everybody.

- Teivaan Hehku by the restoran Lokki in Lahti harbour, www.teivaanhehku.fi
- Nosturi in Lahti harbour, www.ravintolanosturi.fi
- Aisti sauna & spa in Lehmonkärki, lehmonkarkiresort.fi
- Radalla Resort Saunas, www.radallaresort.fi
- Pajulahti sauna, www.pajulahti.com



Taste the local drinks

Thanks to its large resources of world's cleanest ground water, Lahti is a remarkable centre of beverage and food industry. Tap water in Lahti comes from the rich sources of Salpausselkä ridge and has always excellent fresh taste. Try at least these drinks produced in Lahti.

- Tap water
- Teerenpeli whiskies & other drinks, www.teerenpeli.fi
- Finnish Lonkero & soft drinks and other drinks, www.hartwall.fi
- Ainoa winery berry wines, www.ainoawinery.com
- Sahti, local beer, one of the oldest primitive beer in Europe
www.hollolanhirvi.fi, www.heilan.fi



Cosiest cafés

There are a lot of nice cafés and bars in the Lahti region and it's hard to say which are the best ones. The following ones offer – besides excellent tastes – unique and authentic atmosphere.

- Café Kariranta in the Lahti harbour, www.kariranta.fi
- Café Oskari in the Lahti city centre, www.kahvilaoskari.fi
- Café Asemapäällikkö by the Lahti railway station, www.asemapaallikko.com
- Café Piano by Kahiwa in the Lahti harbour, www.kahiwacoffee.fi
- Harjupavilion in Heinola, www.harjupaviljonki.fi
- Café Siltasaari in Heinola, www.heinolansiltasaari.fi
- Café Lintan Kammari in Sysmä, www.lintankammari.fi



Unique restaurants

Lahti region has a big number of excellent restaurants offering great culinary experiences and tastes from all over the world. The following restaurants have genuine concept and cosy atmosphere.

- Taivaanranta, part of Teerenpeli concern in the Lahti city centre, www.taivaanranta.fi
- Kokka, located in the Lahti harbour, www.bistrokokka.fi
- Roux, sophisticated pure tastes in the Lahti city centre, www.roux.fi
- Malskin Bistro, restaurant by the Museum of Visual Arts Malva, www.malskinbistro.fi
- Gastropub Mylly, pure tastes from local ingredients in the Lahti city centre, www.gastropubmylly.fi
- Tango & Matto, Brasserie by the stunning Jyrängönvirta river in Heinola, www.tangomatto.fi



ACCOMMODATION





Solo Sokos Hotel Lahden Seurahuone

The history of the Hotel Lahden Seurahuone begins in the 1890's. Located in the heart of Lahti city with 183 hotel rooms, 4 restaurants and 10 conference rooms. Seurahuone Loft House on the other side of the street with 50 (included in the 183 total) luxurious rooms are truly unique. In October 2022 the hotel was selected as the most sustainable hotel of Europe in the competition World Luxury Hotel Awards.

DETAILS

USPs: luxury in the middle of the city, hotel breakfast, Seurahuone Loft house

Season: year-round

Language: English

Number & type of rooms: 183 rooms total (119 standard rooms, 17 suites)

Room facilities: minibar, shower/ bath

Spa & Wellness: 4 saunas (2 in the main building, 2 in the Loft House)

Packages: packages available on demand

Restaurants: 4 restaurants: Trattoria (à-la-carte), Bar&Bistro, Kuja (street food bar) and Hämesali (breakfast + conference)

Service for children: special gift for children at the reception

Note: pets allowed in the main building, 2 garages (all together 100 parking places)

Accessibility: easily reachable by public transport, Lahti train station is 0.8 km away

Sustainability: Sustainable Travel Finland Label



GreenStar Hotel Lahti

GreenStar Hotels is an ecological Finnish city hotel chain with five hotels, and Finland's first carbon-neutral hotel chain. GreenStar's core principles include putting sustainability and the well-being of our customers first, enabling our customers to live conveniently and ecologically, and having partnerships with local businesses that share our green values.

Accommodation at GreenStar Hotel Lahti

GreenStar Hotel Lahti is a green city hotel with 138 rooms. We offer accommodation and breakfast with a great price-quality ratio and also restaurant and meeting services for groups.

DETAILS

USPs: GreenStar Hotel Lahti is located right next to the Lahti Travel Centre, easy to reach with public transport or own car. All of our operations are based on being environmentally friendly and we are the first carbon-neutral hotel chain in Finland. We also have a great price-quality ratio.

Opened: 2019

Season: year-round

Language: English

Number & type of rooms: 138 rooms

Room facilities: free WiFi, desk, TV, electric kettle, fan, private bathroom with shower, hairdryer, toiletries

Restaurants: restaurant on request for groups

Service for children: cribs and extra beds

Packages: for groups on request

Note: pets allowed for a fee, 50 outdoor parking places with extra fee, not bookable in advance

Other facilities and services: rental bikes free of charge for guests, meals and meeting rooms

Accessibility: easily reachable by public transport, 50 meters from the Lahti Travel Centre

Sustainability: Sustainable Travel Finland Label, Salpausselkä Geopark partner, The Nordic Swan Ecolabel

Contact

Osuuskauppa Hämeenmaa/ Hotel Lahden Seurahuone
Risto Turunen, Sales Manager
Aleksanterinkatu 14, 15100 Lahti
risto.turunen@sok.fi, sales.hameenmaa@sok.fi
www.sokoshotels.fi/en/lahti/sokos-hotel-lahden-seurahuone

Contact

GreenStar Hotel Lahti
Mikko Heinonen, Sales Manager
Vesijärvenkatu 1, 15100 Lahti
mikko.heinonen@greenstar.fi
www.greenstar.fi/en/hotels/lahti

ACCOMMODATION



Hotel Scandic Lahti City

A welcoming base for all your travels. Central location, spacious rooms, cozy restaurant, and convenient on-site parking ensure a great stay.

DETAILS

USPs: Spacious rooms with air conditioning and extensive room selection cater for all needs. All rooms have been renovated in 2024-2025. It is easy for even a bigger group to feel comfortable in our hotel. Shopping, restaurants and all city services are easily accessible. Parking is easy in the garage.

Opened: 1992

Season: year-round

Languages: English, German, Swedish

Number & type of rooms: in total 167 rooms - 129 standard rooms, 38 superior rooms

Room facilities: Standard rooms with twin beds or a King size double bed. Standard family rooms with twin beds and a sofa bed. Superior rooms with King size double bed. Junior Suite rooms for 2+2 persons with sofa beds. Standard rooms are equipped with bathroom with shower, desk and chair, hairdryer, minibar, TV, vinyl plank floor. Superior room also with bathrobes, cosmetic mirror, kettle and coffee/ tea, minibar. Junior Suite with bath tub. All rooms have AC.

Spa & Wellness: 2 saunas, separate for men and women.

Restaurants: Restaurant Lahti City for breakfast and à-la-carte/group dining. The lobby bar offers beverages and small snacks.

Service for children: Pancakes at breakfast during summer time.

Packages: packages available on demand

Note: pets allowed for extra fee, garage downstairs for extra fee. Located as a part of city center's biggest shopping mall. Easy indoor access to shopping mall.

Other facilities and services: bicycles and year-round nordic walking poles for free rental, offers for local downhill centers in winter

Accessibility: easily reachable by public transport, Lahti train station is 1 km away, Helsinki airport (100 km)

Sustainability: Sustainable Travel Finland Label, The Nordic Swan Label



Hotel Kumpeli Spa

Spa and Conference Hotel in Heinola, where the beautiful Finnish Lakeland area starts.

Accommodation at Hotel Kumpeli Spa

We offer 4 different categories of accommodation: standard rooms, superior rooms, junior suite and suites.

DETAILS

USPs: our wellness and spa area

Season: year-round except Christmas and New Year

Languages: English, German, Russian

Number & type of rooms: 119 hotel rooms, 4 different categories

Room facilities: bathroom, tv, balcony or terrace, coffee maker or kettle

Spa & Wellness: 4 different saunas, relaxing area, salt room, gym, platform to the lake, big spa terrace by the lake, infrared chairs

Restaurants: 1 restaurant, 1 lobby bar, 1 panorama restaurant terrace in summer

Activities: frisbee golf, padel, beaches, bicycling, skiing

Packages: travel packages with breakfast, spa and dinner can be arranged

Note: family run business, the hotel and its services is mostly made for adults, pets are allowed, free parking available for guests

Other facilities and services: rental of bicycles

Accessibility: preferably reachable by customer's own car; Helsinki airport (135 km), Lahti train station (30 km)

Contact

Scandic Lahti City
Group and conference sales
Kauppakatu 10, 15140 Lahti
sales.tampere@scandichotels.com
www.scandichotels.com/en/hotels/scandic-lahti-city

Contact

Hotel Kumpeli Spa
Miina Lerkkanen
Muonamiehenkatu 3, 18100 Heinola
hotelli@kumpeli.fi
www.kumpeli.fi



Messilä

Messilä is the largest ski resort in Southern Finland located only 15 minutes from Lahti city centre. Messilä offers fun for the whole family, with 10 slopes, a park and playground for freestyle skiers. Messilä has a variety of accommodation options, three restaurants, a ski rental and maintenance shop and the LHS Ski School.

Messilä Ski Resort

During winter season, November- April, Messilä offers downhill skiing and freestyle skiing and snowboarding, cross-country skiing, sledding, and the services of LHS Ski School.

The highest point of Messilä's slopes is over 200 m above sea level, and is located right next to Tiirismaa, which is the highest point of southern Finland. Messilä Ski Resort has 10 slopes, ranging in difficulty between easy and intermediate. 2 parks for freestylers, difficulty intermediate. Skiers of all levels can find something to enjoy at Messilä. Every kid's favorite Pikkukylä, where younger skiers can safely practice the basics of downhill skiing and use the convenient carpet lift. Pikkukylä also offers sledding for the whole family and Pikkuparkki, where beginner freestyles can practice safely.

Messilä Ski Resort is located very close to the crosscountry ski routes of Lahti city region, which are some of the best in Finland. Guests at Messilä Ski Resort can easily enjoy the variety and unique landscapes of the crosscountry routes as well.

Accommodation at Messilä

Hotel Messilä offers modern hotel rooms, picturesque, renovated rooms in old store cottages and traditional log cottages, for guests at Messilä Ski Resort year-round. Hotel Messilä's accommodation is located either in the historical Messilä manor yard circle, in the heart of the Messilä Ski Resort, or conveniently next to the slopes in log cottages in the holiday village.

DETAILS

USPs: Hotel Messilä is located in the beautiful, historical Messilä Manor lands and offers convenient and comfortable accommodation for guests who enjoy the services of Messilä Ski Resort. All accommodation options at Hotel Messilä are located close by to the services and slopes of Messilä Ski Resort.

Founded: 1993, owner-run company

Season: Hotel Messilä offers accommodation year-round. Messilä Ski Resort's operating season is between November and April. The exact dates are dependent on the weather conditions in Finland. During off-season/ summer season, May-October Messilä offers several outdoor activity options, such as mountain biking, golf, and fishing tours.

Language: English

Number & type of accommodation: 1 x 1 person room, 24 x 2

person hotel- and old store rooms, 10 x 3 person old store rooms, 3 x 4 person old store rooms, 1 x 5 person room, 1 x 6 person room, 12 log cottages, 5 old store cottages, Ylöstalo a stand alone farmhouse 10 guests.

Accommodation facilities: All accommodation have bathrooms and TVs, as well as bed linen and towels included. Old Store Cottages have a small kitchenette and log cottages have a kitchen and sauna. Ylöstalo has a spacious sauna, kitchen and laundry room.

Spa & Wellness: Two saunas and a lounge for guests.

Restaurants: Messilä yard circle has three restaurants. The Manor Restaurant is located in the Messilä Manor building and offers a breathtaking view of the slopes. The manor Restaurant serves breakfast for guests, lunch and dinner. Restaurant Bistro is located close by and offers fast food and snacks to skiers. The Market Restaurant is also in the Messilä yard circle and is primarily used for private events. Cafe Laaso is located at the bottom of the Laaso ski slope. Cafe Laaso serves lighter snacks and warm and cold drinks. On sunny days skiers can enjoy the weather on deck chairs with a drink of their choice.

Service for children: Hotel Messilä offers cots for baby guests.

Note: Pet friendly accommodation options available, free parking offered for guests,

Summer activities: During the summer / off- season Messilä offers outdoor activities, such as mountain biking, bike tours, golf, and fishing tours with our partners.

Winter activities: Downhill skiing and freestyle skiing, cross-country skiing, sledding, and the services of LHS Ski School.

Year-round activities: event-, and conference services

Other facilities and services: Messilä Maaailma Oy is partnered with SkiMac Rental and Service Shop that offers a variety of ski equipment for downhill skiing, snowboarding and cross-country skiing. Messilä is also partnered with Kiteirri Outdoors that offers bike rental services for Messilä's customer and guided bike tours. Guests at Messilä can buy golf tickets to Messilä Golf for a special price. Salpausselkä Pro Fishing offers fishing tours and sightseeing tours at Vesijärvi.

Accessibility: preferably reachable by customer's own car, etc., Helsinki airport (104 km), Lahti train station (9.7 km)

Contact

Messilä Maaailma Oy

Heidi Peltotalo

Messiläntie 308, 15980 Messilä

heidi.peltotalo@messila.fi, messila@messila.fi
messila.fi/en



Pajulahti Sports Institute

Pajulahti, an outstanding sports and leisure oasis is the only Olympic and Paralympic Training Center in Finland. Pajulahti is part of the Sports Institute of Three Campuses.

We offer high-standard education, coaching and training services, meeting and company wellbeing day facilities as well as refreshing experiences in sport and leisure.

For your convenience all accommodation, main services and sport venues are located within walking distance. Park your car for entire stay and enjoy a fresh walk instead.

Accommodation at Pajulahti

Pajulahti offers accommodation for up to 700 persons, including extra beds for children, in comfortable sport standard and well-equipped hotel standard rooms. Room types for all needs: single, double and family rooms.

DETAILS

USPs: People with or without disabilities have equal access to our venues and activities.

Founded: 1929, run by Urheiluoipistosäätiö Foundation and Kisaallio Foundation

Season: year-round

Language: English

Number & type of rooms: 151 Hotel rooms, 69 Sport standard rooms

Room facilities: television, fridge, bed linen, towels; hotel rooms additionally have a microwave, a coffee maker and a kettle

Spa & Wellness: Pajulahti unique lakeside saunas is perfect place to relax, unwind and enjoy the view. There are 4 saunas for 15-30 person. In summer saunas are available for staying customers everyday between 19.30-22 h. Saunas can be booked for private use.

Restaurants: 2 restaurants and cafe, Restaurant Iso-Kukkanen with lake view and the brand new pre-order restaurant Fanni

Service for children: Inside jungle gym, outside park, Adventure park, Lake Pool Pajulahti

Packages: yes, e.g. sporty family holidays or theme holidays. There are various options to spend active, but also relaxing holidays in Pajulahti, for people of all ages.

Note: pets are allowed in designated hotel rooms, parking available

Summer activities: Lake Pool Pajulahti, minigolf, padel, SUP boarding, kayak, canoeing, beachvolley, Adventure Park etc.

Winter activities: cross-country skiing, snowshoeing, ice-swimming, ice skating, indoor curling etc.

Year-round activities: fatbike, tennis, swimming, archery, indoor wall climbing

Other facilities and services: rental of equipment for minigolf, tennis, padel, SUP board, kayak, canoe, beachvolley, fatbike; restaurant and cafe, swimming hall, auditorium, Adventure park, lakeside sauna

Accessibility: easily reachable by public transport, Helsinki airport (114 km), Lahti train station (19 km)

Sustainability: Ekokompassi certificate, Sustainable Travel Finland Label, own sustainability program, Salpausselkä Geopark partner

School camps and excursions

We offer excellent conditions and sport and leisure facilities for organizing successful school camps and excursions. We have the sole status of Olympic and Paralympic training center in Finland.

Pajulahti is located on the clean lake Iso-Kukkanen, surrounded by beautiful nature, just over an hour drive from the capital area and twenty minutes from Lahti city center. Year-round visits are made easy in Pajulahti – special programs for winter and summer!

DETAILS

Season: year-round **Language:** English

Duration: depending on the customers' wishes

Participants: depending on the customers' group size

Services included: depending on the package, equipment, overnight stay, guide and meals are included

Optional services: different kinds of activities and special meals

Company kick-off

Pajulahti offers meeting facilities, recreational sporty events and occupational well-being. All our services are located in breathtaking surroundings by the lake of Iso-Kukkanen. Our restaurant serves healthy and local delicacies for our guests.

Start your day at our lakeside meeting room and pick your favorite activities to build up teamwork. Relax and have a great time with your team and let us take care of your comfort.

With our sales person you can create a package for your interests.

DETAILS

Season: year-round **Language:** English

Duration: depending on the customers' wishes

Participants: depending on the customers' group size

Services included: depending on the package, equipment, overnight stay, guide and meals are included

Optional services: different kinds of activities and special meals

Contact

Pajulahti Sports Institute

Mira Puhlin

Pajulahdentie 167, 15560 Nastola

mira.puhlin@kolmekampusta.fi, sales.pajulahti@kolmekampusta.fi

www.kolmekampusta.fi/en



Vierumäki Sport and Holiday Resort

The Finnish Sports Institute located in Vierumäki was founded in 1927. Today, Vierumäki is Finland's leading training and practice center for athletes and for those who exercise. As the official training center of the Finnish Olympic Committee and in collaboration with Haaga-Helia University of Applied Sciences, we offer vocational training, elite sports coaching, leisure physical activity and well-being courses, as well as accommodation and restaurant services. Serving both consumer and business markets, we specialize in producing world-class professionals, experiences, and services. Our operations emphasize economic profitability, ethical standards, and ecological sustainability. Whether it's an emerging sports professional, an elite athlete, a leisure traveler, or a company - Vierumäki has the facilities and services for everyone.

Hotel Fennada

Hotel Fennada offers a unique, world-class luxury stay on the shores of scenic Lake Valkjärvi. The views of the surrounding natural beauty will soothe travelers and evoke a wave of happiness. The modern, top-notch hotel is centrally located in Vierumäki, right next to a full range of restaurant and fitness services. It features a wide selection of room types (incl. pet rooms) and adaptable space solutions. Breakfast is included in the rate.

DETAILS

USPs: Less than two hours from airport, Vierumäki is a serene forest gem perfect for training, relaxation, or vacation. This destination offers a mix of adventure, community, delicious dining, and soothing sauna sessions. Accommodation varies from modern hotels like Hotel Fennada and Sports hotel Pihkala to nature-close villas and holiday homes. Each caters to your needs with diverse activities and amenities nearby.

Opened: 2019 **Season:** year-round **Language:** English

Number & type of accommodation: Hotel Fennada, Sporthotel Pihkala, Country Club accommodation, Sport accommodations and apartments, Cottage's (lot's of different types), Chalet & resort-rooms

Accommodation at Hotel Fennada: 72 Standard, 18 Superior, 9 Junior suite, 4 Fennada suite, 2 DeLuxe, 1 President suite

Room facilities: vary depending on the room type but usually include air conditioning, drying cabinet, blackout curtains, TV, WiFi, high quality separate beds

Spa & Wellness: a swimming hall with a sauna and recreational pools, two saunas Kaski and Pihka by the lake, two smoke saunas Kammi and Karhunpesä and a sauna at the Country Club.

Restaurants: Restaurant V - à la carte restaurant, Jatkoaike Sport-bar - a sport bar with a terrace, Restaurant Puhti - buffet-restaurant, Cafe Pihkala - snacks, coffee, cakes, soups/ salads, Cafe Greeni - snacks, coffee, soups/ salads, Cafe and Bar Palmu - summer barbeque, drinks, cafe (also in Winter times can be booked for groups), 7 Minute Break Bar - refreshments, café products and savoury snacks (also takeaway) right next to golf court, Smokesaunas - Kammi and Karhunpesä (own menu's, bookings by groups)

Service for children: summer camps, Flowpark, playgrounds, children's menus, lots of guided children's active hours

Packages: meeting packages, camps, courses, seasonal packages
Note: pets allowed in some rooms, all parking areas are available and free of charge (excl. charging points)

Summer activities: SUP & kayaking, swimming, outdoor padel & tennis, forest yoga, Flowpark, nature trails, paintball, disc golf, golf, beachvolley - over 200 different types of sports in total.

Winter activities: snowshoeing, indoor archery, skiing, ice-skating, indoor tennis, padel, badminton, pickleball, bubble football

Year-round activities: guided lessons (TRX, different trainings, Vierumäki yoga, games), two gyms, fitness test station, swimming hall, icehall, biking, curling, floorball, football, gymnastics, ice-hockey, water-training, figure skating, crosstraining

Rental: bikes (e-fatbike, trek-bikes, Jopo), frisbee, tennis-padel-squash-badminton racket's, lots of different balls, ocs-skates and skis, snowshoes (normal & sliding), SUP & kayaks, maps, nordic walking poles

Other facilities and services: week program for FIT, massages, fitness test station, swimming hall/ spa, conference/meeting rooms, accommodation, education

Accessibility: preferably reachable by customer's own car etc, but also easily reachable by public transport, Helsinki airport (126 km), Lahti train station (31 km)

Sustainability: Sustainable Travel Finland Label, Salpausselkä Geopark partner

Curling

Curling is one of the most popular games chosen by companies and groups in Vierumäki. It is an interesting team game played on ice, suitable for all fitness levels.

DETAILS

Season: year-round **Language:** English **Duration:** 60 or 90 min.

Participants: 5-40 pax, minimum age 15 years

Services included: equipment, guide

Guided mountainbike trip

Explore Vierumäki's forests on a mountain bike with a guide. The route takes you on a tour round the Institute's different trails, allowing you to test your physical fitness, balance and courage in a way normal cycling doesn't. We have two types of bikes to choose from: electrically assisted e-fatbikes or mountain bikes.

DETAILS

Season: year-round **Language:** English **Duration:** 45 or 90 min.

Participants: 1-15 pax, minimum age 10 years

Services included: bikes, helmets, guide

Contact

Vierumäki Sport and Holiday Resort

Teemu Sillanpää

Pihkalantie 3, Vierumäki

teemu.sillanpaa@vierumaki.fi, myynti@vierumaki.fi

vierumaki.fi/en



Holiday Club Vierumäki

HolidayClub Vierumäki is a dream resort for those who gain well-being and strength from comfort and physical activity. In addition to two golf courses, the new Water Park & Day Spa with seven pools and five saunas, quality dining and meeting services make it perfect for both active and relaxing stays.

Accommodation at Holiday Club Vierumäki

Holiday Club Vierumäki offers 190 air-conditioned, non-smoking hotel rooms of different categories and spacious holiday apartments located near the golf course.

DETAILS

USPs: HolidayClub Vierumäki, surrounded by beautiful Finnish nature, is a dream resort for those who gain well-being and strength from comfort and physical activity. Excellent golf and sport facilities, brand new Water Park and Sauna World. New Robert's Coffee enhances the culinary experience.

Season: year-round **Language:** English

Number & type of accommodation: 190 rooms and 557 beds. Room categories: Standard (Twin), Standard Double Plus, Standard (Accessible), Superior Double, Superior Double Family and Suite. Holiday apartments for max. 6 pax.

Accommodation facilities: All rooms are non-smoking, air-conditioned, and include breakfast and free Wi-Fi. Suites feature a private sauna. Holiday apartments feature saunas and kitchens.

Spa & Wellness: The new Water Park and Sauna World feature seven pools and five unique saunas, including a smoke sauna. The Day Spa offers various wellness treatments for relaxation and recovery.

Restaurants: Holiday Club Vierumäki Hotel is complemented by two restaurants with taste experiences - Hill Grill and Pine Pub. One can easily enjoy great food through out the day starting from breakfast. Robert's Coffee opened in 2025.

Service for children: miniature golf (summer) and bowling

Packages: packages available on request

Note: 31 pet-friendly rooms in Standard Twin and Standard Double Plus categories, lots of parking on the hotel site

Accessibility: preferably reachable by customer's own car; also easily reachable by public transport, Helsinki airport (120 km), Lahti train station (25 km)



Premium Resorts

Premium Villas Vierumäki is located in the middle of Finnish Lakeland only just over an hour away from the airport and Helsinki. The villas are situated in an excellent location in Vierumäki, in the middle of Finland's most versatile well-being and sports services.

Luxurious villa accommodation at Premium Resorts

Our stylish log villas offer luxury for families and groups of friends or workmates by the nature. Decorated in Scandinavian style, the villas with large panoramic windows and outdoor hot tubs guarantee an unforgettable break in the middle of everyday life. In 2025 a brand new luxurious lakeside "Villa 4 seasons" was opened. This large villa with 4 bedrooms can accommodate up to 15 persons.

DETAILS

USPs: Premium Resorts was born out of a desire to bring together Finnish nature, the best domestic expertise and quality-conscious customers. We offer luxurious leisure accommodation in our carefully selected destinations. In our holiday villages, you take care of the well-being of your mind and body.

Founded: 2019, family owned company

Season: year-round

Language: English

Number & type of accommodation: 8 apartments in 5 different villas: 5 luxurious log Villas (Villas Wood, Mocca, Grey, Snow and Villa 4 Seasons) and the large villa Mammutilinna that works great for larger parties and meetings

Villas facilities: excellent high-end brands home appliances: dishwasher, oven, stove, microwave and washing machine. A drying cabinet can be found in the Wood, Mocca and Grey log villas.

Spa & Wellness: all villas have own sauna and outdoor jacuzzi. In Mammutilinna there is a sauna area including indoor jacuzzi

Note: some villas are pets-friendly, each villa with own parking area

Other facilities and services: rental of bikes

Accessibility: preferably reachable by customer's own car. Shuttle transfer can be arranged at additional fee. Vierumäki can also be reached from Helsinki first by train to Lahti and from Lahti by bus to Vierumäki. Helsinki airport (125 km), Lahti train station (30 km)

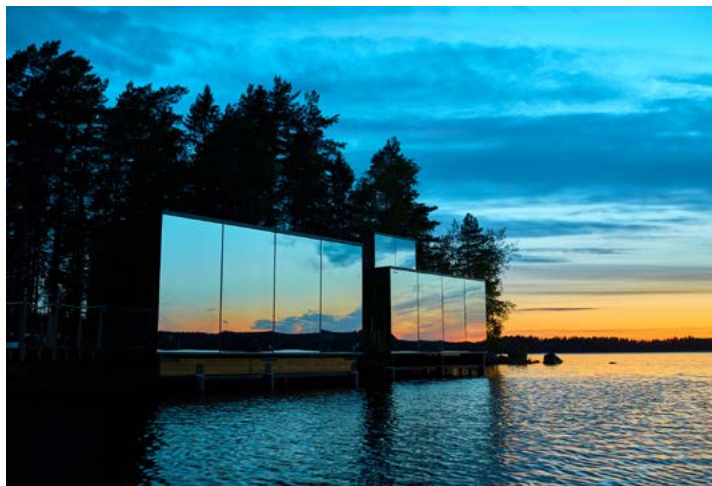
Sustainability: Participant of the Sustainable Travel Finland program

Contact

Holiday Club Vierumäki
Jonna Rothberg-Mikkonen
Urheiluoipistontie 400, 19120 Vierumäki
jonna.rothberg-mikkonen@holidayclub.fi
www.holidayclubresorts.com/en/resorts/vierumaki

Contact

Premium Resorts
Jarno Purtsi
Urheiluoipistontie 445, Heinola (cottages)
Vesijärvenkatu 76, 15140 Lahti (postal address)
info@premiumresorts.fi, premiumresorts.fi/home



Lehmonkärki Resort

A high-quality Lehmonkärki Resort, offers luxury for all the senses. We offer stylish and high-quality meeting and accommodation facilities, a kitchen that offers delicacies made from local ingredients and, above all, individual and first-class service. Clean water, beautiful nature and silence come on top of the deal.

Accommodation: Lehmonkärki Resort, Haasi Mirror Houses; Vellamo Boutique Hotel

There are 15 different cabins and villas in the area, with a wonderful view of Päijänne. Our accommodation villas are located surrounded by beautiful nature. The villas are well equipped to meet the needs of even demanding customers. The modern wood-paneled cottages and villas have high-quality equipment, hotel-level beds, private saunas, outdoor jacuzzis and cozy terrace areas. For couples, who want luxury, we have Haasi Mirror Houses which are built on the lake.

DETAILS

USPs: luxury accommodation in Haasi Mirror Houses on the lake and upscale accommodation villas.

Opened: business was founded in 1967, family business

Season: year-round

Languages: English, German, Swedish

Number & type of accommodation: Villa rental, conference villas, Haasi Mirror Houses, Villa Vellamo Boutique Hotel rooms. Beds for 140 people.

Accommodation facilities: The villas are well equipped to meet the needs of even demanding customers. The modern wood-paneled cottages and villas have high-quality equipment, hotel-level beds, private saunas, outdoor jacuzzis and cozy terrace areas.

Spa & Wellness: Each cottage has its own sauna and almost every cottage has an own outdoor jacuzzi. In addition, The new AISTI Sauna & Spa will feature four unique saunas designed to awaken your senses and take you into deep relaxation. Variety of outdoor pools and outdoor jacuzzis. Lake swimming.

Restaurants: Beach restaurant open year-round (check opening times from the website: lehmonkarkiresort.fi/en/restaurant)

Service for children: playground, billiards, table tennis

Packages: public holidays are packaged separately, e.g. Christmas, New Year's, Easter and summer weeks

Note: pets allowed in 10 cottages, own parking at each cottage, e-charger stations available

Rental: rental of rowing boats, Jet skis, electric mountain bikes, electric fat bikes, SUP-boards, sit-on-top kayaks, voyager canoe, disc-golf discs, electric outboard motor, tennis rackets and balls, fishing equipment, nordic walking poles, snowshoes.

Other facilities and services: Beach restaurant, catering, AISTI



Sauna & Spa, recreational activities (tournaments, games), events on request.

Accessibility: preferably reachable by customer's own car; Helsinki airport (140 km), Lahti train station (40 km)

Sustainability: Green Key Certificate, Sustainable Travel Finland Label, Salpausselkä Geopark partner

AISTI Sauna & Spa

Located on the shores of Lake Päijänne, AISTI Sauna & Spa is a true oasis of relaxation. Four unique saunas and various pools awaken your senses and lead you into deep relaxation. AISTI Sauna & Spa is only for adults (18 +)

DETAILS

Season: year-round **Language:** English **Duration:** 2 h

Participants: 1-60 pax, minimum age 18 years

Starting point & time: Lehmonkärki Reception

Services included: towels and slippers, guide, introducing the premise, helping during the event and keeping the saunas warm

Optional: bathrobes, meals/ sauna snacks/ catering, overnight stay

Sustainability: AISTI Sauna & Spa received an environmental certification.

Electric mountain bike tour

Rental electric mountain bikes to explore the region and nature as a fun activity. Suitable for small groups and for solo bikers. Our route selection has different kind of terrains and length for everyone. One of the most popular destinations for bikers is the magnificent Pulkilanharju ridge, part of the Päijänne National Park and Salpausselkä UNESCO Global Geopark.

DETAILS

Season: summer, spring, autumn, winter

Language: English **Duration:** 3 h

Participants: 1-12 pax, minimum age 12 years

Starting point & time: Lehmonkärki Reception

Services included: helmet, locks, backpack if needed, phone holder, guidance at the reception (how to use bikes and route tips)

Note: self-guided activity **Optional:** guide for a fee

Contact

Lehmonkärki Resort

Jenni Sumanen

Lehmonkärjentie 180, 17320, Asikkala

lehmonkarki@lehmonkarki.fi

lehmonkarkiresort.fi/en



Yli-Kaitala Resort

Yli-Kaitala Resort is an idyllic lakeside retreat with well-equipped cottages: all have own shore, pier, sauna and privacy. Also unique group saunas and private restaurant for hire. Perfect also for family celebrations, company events, fishing vacations and serene get-aways. Embrace nature's beauty and indulge in unforgettable experiences.

Accommodation at Yli-Kaitala

Well-equipped accommodation with internet connection in the middle of beautiful Finnish nature. 11 differently sized cottages which all have a private shore and a sauna.

Extra experience: Iglu-hut for two, on the waves of the Kymi river. Also a mini-hotel Tuuliviiri: four hotel standard double rooms in an old building.

DETAILS

USPs: Beautiful nature and lake, all cottages have their own shore, pier and sauna. We offer privacy and nature experiences. Very good place for fishermen, hikers and bikers.

Founded: 1993, family run business

Season: year-round

Languages: English, German, Swedish

Number & type of accommodation: 11 cottages - possibilities from small to large, from 2 to 12 persons/cottage.

4 hotel standard double rooms in a Mini-Hotel. Plus extra: Iglu-Hut for two persons.

Cottage facilities: Each cottage features a kitchen, toilet, sauna and shower.

Hotel facilities: The hotel rooms are equipped with a mini-kitchen and toilet + shower.

Iglu-Hut facilities: The Iglu-Hut has a mini kitchen, toilet and own sauna available.

Spa & Wellness: All cottages have an own private sauna.

Group saunas for hire: Sammalsauna is a unique sauna in the shape of a hemisphere, where you can enjoy a variety of scents, sounds and light and an outdoor jacuzzi. Kettusauna is a renovated old lakeside sauna only one meter from Lake Kettujärvi. On the terrace beside the sauna there is a hot tub.

Service for children: playground nearby



Restaurants: 1 private restaurant, only on request

Note: pets-friendly accommodation, parking places available

Activities: fishing, cycling (e-fatbikes and normal bikes), canoeing, hiking, church boat rowing, short activity games for groups, cross-country skiing, snowshoe trips, cycling, snowmobile

Other facilities and services: rental of boats, snowmobiles, bikes, snowshoes, canoes, kayaks and SUP-boards; conference, saunas, innovation sauna, hot tub (normal and movable)

Accessibility: preferably reachable by customer's own car, pick up service is offered for additional fee, Helsinki airport (150 km), closest train station (22 km)

Sustainability: participant of the Sustainable Travel Finland program, own sustainability program

Moss-sauna Sammalsauna

Sammalsauna (Moss-sauna) is a unique sauna, where you can enjoy a variety of scents, sounds and light, sing karaoke on sauna benches and sit in an outdoor jacuzzi. The moss sauna offers a unique sauna experience with hundreds of colour changing LED lights creating the atmosphere of your choice. In addition to enjoying the warmth of the sauna you can sing karaoke, choose your own 'sauna fragrance', listen to the music and even watch television.

DETAILS

Season: year-round **Languages:** English, German **Duration:** 3 h

Participants: the sauna accommodates 15-17 people comfortably, children have to be accompanied by adults

Starting point & time: at the reception, time flexible on demand

Services included: towels, shampoos, sauna hats and seat covers, guide, bathing in the Sammalsauna & outdoor Jacuzzi

Optional services: meals, accommodation

Note: in winter time possibility for a dip or a swim in a hole in ice of Lake Kettujärvi

E-fatbike for rent

E-fatbikes with wide tyres are comfortable to drive all year round on the terrain, in the forest and sandy roads. The route can be planned according to customers' wishes. We have many possibilities from a more demanding off-road route to an easier bike trip to find local attractions. Ask our sales for proposals.

DETAILS

Season: year-round **Language:** English

Duration: 2.5-3 h **Participants:** 1-4 pax (adults only)

Starting point & time: Yli-Kaitala, time flexible on demand

Services included: bike rental, helmet, picnic lunch

Optional services: accommodation, sauna

Contact

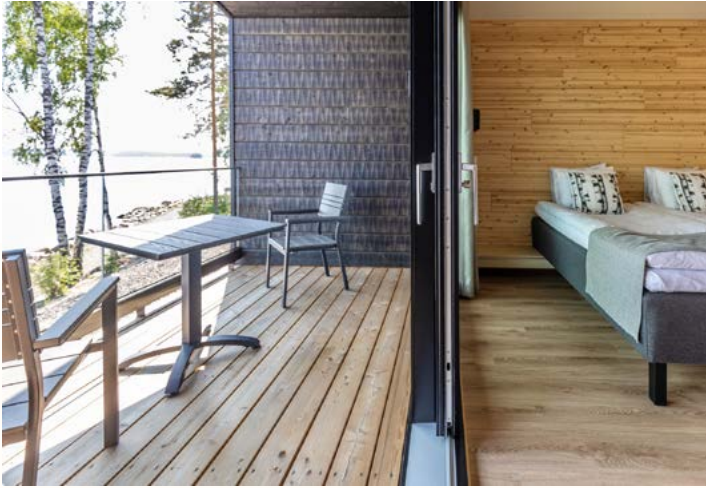
Yli-Kaitala Resort

Virpi Yli-Kaitala

Kaitalantie 323, 47490 Mankala

info@yli-kaitala.com

yli-kaitala.com/en



Radalla Resort

Radalla Resort offers a serene lakeside escape in Iitti, Lakeland Finland. Experience nature, comfort, and authentic Finnish hospitality under two hours from Helsinki. Our restored manor, lakeside cabins, and versatile facilities welcome FITs, groups, and corporate travelers alike. Perfect for all seasons—relax, recharge, and discover Finnish charm.

Accommodation at Radalla Resort

There are three types & standards of accommodation available at Radalla Resort: the standard twin hotel rooms, the superior twin, triple & double manor rooms and the deluxe lakeside suites (cabins). The capacity with 25 hotel & 5 manor rooms and 10 lakeside suites totals 81 persons.

DETAILS

USPs: the serenity of Nordic nature meets easy accessibility, over 1 km shoreline, a privately owned, family-run resort, personal service
Founded: 2019, run by a family-owned company Balladissa Oy

Season: year-round **Language:** English

Number & type of rooms: 25 hotel rooms, 5 manor house rooms, 10 lakeside suites

Room facilities: en suite bathroom with shower, two single beds (90 cm)/ one double bed (160 cm) with (double) spring mattress and bed side tables, flatscreen tv, free WiFi. More details on the website.

Spa & Wellness: Five unique saunas: The new lakefront sauna offers modern facilities and stunning lake views, complete with a spacious 20-person cabinet. A wood-heated sauna paired with a barbecue hut on the shore of Lake Urajärvi, the high-end six-person sauna in the basement of the manor house, the lakeside sauna and for larger gatherings, the floating sauna for up to 30 people.

Restaurants: 1 restaurant on site

Other facilities and services: rental of SUP boards, rowing boat, bikes, padel court, nordic walking sticks, kick sleds, snowshoes, meeting rooms, event planning

Note: some pet friendly hotel rooms and lakeside suites; free parking is available; working on offering packages soon

Accessibility: preferably reachable by customer's own car; Lappeenranta airport (106 km), Helsinki airport (133 km)

Sustainability: participant of the Sustainable Travel Finland program and in the process of obtaining the Ekokompassi (EcoCompass) sustainability certificate



Ilola Inn

Ilola Inn is a boutique hotel that has been renovated to a 140-year-old post office/ guesthouse. We are surrounded by beautiful nature. The hotel is open all year round. Summer cafe and port for 12 boats are open in summer time. Two years in a row, boaters have voted Ilola Inn as the best guest marina of the year 2021 and 2022. In 2025, our port received an honorable mention. Two different saunas and an outdoor infinity pool. We customize family parties and meeting events.

Accommodation at Ilola Inn

Ilola Inn has eight rooms or suites. There are options from double rooms to four-person luxury suites. All our facilities are decorated with style and quality. Your pleasure is crowned by the magnificent setting and views of Lake Päijänne.

DETAILS

USPs: luxury suites, saunas and year-round warm infinity pool.

Founded: 2019, run by the owner

Season: hotel and restaurant are working year round, summer cafe only June-August

Language: English, Estonian

Number & type of rooms: 8 rooms in total: 4 regular rooms, 2 suites and 2 luxury suites. Accommodation for 20 people.

Room facilities: common in all room types: beds are Unikulma™ quality, the bedding is cotton satin and the duvets are down, bathrooms have a rain shower, allergy-friendly, flat-screen tv, hairdryer and iron. Most rooms have a great view of lake Päijänne. The luxury suites have a large private terrace. More details on the website.

Spa & Wellness: modern landscape sauna and traditional wooden sauna. Morning sauna from 8 am to 10 am is included in the room price. At other times rental according to the price list.

Restaurants: 1 restaurant, summer café

Note: pets not allowed, parking places available

Other facilities and services: rental of fat-bikes, saunas, SUP boards and kayaks

Accessibility: preferably reachable by customer's own car; Jyväskylä airport (135 km), Helsinki airport (185 km)

Sustainability: participant of the Sustainable Travel Finland program, Good Travel Seal certification

Contact

Radalla Resort
 Elina Tikkanen
 Uimarintie 1 47400 Kausala
elina.tikkanen@radallaresort.fi, sales@radallaresort.fi
radallaresort.fi/en

Contact

Ilola Inn Oy
 Caris Kamar
 Suopellontie 703, 19700, Sysmä
info@ilolainn.fi
ilolainn.fi



Manor Virtaan Kartano

Manor was built in the late 1790s and is part of the valuable cultural landscape in Sysmä. It is located at the river Tainionvirta. The partly two-storey Virtaa Manor is known for its amazing ceiling paintings. At the moment it is owned by the fifth generation of the same family.

Cottage accommodation at Virtaa Manor

Virtaa Manor offers comfortable cottage accommodation in a beautiful historical milieu.

Väentupa Cottage is located on a beautiful manor house estate. The well-equipped house (80.0 m²) is available for year-round use. Renovated in 2018. Accommodation for 8 persons.

The well-equipped small log cabin Virtavilla is located by the river. Virtavilla was built in 2015 and offers accommodation for 6 persons. Beautiful river landscape, campfire place and a large terrace area. High-quality interior.

The modest but atmospheric cabin Saunamökki is situated by the river. Accommodation for 2 persons. Beautiful river landscape.

DETAILS

USPs: Virtaa Manor is part of the valuable cultural landscape, located nearby lake Päijänne and the river Tainionvirta and surrounded by breathtaking nature. National Park trails are nearby.

Built: in late 1790s, family run business in fifth generation

Season: year-round **Language:** English

Number & type of cottages: three cottages and additionally traditional log sauna

Spa & Wellness: Virtavilla and Saunamökki have sauna with fire-place. Väentupa has sauna and hot tub. Additionally an unique traditional riverside sauna.

Service for children: highchair and travel bed

Note: no pets allowed, parking available

Other facilities and services: rental of SUP boards, bicycles and rowing boats

Accessibility: preferably reachable by customer's own car or public transportation from Helsinki or Lahti by bus, Helsinki airport (176 km), Lahti train station (63 km)

Sustainability: participant of the Sustainable Travel Finland program, Good Travel Seal certification



Tervalepikon Torpat

Tervalepikon Torpat offers accommodation in two log cottages and in a holiday house in South Finland two hours by car from Helsinki. The owners provide outdoor activities and rent equipments in every season of the year, for example cross-country ski.

Cottage accommodation at Tervalepikon Torpat

The cottages offer quality accommodation amidst beautiful and tranquil lakeland scenery. They are only a 10-minutes drive from the shops, and the local activities are within easy to reach. The comfortable log cottages Tainan Tupa and Vesa Villa as well as the smaller Villa Ebba holiday house offer lots of space for families and travellers to stay, relax and enjoy the peaceful countryside. Every cottage has its own yard and is situated without near neighbours.

DETAILS

USPs: location near a lake and are surrounded by woodland, National Park trails Päijätsalo and Kammiovuori are nearby

Opened: 2004, the owner family Blomqvist runs the business

Season: year-round **Language:** English

Number & type of cottages: 3 cottages: Tainan Tupa and Vesan Villa are log houses, Villa Ebba is a holiday house

Cottage facilities: Tainan Tupa and Vesan Villa: 3 bedrooms, living room, two toilets, sauna, chimney, kitchen, facilities; Villa Ebba: one bedroom and kitchen-livingroom, sauna, toilet, facilities

Spa & Wellness: Tainan Tupa and Vesan Villa have sauna with fire-place, Villa Ebba has electricity heated sauna. Additionally, a log sauna on the shore of the lake and a hot tub to rent

Service for children: beds and chairs for children

Note: pets allowed in Vesan Villa and Villa Ebba, parking available, bikefriendly services (welcome cyclist certificate)

Activities: different guided activities e.g. cross-country skiing lessons

Outdoor trails: 8 km trails and 16 km (cross-country) skiing trails

Other facilities and services: rental of kayaks, rowing boats, canoes, bikes (standard, mountainbikes, fatbikes, e-bikes), nordic walking poles, cross-country skis, snowshoes, sliding snowshoes, kick sledge, fishing sets

Accessibility: preferably reachable by customer's own car, Helsinki airport (180 km), Lahti train station (75 km)

Sustainability: Sustainable Travel Finland Label, ECEAT (Finnish Eco-Agro tourism Association), Salpausselkä Geopark partner

Contact

Virtaan Kartano
Tiina Stjernvall
Kymärintie 44, 19700 Sysmä
virtaankartano@gmail.com
www.virtaankartano.fi

Contact

Tervalepikon Torpat
Taina Blomqvist
Leppäkorventie 410, 19700 Sysmä
taina@tervalepikontorpat.fi
www.tervalepikontorpat.fi



EnjoyNature B&B

EnjoyNature B&B is located in the idyllic countryside of Lake Vesijärvi, only 7 min. from Messilä Ski Resort, 110 km from Helsinki airport and 11 km from Lahti. Close by you will find possibilities for fishing, hiking and swimming. Beautiful cycling routes are passing right in front of "EnjoyNature".

Accommodation at EnjoyNature B&B

All rooms have a private toilet and shower. Common areas include a sauna, shared kitchen, laundry facilities, a playroom and lobby areas. The rooms are accessible. We also offer a delicious breakfast.

DETAILS

USPs: Surrounded by peaceful, silent, relaxing, beautiful and clean nature, yet only fifteen minutes from Lahti. Cozy and comfortable accommodation with amenities, private accessible bathrooms. Large covered barbecue area. Leisure for the whole family. Exceptional breakfast.

Founded: 2022, owner run business

Season: year-round **Language:** English, German

Number & type of accommodation: In total 45 rooms of different sizes, from single rooms up to six-bed rooms.

Room facilities: The rooms are nicely decorated with a beautiful view of nature. Each room has blackout curtains, a desk and chair, a private toilet and shower.

Spa & Wellness: Two saunas in the building for guests' use. A small fitness room.

Restaurant: Breakfast is served in our dining room. For group bookings we can also offer full catering on request, please contact us.

Service for children: an Acon trampoline, a sandpit, small bicycles and other play equipment outside; inside there is a playroom for the little ones and for older children, there is a PlayStation 5, a table tennis and a football table for up to 32 players. During summer time there are sheep.

Packages: offered on request according to clients'/ groups' needs

Other facilities and services: rental of basic bikes, room for conferences, training courses and workshops for max. 80 people

Note: for those traveling with pets, there are rooms available, free parking in the courtyard, rooms and facilities are accessible

Accessibility: preferably reachable by customer's own car, Helsinki airport (110 km), Lahti train and bus station (14 km)



Mukkula Manor

Mukkula Manor is located by Lake Vesijärvi just a couple of kilometers from Lahti city centre. Mukkula manor surrounded by beautiful park offers special accommodation in historical milieu.

Our facilities also include a restaurant, lakeside saunas and a beach bar. Meetings can also be held in our three different meeting rooms.

Accommodation at Mukkula Manor

Atmospheric hotel with 15 hotel rooms.

DETAILS

USPs: The nature where you can take long walks. Lake Vesijärvi where you can go for a swim and of course our saunas by the lake. In the mansion you can feel the history in the walls and ask about it. We have a few stories to tell.

Founded: 2021, family run business

Season: year-round

Language: English

Number & type of accommodation: 15 rooms in total: 13 double bedrooms, 2 single bedrooms

Room facilities: bed, bathroom and shower, towels, iron, TV

Spa & Wellness: Our saunas by the lake Vesijärvi have capacity for more than 30 people. There are two separate saunas: Anna for 12 people and William for 20 people. The saunas are located 10 m from the lake and 50 m from the manor.

Restaurants: 1 main restaurant, 1 reception bar, 1 cafe/ bar by the lake

Service for children: a playground and a beach volley for children/ teenagers at our beach

Packages: on request

Other facilities and services: rental of bikes, paddle boards, outside games

Note: very pet-friendly accommodation with 2 pet-friendly rooms, parking places are available

Accessibility: preferably reachable by customer's own car, but also easily reachable by public transport; Helsinki airport (87 km), Lahti train station (4.4 km)

Contact

EnjoyNature B&B

Minna Kuikka

Ehtootie 26 16730 Hollola

minna.kuikka@enjoynature.fi, reservation@enjoynature.fi

enjoynature.fi/en

Contact

Mukkula Manor

Ritaniemenkatu 10, 15240 Lahti

visit@mukkulankartano.fi

vanajanlinna.fi/en/mukkulankartano



Hotel Tallukka

Hotel Tallukka is located in Vääksy, between two of Finland's most beautiful lakes, Lake Vesijärvi and Lake Päijänne. The tranquility of nature is tangible around Tallukka. There are a number of interesting places to visit within walking distance. The opportunities for outdoor activities and sports are almost unlimited.

Accommodation at Hotel Tallukka

Hotel Tallukka offers 101 comfortable rooms in the middle of the most beautiful Finnish nature. There are many room types to choose from: a standard single room, a standard twin room, a family room and a superior twin.

DETAILS

USPs: Beautiful location by the Old Vääksy Village, Vääksy canal area and the Lakes Päijänne and Vesijärvi.

Founded: 1970, owner run business

Season: year-round

Language: English

Number & type of accommodation: 101 hotel rooms in total, different types available: standard single room, standard twin room, family room and superior twin room

Room facilities: an en-suite bathroom, a balcony or patio, kettle, fridge and a TV

Spa & Wellness: 2 traditional saunas, 2 private saunas for rent, Jacuzzi, swimming pool, gym, salt room, 2 infrared saunas

Restaurants: 1 restaurant, 1 lobby bar, dancing restaurant with bar

Service for children: children play area in the lobby

Packages: travel packages with breakfast

Other facilities and services: rental of bicycle, kick sled, or Nordic walking poles; traditional saunas, swimming pool, Jacuzzi, gym, small wellness center, conference/ meeting rooms

Note: free parking available for hotel guests

Accessibility: preferably reachable by customer's own car, but also easily reachable by public transport; Helsinki airport (125 km), Lahti train station (25 km)



Iso-Naappila

Cosy and well-equipped rental cottages near Lake Päijänne only an 0.5 hour drive north of Lahti city and 1.5 hours from Helsinki. We offer you traditional Finnish holiday atmosphere near all good services.

Accommodation at Iso-Naappila

Iso-Naappila rents 4 cottages which can accommodate between 2 and 18 persons. The cosy and well-equipped cottages are located near Lake Päijänne and all are surrounded by nature.

DETAILS

USPs: Our cottages have easily accessible location, surrounded by nature and services near. Customer will experience the truly Finnish holiday cottage!

Founded: 1991, family-run business

Season: year-round (summer and winter main seasons)

Language: English

Number & type of accommodation: 4 different cottages: Beach 2 (for 5-8 pax), Beach 3 (for 8 pax), Main House (for 10-18 pax), Paapuuri (for 4-6 pax)

Cottage facilities: All cottages are very well equipped. Beach has 2 bedrooms, 1 summer granary and 3 spare beds; Beach 3 offers 3 bedrooms, the Main House is equipped with 6 bedrooms and 2 spare beds, Paapuuri offers 2 bedrooms and 2 spare beds

Spa & Wellness: sauna in every cottage (Beach 2: wooden sauna, Beach 3: wooden and electric sauna, Main House: wooden and electric sauna, Paapuuri: wooden sauna)

Service for children: potty, baby travel cot, high chair

Other facilities and services: Rental of a motor for a boat and a motorboat for fishing. Other equipment can be rented via partners.

Note: dogs allowed only in Paapuuri and in Main House's additional accommodation, parking places are available

Accessibility: preferably reachable by customer's own car, Helsinki airport (120 km), Lahti train station (30 km)

Sustainability: Green Key Certificate, Sustainable Travel Finland Label

Contact

Hotel Tallukka
Vilena Suikkanen
Tallukantie 1, 17200 Vääksy
vilena.suikkanen@tallukka.fi, myynti@tallukka.fi
www.tallukka.fi/en

Contact

Iso-Naappilan Loma Ky
Katja Riihilahti
Salonsaarentie 486, 17200 Vääksy
info@naappila.com
naappila.fi/en/home-2



Heinäsaari Resort

Heinäsaari Resort is surrounded by clean and clear water of Lake Ruotsalainen. This privately owned, small resort offers cottages, camping, RV pitches and four saunas for travelers in a picturesque atmosphere only less than 2 hours from Helsinki area. In summer time it is wonderful to swim and in winter time there is the possibility to experience dipping in icy water.

Cottage and cabin accommodation at Heinäsaari Resort

Heinäsaari Resort has six year-round cottages and 11 traditional summer cabins. Five cottages have a small kitchen and a toilet and they are suitable for maximum 4 persons. One of the cottages is a little bit bigger and it has an open kitchen, a living room sofa area and a shower.

The summer cabins are small traditional old fashioned cabins and they are available from beginning of May until late autumn.

DETAILS

USPs: location on an island surrounded by crystal clear water, private sauna rental at the shore of the island

Opened: Heinäsaari Resort has over 60 years of operation. New owners are operating since January 2022.

Season: year-round, but some cabins in summer only

Language: English

Number & type of accommodation: 6 year-round cottages (5 x 23-27 m², 1 x 42 m²) 11 summer cabins, 55 caravan/rv-pitches

Cottage facilities: all equipped with open kitchen with fridge, stove, oven, coffee maker, water kettle, toilet and TV, small terrace with table and grill. The 5 smaller cottages have a bedroom with 2 separate beds and a bunkbed or 1 double bed+sofabed, the bigger cottage has a bedroom with 4 separate beds and livingroom with sofas and a shower.

Spa & Wellness: 4 saunas located on the shore of Lake Ruotsalainen

Restaurants: one café-restaurant Heikku

Service for children: games, minigolf

Note: pets allowed (for a charge), parking available in front of the cottages and additionally at the reception and café

Other facilities and services: rental of rowing boats, bikes, snowshoes, SUP boards, kayak, sauna

Accessibility: preferably reachable by customer's own car; also easily reachable by public transport, Helsinki airport (133 km), Lahti train station (35 km), bus station (1.5 km)

Sustainability: Sustainable Travel Finland Label, Green Key certificate



Lomakivi Horsefarm Hostel

The horsefarm Lomakivi is situated on the countryside between Kouvola and Lahti cities nearby motorsport circuit KymiRing (12 km) and Iitti Golf Course (50 m).

Lomakivi offers accommodation in holiday houses, horse mindfulness and forest riding services, bed and breakfast for groups.

The services of Lomakivi are suitable for families, groups, individual travelers, nature lovers, horse relaxers, motor sport enthusiasts.

Accommodation at Lomakivi

Lomakivi horsefarm has cozy log houses and hostel rooms for 30 persons.

DETAILS

USPs: unique log houses, Finnish way of living, many activities for all family members nearby

Founded: 2005, family run business

Season: year-round **Language:** English

Number & type of accommodation: 4 cottages or 14 renting rooms

Room facilities: full kitchen facilities, washing machine, dryer, living room, two bathrooms/house, satellite-tv, bedlinen, final cleaning service

Spa & Wellness: sauna inside 3 cottages

Restaurants: one countryside restaurant to preorder e.g. breakfast and dinner

Service for children: baby travel cot, baby chair and ponies. Nearby (500m) is safe local beach with all common beach facilities (the municipality of Iitti cares for it)

Note: pets are allowed for a charge, free parking available

Activities: year-round horse activities e.g. horse hiking, horse watching and horse back riding

Other facilities and services: rental bikes and many diverse forest trails nearby, the golf course neighbour (50m)

Accessibility: preferably reachable by customer's own car, Helsinki airport (140 km), Kausala train station and bus stop (5 km)

Sustainability: certified hostel awarded with the HI Quality & Sustainability (HI-Q&S) certificate, Sustainable Travel Finland Label

Contact

Heinäsaari Resort
Elina Hynninen
Heinäsaarentie 101, 18100 Heinola
elina@visitheinasaari.fi
www.visitheinasaari.fi/en

Contact

Lomakivi Horsefarm Hostel
Virpi Kivinen
Lomakiventie 4, 47400 Kausala
info@lomakivi.fi
www.lomakivi.fi/en

A C T I V I T I E S





HouseBoat

Houseboats at Heinola (Päijänne)

Unique comfortable houseboats (floating houses) on the lake with wood-fired saunas and fully equipped as city cottage. A great opportunity to enjoy the Finnish Lake District in comfort. You are in control of your own journey. Clean water, fresh air and untouched nature. No boating license required.

DETAILS

USPs: Comfort, nature, safety and freedom of movement. A unique opportunity to relax in the bosom of nature on your own comfortable Houseboat. You can visit the National Park, farms with local products, see rock paintings and the Birthplace of Finland.

Opened: 2013, owner run business

Season: From May till end of October it is possible to travel around the lake. In winter, it is possible to stay in the port (without moving on water) with a wood-fired sauna and swimming in open icy water.

Language: English

Number & type of accommodation: 11 Houseboats from 2 up to 8 people accommodation

Accommodation facilities: Fully equipped kitchen, gas grill, shower, toilet, wi-fi, and wood-fired sauna on every houseboat.

Spa & Wellness: 11 saunas

Restaurants: Along the individual sailing routes there are several cafés and restaurants where you can make a stop.

Packages: We offer a wide range of packages and special offers to suit the needs of our guests.

Note: Accommodation with pets by additional agreement. Additional fee for hypoallergenic cleaning. We have own private parking with electric cars charger

Other facilities and services: kayaks, bicycles, SUPs and motorboats are available for rent

Accessibility: easily reachable by public transport, airport/ train station pick up service is offered at additional fee, Helsinki airport (130 km), Lahti train station (35 km)



Travellamo

Travellamo is specialized in Traditional Finnish Sauna Treatment services. Travellamo's Traditional Sauna Experiences are authentic, hospitable, safe, inclusive, sustainable and professional.

DETAILS

Founded: 2008, owner run business

Season: We operate all year around, main focus is on summer season. The sauna experiences are facilitated at the location, where customers are having their accommodation, whether it is a lake side cottage or resort.

Language: English

Year-round activities: Finnish sauna experiences

Sustainability: participant of the Sustainable Travel Finland program

Traditional Finnish sauna treatments

Finnish Sauna traditions date back thousands of years. Sauna is a natural place for overall wellness and revival. Traditional Sauna Treatments present the rich Finnish Folklore and Finnish Folk Healing combined with recent knowledge of health benefits of Sauna bathing. The program includes stories of old traditions and performance of traditional sauna spells, guidance to the usage of sauna whisks and skin care with natural treatments and how to wash oneself with sauna whisks and soap.

DETAILS

Season: May-September **Language:** English **Duration:** 2 h

Participants: 2-10 pax (mostly depending on the capacity of the sauna facilities), minimum age 18 years, but also treatment for small children with their families is possible

Starting point & time: at the sauna of the customer's place of accommodation in Lahti Region, time upon request after 16.30 h

Services included: guide (professional sauna folk healer), sauna vihta (whisk), soap, natural shampoo and conditioner, a traditional woolly sauna hat (to use during the session if the guests wish)

Optional services: rent of the sauna facilities, heating and cleaning of the sauna

Contact

HouseBoat
Igor Pepelyaev
Hevossaarentie 6, 18100 Heinola (HouseBoat harbour)
igor@ipg.fi
www.houseboat.fi

Contact

Travellamo
Maaria Alén
Rentukankatu 8, 15240 Lahti
maaria@travellamo.fi
www.travellamo.fi



Salpausselkä Pro Fishing

We offer guided fishing tours and accommodation in Salpausselkä area. Activities and relaxation in Lakeland Finland.

DETAILS

Founded: 2022, owner run business

Season: year-round

Language: English

Summer activities: guided fishing trips and boat cruising in lake nature, jig fishing

Winter activities: ice fishing

Rental: Fishing equipment is included in fishing tour prices.

Note: four accommodation partners for packages: Ilola Inn, Iso-Naappila, Virtaan Kartano and Yli-Kaitala Resort

Sustainability: We are Salpausselkä Geopark partner company and follow sustainable principles.

Jig fishing by boat up to 4 persons

Jig fishing with a modern, high end electrical equipped fishing boat. Available also for larger groups, up to 25 person.

DETAILS

Season: 01.05.-30.10.

Language: English

Duration: 4 h

Participants: 1-4 pax, larger groups (max. 25 pax) also possible, no age limit

Starting point & time: the boat can be moved to almost any lake, time negotiable

Services included: fishing guide, a fishing boat with fuel and the necessary fishing equipment, as well as life jacket

Optional services: by agreement, lunch break by an island campfire/ lunch package, transfer



Jig fishing for groups up to 8 persons

Guided jig fishing tour with a modern electrical equipped fishing raft. Flat floor ensures unobstructed wheelchair access. Available also for larger groups, up to 25 person.

DETAILS

Season: 01.05.-30.10.

Language: English

Duration: 4 h

Participants: 1-8 pax, larger groups (max. 25 pax) also possible, no age limit

Starting point & time: lake Vesijärvi, Niemi harbour (Kipparinkuja 1, Lahti), time negotiable

Services included: fishing guide, a fishing boat with fuel and the necessary fishing equipment, as well as life jacket

Optional services: by agreement, lunch break by an island campfire/ lunch package

Lake trip

See Lahti silhouette from lake Vesijärvi. Compact cruise for up to 8 persons. Available also for larger groups, up to 25 person.

DETAILS

Season: 01.05.-30.10.

Language: English

Duration: 3 h

Participants: 1-8 pax, larger groups (max. 25 pax) also possible

Starting point & time: at any harbour at lake Vesijärvi, time negotiable

Services included: guide, life vest

Optional services: campfire meal on an island can be arranged on request



Contact

Salpausselkä Pro Fishing

Janne Suhonen

info@profishing.fi

www.profishing.fi/en



Jounin Kalakeikka Fishing Tours

Jounin Kalakeikka arranges fishing tours in Lahti Region. We took hundreds of happy fisherman on unforgettable fishing tours.

DETAILS

Founded: 2019, owner run business

Season: year-round

Language: English

Summer activities: fishing and boating trips

Sustainability: We are Salpausselkä Geopark partner company and follow sustainable principles.

Half day OR Full day fishing tour on lake Vesijärvi

Half day (3-4 hours) or full day (6-8 hours) fishing tour on lake Vesijärvi in Lahti. Fishing style is jigging. You don't need previous fishing experience. We can arrange the fishing license for you. Available also for larger groups, up to 25 person (or even more). Reservations for larger groups at least two weeks in advance. Our fishing vessel are fishing boats and fishing ferries.

DETAILS

Season: May-October

Language: English

Duration: 3-4 h (half day) or 6-8 h (full day)

Participants: 1-40 pax

Starting point & time: Vesijärvi, Niemi harbour (Kipparinkuja 1, Lahti), time negotiable

Services included: professional fishing guide, all fishing equipment and lifejackets, soft drinks

Optional services: small campfire picnic lunch on the island (incl. coffee/ tea and salmon sandwiches), fishing license for the day



Fishing tour

Full day (6-8 hours) fishing tour on lake Vesijärvi in Lahti. Fishing style is jigging. You don't need previous fishing experience. We also can arrange a fishing license for you. We also can take a larger group (up to 25 persons or even more) for a fishing tour. Reservations for larger groups at least two weeks in advance. Our fishing vessels are fishing boats and fishing ferries. Welcome to fishing with us and enjoy beautiful and pure Finnish nature!

DETAILS

Season: May-October

Language: English

Duration: 6-8 h

Participants: 1-40 pax

Starting point & time: Vesijärvi, Niemi harbour (Kipparinkuja 1, Lahti), time negotiable

Services included: professional fishing guide, all fishing equipment and lifejackets, soft drinks

Optional services: small campfire picnic lunch on the island (incl. coffee or tea and salmon sandwiches), fishing license for the fishing day.

Boat tour on lake Vesijärvi in Lahti

Welcome to our boat tour on lake Vesijärvi in Lahti. We are boating around on the lake and enjoy beautiful Finnish nature and magnificent views. We can make a stop on the island and prepare lunch at a campfire.

DETAILS

Season: May-October

Language: English

Duration: flexible, according to the customer's wish

Participants: 1-25 pax

Starting point & time: Vesijärvi, Niemi harbour (Kipparinkuja 1, Lahti), time negotiable

Services included: guide

Optional services: small campfire picnic lunch on the island (incl. coffee or tea and salmon sandwiches)

Contact

Jounin Kalakeikka
Jouni Niiranen
jouni@kalakeikka.com
www.proffishing.fi/en



Päijänne Cruises Hilden

Päijänne-risteilyt Hilden runs cruises on Lake Päijänne since 1963. Boat Trips and Fun Cruises on Lake Päijänne Area. Cruises from Lahti, Heinola, Jyväskylä. Also Charter Cruises for groups of 10-175 passengers. All boats have restaurant services.

DETAILS

Founded: 1963, family run business

Season: May to September

Language: English

Summer activities: scheduled boat trips and pleasure cruises, charter cruises

Sustainability: own sustainability program

Lunch cruise from Lahti to Vääksy Canal

Relaxing summer cruise with family or friends on Lake Vesijärvi and beautiful Vääksy Canal.

DETAILS

Season: June-August

Language: English

Duration: 4 h

Participants: 1-175 pax

Starting point & time: Lahti Passenger Harbour; address: Satamakatu 5, Lahti (nearby the Sibelius Hall) at 13 h

Services included: 4-h-cruise, the boat captain is guiding the scenery and stories on the way

Optional services: Finnish lunch buffet

Note: restaurant and bar are open during the cruise



Summer evening cruise from Lahti

Summer Evening Cruise from Lahti on Lake Vesijärvi and to the beautiful Vääksy Canal including dinner buffet on board.

DETAILS

Season: June-August

Language: English

Duration: 4 h

Participants: 1-175 pax

Starting point & time: Lahti Passenger Harbour; address: Satamakatu 5, Lahti (nearby the Sibelius Hall) at 18:30 h

Services included: 4-h-cruise, dinner buffet, the captain is guiding on the boat during the cruise

Note: restaurant and bar are open during the cruise

Two canal route Lahti-Heinola-Lahti

A fascinating all day cruise route on southern Lake Päijänne: two canals and three different lakes.

DETAILS

Season: June-August

Language: English

Duration: 10 h

Participants: 1-175 pax

Starting point & time: Lahti Passenger Harbour; address: Satamakatu 5, Lahti (nearby the Sibelius Hall) at 9 h

Services included: 10-h-cruise, Finnish lunch buffet, the captain is guiding on the boat during the cruise

Note: restaurant and bar are open during the cruise



Contact

Päijänne-risteilyt Hilden Oy - Päijänne Cruises Hilden
Eija Hilden

Pellonpääntie 23 A, 40820 Haapaniemi (Jyväskylä)

info@paijanne-risteilythilden.fi

www.paijanne-risteilythilden.fi/en



Best Lake Nature Adventures

Nature trips, activities and nature education in Lahti region since 2016. We take customers to forests, lakes and mires all year round safely and sustainably. We offer activities mainly for small groups. Nature education for school camps and students.

DETAILS

Founded: 2016, owner-run company

Season: year-round

Language: English

Summer activities: wild food trips, hiking, kayaking

Winter activities: snowshoe walking, ice fishing

Year-round activities: forest walks, forest mindfulness

Other services: nature education and school camp programs

Rental: snowshoes

Note: no own accommodation but cooperation with several local accommodation companies

Sustainability: Sustainable Travel Finland Label, Salpausselkä Geopark Partner, Green Activities certificate

Lake kayaking trip

Enjoy lake nature with this relaxing kayak trip. Depending on the weather your guide will choose the best route for the day. You will get safety instructions and short technique lesson before the trip. We have a break with nice view to lake. After snacks and relaxing we continue our paddling. For this kayaking trip you need slight kayaking experience and you have to be able to swim.

DETAILS

Season: June-September

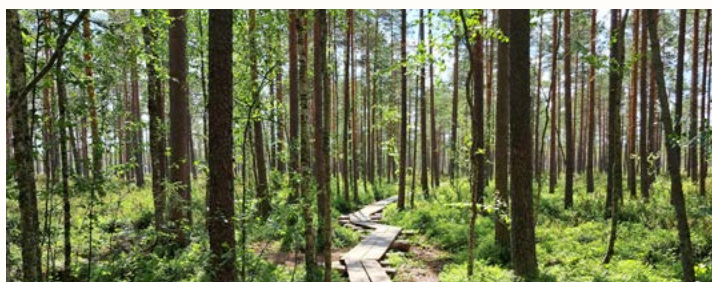
Language: English

Duration: 2 h

Participants: 2-6 pax, minimum age 12 years

Starting point & time: Pajulahti sports institute at a chosen time

Services included: all kayaking equipment, snack, guide



Wild food foraging: herbs, berries and mushroom

We walk through forest and pick seasonal wild herbs, berries and mushrooms. Your guide will tell you about these healthy plants and traditions to use them. You will also taste some delicacies made of berries and herbs when we have a break by a small beautiful lake. This product is suitable also for families with small children.

DETAILS

Season: June-September

Language: English

Duration: 3 h

Participants: 2-10 pax, minimum age 5 years

Starting point & time: Pajulahdentie 167, 15580 Nastola (also possible to arrange other places close to customers accommodation), time flexible on request

Services included: basket for picking, snacks and tastes, guide

Note: Suitable shoes and clothes for forest walks recommended

Heart of the swamp

We start our trip from the gate of the local recycling centre. From recycling centre we walk about 1.5 km to Linnaisten suo, one of the largest nature reservation areas in Lahti. There is a wooden path through the swamp. Spruce trees and pine forest are surrounding the swamp area and there are living many birds in these forests. In the middle of the swamp, you will feel like in the real wilderness.

DETAILS

Season: year-round

Language: English

Duration: 2.5 h

Participants: 2-10 pax (bigger groups on demand), minimum age 5 years

Starting point & time: Recycling centre, Sapelikatku 7, 15160 Lahti time flexible on demand

Services included: drink and snack, guide

Note: bus stop only 300 m from starting point

Contact

Best Lake Nature Adventures

Annukka Linninen

Pensuontie 65, 15540 Villähde

info@bestlakenature.com

www.bestlakenature.com



Nature Escape

Nature Escape offers unforgettable experiences in the nature for all kinds of groups both kids and adults. Our activities are offered in many different locations and we can even move them to the spot that fits best for you.

DETAILS

Founded: 2018, owner-run business

Season: year-round

Language: English

Summer activities: human foosball, sense trail, week program for FIT

Year-round activities: nature escape game, lake floating

Nature Escape Game

Nature Escape Game is an escape game in the beautiful Finnish nature. The goal is solving different tasks during the game as a team.

To move ahead in the game you need to use your cleverness and logical understanding but most important is cooperation with your team. The game includes light physical activities like walking.

With bigger groups it's possible that teams are competing against each other and see who are the fastest ones to reach the goal!

DETAILS

Season: year-round

Language: English

Duration: total 90 min., game time max. 60 min.

Participants: 2-10 pax/ game, possibility to arrange multiple games simultaneously for up to 100 pax, the recommended age is 10 years

Starting point & time: multiple locations for example Vierumäki and Pajulahti, time is flexible but recommended during the day, but it is also possible during the dark time with headlamps

Services included: game instructor

Optional services: food, sauna, accommodation etc. with our partners



Lake floating

Lake floating is a relaxing experience in the middle of wonderful nature. While floating, you can relax and enjoy the feeling of weightlessness as you are kept above the surface by a flotation suit but also have fun with the whole group while making some funny figures together. Nature floating is a great activity for team building and recreational days, bachelor parties and family gatherings.

DETAILS

Season: year-round

Language: English

Duration: 75 min., of which 45 min. is floating

Participants: 5-10 pax at the same time. Bigger groups are also possible. No age limit but the minimum height is 150 cm.

Starting point & time: multiple locations possible, e.g. Vierumäki, Pajulahti and Lehmonkärki

Services included: guide, floating suit and other needed equipment

Optional services: It is also possible to book meals, saunas etc. through us with extra cost.

Sense trail

Sense trail is the newest nature experience by Nature Escape. The main idea of this activity is to relax in the nature, co-operate with your team and use your senses when walking in the forest and doing some tasks with your team.

During the sense trail you can for example feel the nature with your feet, walk blind with the help of your hands and listen the sounds of nature.

DETAILS

Season: from April to October

Language: English

Duration: 60-90 min.

Participants: Sense trail is meant for the groups between 2-10 participants but can be also arranged for bigger groups by dividing to smaller groups; age limit is 10 years

Starting point & time: many locations possible, starting time is flexible

Services included: guide, neoprene sack to use during the activity

Optional services: It is also possible to book meals, saunas and accommodation through us with extra cost.

Contact

Nature Escape

Milla Palvanen

Koulutuskeskuksentie 2, 19120 Vierumäki

info@naturescape.fi

www.naturescape.fi



Kitetirri Outdoors

Outdoor activities in a unique way. Lessons, rentals and guided trekking tours. We also offer a wide program for team building activities. We are located directly in Salpausselkä UNESCO Global Geopark. Our gear consists from high quality gravel bikes, e-mountainbikes, e-fatbikes, snowkites and snowshoes.

DETAILS

Founded: 2003, owner-run company **Languages:** English, German
Season: year-round, but availability varies according to the activity
Summer activities: e-biking, gravel biking tours, „bike like a local and pup up lunch“

Winter activities: snowshow walking, snowkite

Year-round activities: e-fatbiking, e-mountainbike tours at Salpausselkä UNESCO Global Geopark

Rental: e-fatbikes, e-mountainbikes, gravel bikes, snowkites, wings, snowshoes

Other services: team building with mixed sports, sauna.

Sustainability: participant of the Sustainable Travel Finland program, Salpausselkä Geopark partner

Full suspension e-mountainbike rental Lahti - Salpausselkä

Cube's with full suspension and 2,6" wide tires are suitable especially for trails and touring. They are equipped with a big 625w battery and you can reach up to 120 km without loading. Tires are good for trails on a forest and for paved road tours. Bikes are equipped with lights in dark season.

DETAILS

Season: 01.04.-30.11.

Languages: English, German

Duration: from 3 h to a full day

Participants: 1-14 pax, minimum age 18, kids with adults 12 years

Starting point & time: Kiteirri Outdoors between 10-18 h

Services included: e-mtbs with full suspension, helmets and goggles, instruction and driving practice for e-mtb's

Optional services: guided tour led by an experienced guide

Note: some e-mtb knowledge required

Contact

Kitetirri Outdoors

Pekka Tirkkonen

Hämeenlinnantie 59, 15800 Lahti

kiteirri@gmail.com

www.kiteirri.fi



Jump up

Jump up is a high quality safari company offering snowmobile safaris. During winter season, we offer snowmobile safaris, sport equipment and other experience services in Lahti.

DETAILS

Founded: 1993, owner-run company

Season: year-round

Language: English, several other languages on request

Summer activities: quality horseback riding in a private area

Winter activities: snowmobile driving, snowshoe trips

Year-round activities: horseback riding

Rental: winter clothing for adults, snowshoes

Note: private fireplace for grilling places; no own accommodation but accomodation partner: Messilä Maailma Oy and Hotel Seura-huone in Lahti

Sustainability: own sustainability program

Snowmobile driving

Driving snowmobiles on roads and fields in a private area.

DETAILS

Season: end of December-end of March

Language: English

Duration: max. 2 h

Participants: 2-5 pax, minimum age 18 years

Starting point & time: at Messilä at a flexible time

Services included: guided tour

Optional services: equipment, safari snacks and transportation

Contact

Jump up Oy

Jyrki Helminen

Messiläntie 318, 15860 Messilä

jumpupoy@gmail.com

messila.fi/en



Riding School Okeroinen Stables

We are a small quality certified riding school in Lahti, only 10 minutes from the city center. We offer a variety of lessons, trail rides, stable visits and horsecare sessions with Original Finnhorses in a beautiful nature of Päijät-Häme.

DETAILS

USPs: beautiful view **Founded:** 2007, owner run business

Season: year-round **Language:** English

Note: pets not allowed, parking places available. People with disabilities are also welcome to ride. Accommodation options to be found at B&B Merja Palomäki just next to the stables.

Activities: year-round riding lessons, stable visits, horsecare sessions, in summer also trail riding

Other facilities and services: rental of a helmet, no-shout device and earpeace

Accessibility: preferably reachable by customer's own car, but also easily reachable by public transport, pick up service is also offered for a fee, Helsinki airport (approx. 100 km), Lahti train station (5.6 km)

Sustainability: We are a LaatuTalli (Quality Stable) audited by the Finnish Equestrian Association

Private beginner riding lessons

Riding lessons for beginners. Half of the lesson we practice grooming and tacking up the horse and the other half we'll be focusing on the basics of riding.

DETAILS

Season: year-round **Language:** English **Duration:** 1 h

Participants: 1-3 pax, minimum age 10 years

Starting point & time: Riding school Okeroinen Stables at a flexible time **Services included:** riding helmet, riding instructor

Note: comfortable clothing according to the weather required.

Needed are gloves, riding pants, boots with a little heel (no flat-bottomed shoes) and a cap or a scarf to put under the helmet

Optional: transportation can be arranged for extra cost

Trail riding lesson

We have experienced horses for riding outside on trails, fields, forests and roads in a private area. For this lesson you should already know how to tack up a horse and be able to handle horses in different speeds and gaits.



DETAILS

Season: year-round if the weather allows **Language:** English

Duration: 1 h **Participants:** 1-6 pax, minimum age 12 years

Starting point & time: Riding school Okeroinen Stables at a flexible time **Services included:** riding helmet, riding instructor

Note: comfortable clothing according to the weather required. Needed are gloves, riding pants, boots with a little heel (no flat-bottomed shoes) and a cap or a scarf to put under the helmet

Optional: transportation can be arranged for extra cost

Dressage lesson

A riding lesson focused on improving the riders seat, aids and contact with the horse. The lessons can have different themes and are always personalized for the rider and their riding skill.

DETAILS

Season: year-round **Language:** English **Duration:** 1 h

Participants: 1-6 pax, minimum age 12 years

Starting point & time: Riding school Okeroinen Stables at a flexible time

Services included: riding helmet, riding instructor

Note: comfortable clothing according to the weather required.

Needed are gloves, riding pants, boots with a little heel (no flat-bottomed shoes) and a cap or a scarf to put under the helmet.

Optional: transportation can be arranged for extra cost

Daytrip from Helsinki to Päijät-Häme region

Escape to the Finnish countryside.

- Relaxing train ride: Enjoy the train ride from Helsinki to Lahti.
- Warm welcome: Upon arrival, our friendly staff will meet you.
- Original Finnhorses: Choose to participate in caring for the horses or embark on a guided horseback riding experience tailored to your skill level.
- Delicious Finnish feast: Savor a mouthwatering Finnish lunch.
- Thrilling safari: Unleash your inner explorer through breathtaking natural trails.
- Seamless return: After an unforgettable day, we'll ensure your smooth return.

DETAILS

Season: year-round **Language:** English **Duration:** 6-8 h

Participants: groups with 4 pax only, minimum age 10 years (18 years for driving) **Starting point & time:** Lahti railway station, before noon, upon agreement

Services included: guide, transfer in Lahti (railway station, Stable Okeroinen-Messilä-railway station), snacks, helmets, program as described

Note: local train ticket not included (train from Helsinki to Lahti takes about 1 h), summertime safari is by ATVs and wintertime by snowmobiles

Optional: winter equipment for snowmobiles

Contact

Riding School Okeroinen Stables

Suzanni Bebek

Kunnantie 129, 15820 Lahti

okeroistentalli@gmail.com

www.okeroistentalli.fi/en



Jokimaan Paroni

Sustainability is our passion and key value. We design all our tours respecting local culture and nature. A local guide is a broad-minded expert whose tours Sustainable Lahti and Architectural tours are the most popular tours. Most of our tours can be designed to be accessible. LGBTQ+ -friendly operator.

DETAILS

Founded: 2005, family-owned business

Season: year-round

Languages: English

Year-round activities: guided walking and bus tours

Other services: educational travel for college and university students concentrating on sustainability and circular economy, expert speaker for professional groups

Sustainability: Sustainable Travel Finland Label, Salpausselkä UNESCO Global Geopark Partner, Good Travel Seal Silver level certification.

Architecture in Lahti Region

The local guide introduces architects Eliel Saarinen and Alvar Aalto's design and the wooden Sibelius Hall together with a connection to Finnish nature and stories about the Wood Architecture Park.

On a longer tour, the architectural layers of a hundred years can be found. The old industrial past of the city is intertwined with the present and future Lahti. Explore the Sports Centre with its hundred-year tradition of winter games and pristine nature.

DETAILS

Season: year-round

Language: English

Duration: 2-4 hours

Participants: min. 2 pax

Starting point & time: on request of the customers

Services included: guide services

Note: An accessible walking tour and bus with wheelchair access is possible to arrange when informed in advance.

Salpausselkä UNESCO Global Geopark

During the walking tour, you will enjoy the silence, pure air and pristine nature. There are several starting points.

On the bus tour, you will see the nature around the Salpausselkä Geopark. Enjoy the stories about how the ice age has molded the area and how people have settled here. Option to drive to Pulk-



kilanharju esker and see Finland's 2nd biggest lake with awesome views.

DETAILS

Season: year-round

Language: English

Duration: 1-8 h

Participants: min. 2 pax

Starting point & time: on the request of the customers

Services included: guide services

Note: An accessible walking tour and bus with wheelchair access is possible to arrange when informed in advance.

Sustainable Lahti

The city and its citizens have learned to appreciate the surrounding nature and Lake Vesijärvi. Lahti is a circular economy hub.

On this guided tour you will find out, what the city of Lahti together its citizens did to achieve the European Green Capital 2021 Award and what is the legacy of that year.

Optional: Visit Salpakierto Ltd, which has taken bold and innovative steps to promote recycling and the circular economy achieving a 99% utilization rate of municipal waste.

DETAILS

Season: year-round

Languages: English

Duration: variable

Participants: variable

Starting point & time: on the request of the customers

Services included: guide services

Note: Lahti is a city of bold environmental actions. The nature conservation work regarding Lake Vesijärvi has been ongoing for decades, bringing with it unique environmental expertise to the city

Contact

Jokimaan Paroni

Päivi Oksanen

Patosillankatu 3, 15700 Lahti

paivi.oksanen@gmail.com

www.jokimaanparoni.fi



Ainoa Winery

Wines from the forest

We make internationally recognized, award winning wines from Finnish berries and other high quality ingredients from the forest. We strive to capture the essence of the berries, and the spirit of the land where they grew in every bottle.

DETAILS

Founded: 2014, owner run business

Season: Ainoa Winery is open year round. Outside the summer high season most visitors book reservations before coming. We cater to both leisure and MICE, although our maximum capacity limits us to small group sizes of a single bus or less.

Languages: English, Spanish

Year-round activities: tour, tasting, shopping, special events, terrace

Other services: terrace open in summer, wine tasting with or without accompanying food tastes

Sustainability: Most of our wines are made from wild berries, which offer significant sustainability advantages over wines made from farmed grapes.

Wine tasting

Get to know our award-winning wines in a tasting. Options for wine-only, wine and cheese or wine and chocolate. A tour of our production facility can be added to any tasting to learn how our unique fruit wines are produced.

DETAILS

Season: year-round

Language: English, Spanish

Duration: typically 1.5 to 2 h

Participants: 1 to 25 pax at a time, groups of 10 or more require reservations in advance. Minimum age 18 years

Starting point & time: at the Winery, during regular opening hours or as agreed upon in advance

Services included: tasting of wine-only, wine and cheese or wine and chocolate as agreed in advance



Shopping

Buy internationally awarded wines directly from the producer. In Finland this experience is only available at Ainoa Winery. In addition to our products, we have a small selection of other high-quality locally produced products.

Gift packaging and wrapping suitable for travel is available.

DETAILS

Season: year-round

Language: English, Spanish

Duration: no set duration

Participants: limit of 25 people in our shop at once, minimum age 18 years

Starting point & time: at the Winery, any time during regular open hours, or by appointment

Special Event, meeting venue

Special events and venues for meetings can be arranged.

Events offered could include wine & cake tastings, cocktails classes, wine & paint classes, wine yoga or others. Inquire for specifics. Events must be booked well in advance to ensure availability.

DETAILS

Season: year-round

Language: English, Spanish

Duration: variable depending on the event

Participants: 10-25 pax, minimum age 18 years

Starting point & time: at the Winery, time as arranged

Services included: as agreed upon in advanced



Contact

Ainoa Winery
Paola Guerrero de Cohen
Rekolanpolku 65, 15700 Lahti
paola@ainoawinery.com
ainoawinery.com



Teerenpeli

Teerenpeli Group is a restaurant, brewing and distilling company and covers also franchising business. It was found in 1994 as a family company owned by Anssi and Marianne Pyysing. The main office and management are located in Lahti where the business was first established.

DETAILS

Founded: 1994, family run business

Season: year-round **Language:** English

Year-round activities: tastings, guided brewery & distillery tours

Note: week program for FIT available

Sustainability: Participant of Sustainable Travel Finland program. We have reduced our carbon footprint with our own wood pellet power plant since 2015 and use the closest possible ingredients in our production. Most of the malted barley we use has grown within 150 km from the distillery since the beginning in 2002. Teerenpeli Brewery & Distillery had a carbon footprint calculation project at the end of 2021. The results revealed the carbon footprint of our products. These results work as a guideline for us to work all the time with more sustainable way.

Teerenpeli Brewery & Distillery guided tour and tasting

Welcome to visit Teerenpeli Brewery & Distillery's guided tours and tastings at the Visitor Center and shop at the Brewery Shop in Lahti!

At the guided tours you will get to know about the history of Teerenpeli company and have a walk inside the brewery and distillery. You will learn how the brewery and distillery products are made and after the tour it is possible to participate to a guided distillery tasting to deepen your understanding of our award-winning products.

DETAILS

Season: year-round **Language:** English

Duration: 1 h 45 min.

Participants: 6-40 pax, minimum age 18

Starting point & time: Teerenpeli Brewery & Distillery (Liima-jankatu 5, 15520 Lahti)

Services included: guide, distillery tasting



Travelnina

Travelnina provides different program services and activities related to nature and well-being in Lahti Region.

DETAILS

Founded: 2021, family run business **Season:** year-round

Language: English **Year-round activities:** nature tours by walking (year-round) and by boat (in summer), Salpausselkä Geopark tours, guided tours by walking, bus and boat in Lahti, Asikkala, Padasjoki and Hollola area, home visits (baking and preparing meals)

Other services: rental of big comfortable bedroom with private balcony **Sustainability:** We recycle domestic waste and advice customers in domestic waste recycling during the visit.

Baking traditional Finnish „Pulla“ at a cosy home visit

During this visit, you have a unique opportunity to learn about everyday life in Finland: its nature, culture and food! Besides the family members, you will also be greeted by a friendly dog Nipsu and a cuddly loafer cat Tikru!

You will learn to bake traditional "pulla" in three ways: traditional ones with cinnamon, butter hearted and ones with blueberries! After baking, it is time to enjoy your "pulla" with cold milk or with cup of coffee or tea!

DETAILS

Season: year-round **Language:** English **Duration:** 2-2.5 h

Participants: 4-10 pax **Starting point:** our home in Lahti

Services included: apron, pulla baked during the program, milk, coffee, tea

Optional program: "Prepare Finnish meal with the family"

Restful guided nature tour close to Lahti city center

The tour takes you along a quiet 1.5 km nature trail that follows the shore of Lake Vesijärvi in Salpausselkä Geopark area. During the tour you will hear about the surrounding nature and enjoy picnic lunch by the lake.

DETAILS

Season: May-September **Language:** English **Duration:** 2-2.5 h

Participants: 4-10 pax, minimum age 5 years

Starting point: Lahti Market Square **Difficulty:** moderate

Services included: transfer from Lahti Market Square by local bus to one of the suburbs in the city and back to Lahti Market Square, guide, picnic lunch

Contact

Travelnina Ky
Nina Lehtovirta
Havukatu 14, 15950 Lahti
ninaj.lehtovirta@gmail.com
www.nina-lehtovirta-travelnina.com

Contact

Teerenpeli Group
Jussi Oinas
Rautatienkatu 13 B 7, 15110 Lahti
sales@teerenpeli.com, office@teerenpeli.com
www.teerenpeli.com



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Inga Guide

Certified guide and biologist offering year-round tours in nature, culture, and circular economy. Expert in nature-based wellbeing, accessibility, and sustainability. Clear, warm, and professional hosting in the Salpausselkä UNESCO Global Geopark.

DETAILS

Founded: 2021, owner-run company

Season: year-round, both for the leisure and the MICE market

Languages: English

Summer activities: herbal walks, Nature Fitness sessions

Winter activities: snowy wellbeing walks, Health Forest and Eco-Training practices

Year-round activities: tailored walking, bus, hybrid and online tours; nature & culture experiences; wellbeing walks; geopark; accessible and sustainable programs

Other services: week program for FIT, accommodation services can be arranged via partners, visitor consulting, educational and technical tours, itinerary design, traveller support, coordination with local partners. Collaboration for transfers, meals, and rentals.

Sustainability: participant of the Sustainable Travel Finland program, Salpausselkä Geopark Partner and Guide, Key Flag Symbol holder, Member of the Federation of Finnish Tourist Guide Associations

Nature Wellbeing Walk – Health Forest & Geopark

Take a break from the rush and reconnect with nature through Health Forest (Terveysmetsä) and EcoTraining methods. Choose an accessible art path at Likolampi pond or a deeper forest hike in the Kintterö nature reserve. Calm movement, mindful exercises and shared reflection support wellbeing for all senses.

DETAILS

Season: year-round **Language:** English

Duration: 1-3 h **Participants:** 1-30 pax

Starting point & time: Likolampi pond, parking area, Keskussairaalankatu 7, Lahti (accessible by bike, bus or car), time can be arranged upon request



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Services included: magnifiers or other sensory tools, printed or digital guides, pre-tour consultation, customised itinerary, smartphone photography package, personal guide

Optional: Extensions: Longer tours to Pirunpesä, Messilä, Tiirismaa, Hollola. Optional workshops: herbs, journaling, sketching, photography. Add-ons: accommodation, transfers, meals, rentals.

Nature Fitness Walk – Ice Age Trails at Lahti Sports Centre

Discover Lahti's outdoor spirit shaped by the Ice Age. This energising geopark walk follows the scenic Salpausselkä ridges with optional visits to the ski jumping tower and interactive Ski Museum. Enjoy light Nature Fitness on historical terrain and optionally unwind by the fire with local coffee and grilled sausage. A perfect blend of movement, heritage, and nature for active travellers, teams, and curious minds.

DETAILS

Season: year-round **Language:** English

Duration: 1-3 h **Participants:** 1-30 pax, (more is OK too)

Starting point & time: Lahti Sports Centre parking area, Salpausselänkatu 8, Lahti (accessible by bike, bus or car), time can be arranged upon request, personal guide

Services included: printed or digital guides, pre-tour consultation, customised itinerary, smartphone photography package.

Optional: Twilight-blue moment version, campfire, drinks and snacks, Ski Museum visit (simulators, guided tour), coffee or lunch at a restaurant, transfers, rentals.

Nordic Art Walk – Lanu Park & Wood Architecture at Lahti Harbour

Explore the harmony of nature and Finnish environmental art on this gentle walk from Lanu Park's hidden forest sculptures to the lakeside cafés of Lahti Harbour. Discover stories of artist Olavi Lanu and visit the Wood Architecture Park. Optional stop at Sibelius Hall or Pro Puu artisan gallery. Ideal for creative minds, culture lovers, and conference guests.

DETAILS

Season: year-round **Language:** English

Duration: 1-3 h **Participants:** 1-30 pax (max. 50)

Starting point & time: Sibelius Hall parking area, Ankkurikatu 7, Lahti (accessible by bike, bus or car), time can be arranged upon request

Services included: guide, pre-tour consultation, customised itinerary, smartphone photography package, personal guide

Optional: Sunset version, guided tour of Sibelius Hall, visit to Pro Puu Center - a wood design gallery and artisan shop. Coffee break or lunch in Lahti harbour. Rentals, accommodation, transfers.

Contact

INGA GUIDE

Inga Blomqvist

Sippolankatu 9 F 61, 15800 Lahti

inga.guide@gmail.com

ingaguide.com

E D U C A T I O N A L





Educational Travel and Technical Visits

Lahti region is an ideal destination for school camps and educational travel. Two Olympic training centres in the region Vierumäki (p. 15) and Pajulahti (p. 14) are located at beautiful Salpausselkä UNESCO Global Geopark sites. Both resorts offer interesting natural learning environment, well trained professional instructors, a large variety of indoor and outdoor activities and excellent variety of accommodation from high standard hotel rooms to larger spaces suitable for school groups. Both centres can design weekly programs which contain accommodation, activities full board meals specially designed for the needs of children. For instance following elements can be included to the programs of the school camps in the Lahti region.

Finnish School Day

The Finnish School Day program is organised in one of the Lahti region schools, which provides teaching according to the national core curriculum for grades 1–9. Some schools provide teaching for all grades, others only for grades 1–6, for instance. The aim is to organise the Finnish School Day program so that the visitors and the Finnish schoolchildren are as close in age as possible.

In the Finnish School Day program, the group learns more about the everyday life and learning environment of Finnish schoolchildren. Diverse learning packages are created together with the Finnish class hosting the visitors, offering both parties the opportunity to learn more about, for instance, the geography, nature, culture, music, society, customs and language of their respective countries. The Finnish education principle of “learning by doing” is emphasised: everyone can participate in the program and English skills do not play a key role in the activities. Physical education, music, handicrafts or home economics may also be part of the day's program.

DETAILS

Season: During the school year (excluding two weeks in August at the beginning and in May at the end of semester and general holidays).

Duration: 4–5 h

Participants: 5–20 pax (groups of more than 20 people will always be divided into two groups, max. 40 people)

Services included: tailored guided program

Optional services: school lunch in the canteen not included, but can be purchased separately

Sustainability-recycling program

In this program the participants learn how to recycle waste and understand that the waste is valuable new material. The program includes a short lesson and introduction to recycling and a recycling memory card game inside/ outside. The group learns about the importance and terms of recycling via both classical methods and physical activity in positive environment.

The recycling program can be united with one or two additional modules:

- a) guided tour to a modern recycling centre in Kujala. During the visit the participants see in practice how the waste is recycled and taken into secondary use
- b) guided tour to one of the Salpausselkä UNESCO Global Geopark sites.

DETAILS

Season: all year round

Duration: basic module: 1.5 hours, united with one additional module 3 hours; with two modules 5 hours

Participants: max 20 pax (bigger groups possible up to 40 persons but need a second guide)

Services included: guided program

Note: Transfer not included. Transfer needed if united to one of the modules. The program is operated by the companies Best Lake Nature Adventures (p. 29) and Inga Guide (p. 36).

Cook like a Finn

The Finnish food is famous for being healthy, sustainably produced and very natural. Seasonal availability of different ingredients makes the Finnish kitchen very special and local. The ingredients are often picked and taken from a nearby forest. In summer and autumn the arctic wild berries such as bilberries, lingonberries, raspberries and others are distinctively featured in the Finnish cui-

Contact

Visit Lahti

Arto Asikainen, Head of Production and Sales

Salpausselänkatu, 15110 Lahti

Tel. +358 40 579 4387

arto.asikainen@lahtiregion.fi

www.visitlahti.fi

www.visitlakelandfinland.com



sine with their strong flavor and high nutrient content. Different mushrooms are also very commonly used. During this program the participants will get an introduction to the natural ingredients in the Finnish kitchen and learn how to make a typical simple and delicious Finnish blueberry pie (mustikkapiirakka).

DETAILS

Season: all year round

Duration: 2-2.5 hours

Participants: max 20 pax, minimum age 7 years

Starting point: Yli-Marola City Farm in Lahti

Services included: cooking class with instructor, all ingredients

Finnish Early Childhood Education/ Finnish School for Professionals

Programs destined to the professionals of the education sector.

In the program, teaching professionals get an overview of the Finnish early childhood education / school system and the national core curriculum and teaching methods and also get to see the learning environment, observe differences in teacher-student communications, and can have a Finnish school meal (at additional charge).

DETAILS

Season: early childhood education: all year round

Finnish comprehensive school: During school year August-May

Duration: 1.5-2 hours

Participants: 5-20 pax

Technical Visits in the Lahti Region

Lahti was nominated as the European Green Capital in 2021 and has prominent expertise in environmental solutions, clean tech and sustainability. Visit Lahti organizes expert meetings and site visits which cover the following themes: waste and water management, recycling, education, sport, meetings with the city administration and business co-ordinators. Additionally you can also inquire about company visits or expert speeches in other fields.

DETAILS

Season: all year round

Duration: 1-2 h

Participants: up to 40 pax

Services included: tailored expert speech or site inspection with an expert



Note: technical visit and expert speech must requested preferably at least one month before intended visit

Salpausselkä Geopark Nature Game

Interactive outdoor program with educational elements: biology, geography, geology, history and culture. Tasks are solved in small groups and each task consists of knowledge and doing. The program consist of 6 different learning tasks about Salpausselkä Geopark nature, history and culture.

DETAILS

Season: all year round

Duration: 3 h

Participants: 5-20 pax (bigger groups up to 40 possible, but will require 2 instructors)

Starting point: can be executed in various places in the Lahti region, minimum age 8-15 years

Services included: guided program and all learning material

Note: Seasonal outdoor clothing needed. The program is operated by Best Lake Nature Adventures (p. 29).

Code school

Code school Finland workshops and camps are designed to spark creativity, build up essential digital skills, and inspire entrepreneurial thinking. Expert instructors and project-based learning activities will help students to gain the skills they need to be successful in the digital world of the 21st century.

- AI Design Workshop (half day), age 7+
- Creative Coding workshop (one day), age 10+
- Camps can be organized for instance in Vierumäki or Pajulahti

DETAILS

Season: all year round

Duration: between half day and one day

Participants: from 10 pax

Services included: Instructor and learning program.

Note: Rental of a class room is not included.

Additional information: www.codeschool.fi

T R A N S F E R





Lakkapää Charter

We are a young charter company. Our offices are located in Lahti and Rovaniemi. During the winter, we also operate in the Fell Lapland area.

Together with our partners, we are able to arrange a comprehensive travel package taking into account the customer's needs and requirements.

Game trips, theater trips, class trips and even slightly longer trips are organized through us.

Even for large groups, the Charter runs are handled through us with high-quality and clean equipment. Our drivers are professional and customer service minded.

Charter coach services

High level charter service. We do have vehicles of various sizes for small and large groups.

Our high-quality charter vehicles and professional drivers at your disposal. Our fleet includes well-equipped coaches of different sizes: 8-seater minivan, 16-seater minibuses, tourist buses with 50 seats, tourist buses with 58-62 seats, we also provide buses for disabled guests.

In our coaches, standard equipment is USB plugs and WiFi.

DETAILS

Area of operation: Helsinki - Lahti - Rovaniemi - Levi

Season: year-round

Language: English

Capacity: Coaches from 8-seater mini van up to 62-seater charter coach

Services: WiFi



Reissu Ruoti

Reissu Ruoti is a trusted Finnish group travel company with over 60 years of experience. We offer high-quality, customized coach services across Finland and Europe - from sports teams to corporate groups, always with comfort, reliability, and personal service at the core.

Charter coach services

Tailored coaches for every journey - from short city transfers to multi-day European tours. From tailored charters across Finland and Europe to guided Helsinki sightseeing tours and seamless event shuttles - we deliver premium group transport, exactly how and where you need it. Whether you're a small VIP group or a large sports team, our modern fleet, expert drivers, and personalized service ensure safe, comfortable, and seamless travel every time.

DETAILS

Founded: 1957, a family-owned Finnish motor coach business

Area of operation: we offer services nationwide

Routes: From Helsinki to Lapland, or Berlin to the Baltics - we go wherever your group needs to be. Routes are always customized.

Season: year-round

Language: English

Capacity: From 5 to 65 seats - flexible capacity for any group size

Services: Charter service, free Wi-Fi, USB and power outlets, air conditioning, onboard lavatories, real-time GPS tracking, luggage trailers, catering on request, and multilingual drivers.

Meals & Catering: Onboard catering available on request - including breakfast, snacks, coffee, and refreshments. Restaurant stops and group meals can be arranged as part of the itinerary

Optional services: Accommodation booking, ferry connections, professional tour guides, and luggage trailers - all available via our trusted partners. Just ask when booking.

Sustainability: Global Passenger Network (GPN) - certified member ensuring high standards in safety, service, and environmental responsibility. We use renewable Diesel in our Euro 6 buses and run a fleet of electric buses in our local traffic teams.

Contact

Lakkapää Charter

Kristiina Vedenpää, kristiina.vedenpaa@lakkapaamatkat.fi

Nina Lakkapää, nina.lakkapaa@liikennelakkapaa.fi

Kyläkunnantie 33, 15700 Lahti

www.lakkapaamatkat.fi

Contact

Bus Travel Oy Reissu Ruoti

Sasa Arhar

Kaasukatu 4, 15520 Lahti

sasa.arhar@reissuruoti.fi, asiakaspalvelu@reissuruoti.fi

www.reissuruoti.fi/en



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