



### Lahti - 1 hour from Helsinki

The Lahti Region is located at the intersection of Finland's major north-south and east-west thoroughfares. The airport and capital city region are just an hour away from Lahti by car, bus or train.





STOCKHOLM LONDON WARSAW PARIS SHANGHAI NEW YORK

1 H

3 H 10 MIN

1 H 40 MIN

3 H 5 MIN

12 H 25 MIN

8 H 45 MIN

Travel times to Lahti by train



HELSINKI AIRPORT HELSINKI CITY TAMPERE CITY 54 MIN57 MIN1 H 52 MIN

Travel times to Helsinki



TALLINN STOCKHOLM 2 H 17 H



## Salpausselkä UNESCO Global Geopark

A landscape created by water.

Salpausselkä is the best-known geological entity of Finland.
Salpausselkä Geopark area is known for instance for its lakes and magnificient eskers: e.g. Pulkkilanharju esker, the most scenic road in Finland, lakes and kettle ponds. One of the most famous geosites of Salpausselkä Geopark is the Sport Centre of Lahti.







# Perfect venue for summer nature adventures (May-Sept)

#### **Lake cruises**

Lunch cruise on Lake Vesijärvi, canal cruise to the picturesque Vääksy Canal with dinner or nature excursion to the 8 km long Kelvenne island known for its lagoon-like sandy beaches.

#### **Water activities**

Kayaking, fishing, Stand Up Paddling, bikecrafting

#### **House Boat**

Combination of cottage holiday, lake cruise and touring in one package. Unique concept of Lakeland adventure

#### **Activities in forest**

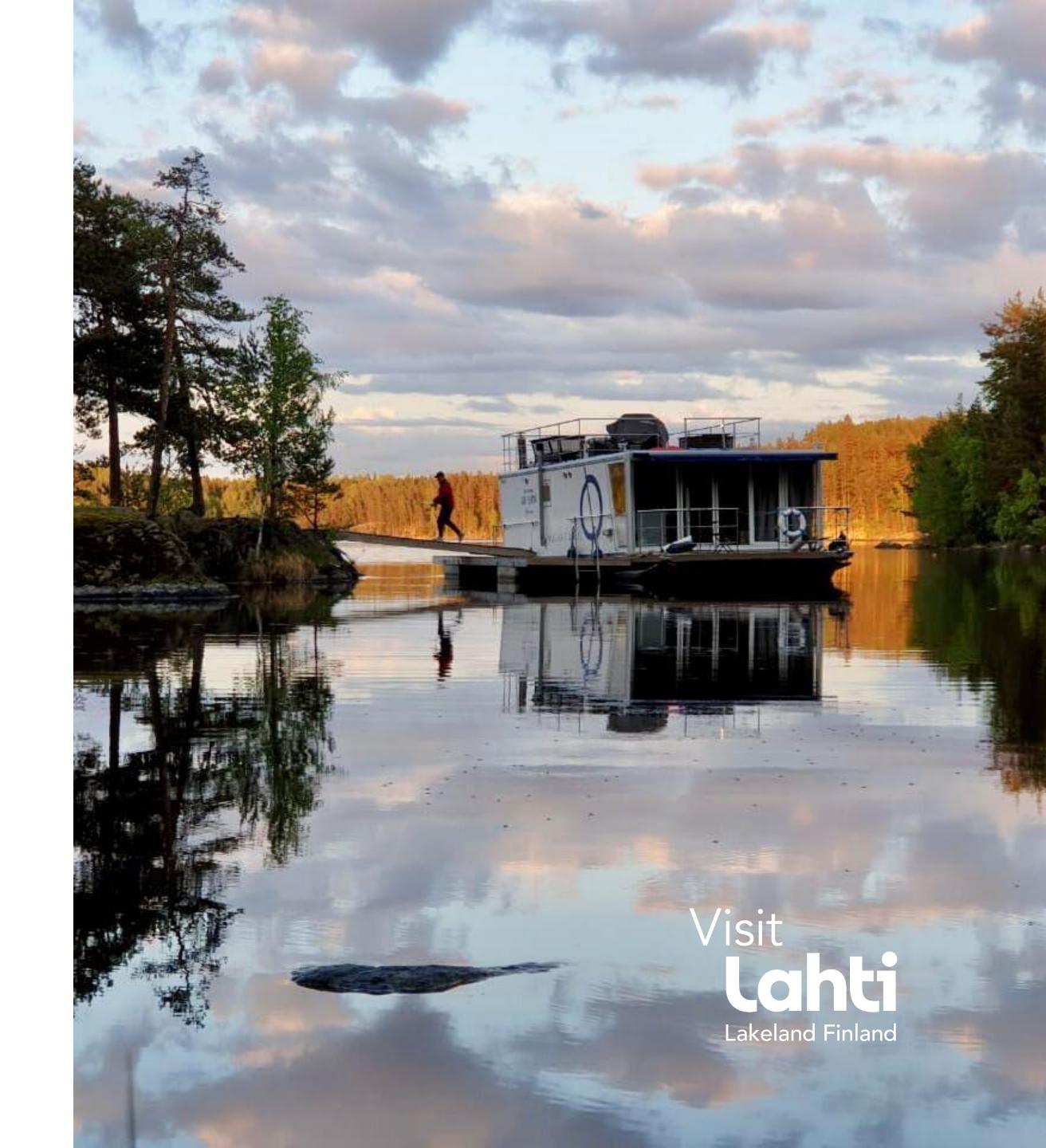
Easy hiking with scenic geosites (Linnaistensuo mire, Sport Centre of Lahti & Häränsilmä kettle pond, Pirunpesä/Devil's Nest rock formation. Or longer hiking routes.

#### Biking

Gravel, mountain biking and road cycling

#### "Nokipannukahvit" coffee break at lean-to

A guided nature excursion and traditional Finnish way of enjoying a coffee break by open fire in the nature. Berry picking, mushroom picking, wild herbs





### Salpausselkä UNESCO Global Geopark as Cycling Destination

The distinctive landscape shaped by the meltwater at the end of the Ice Age makes you climb up ridges and descend to the shores of the lake, cycling along winding forest trails and rolling countryside roads.

#### Routes with gpx

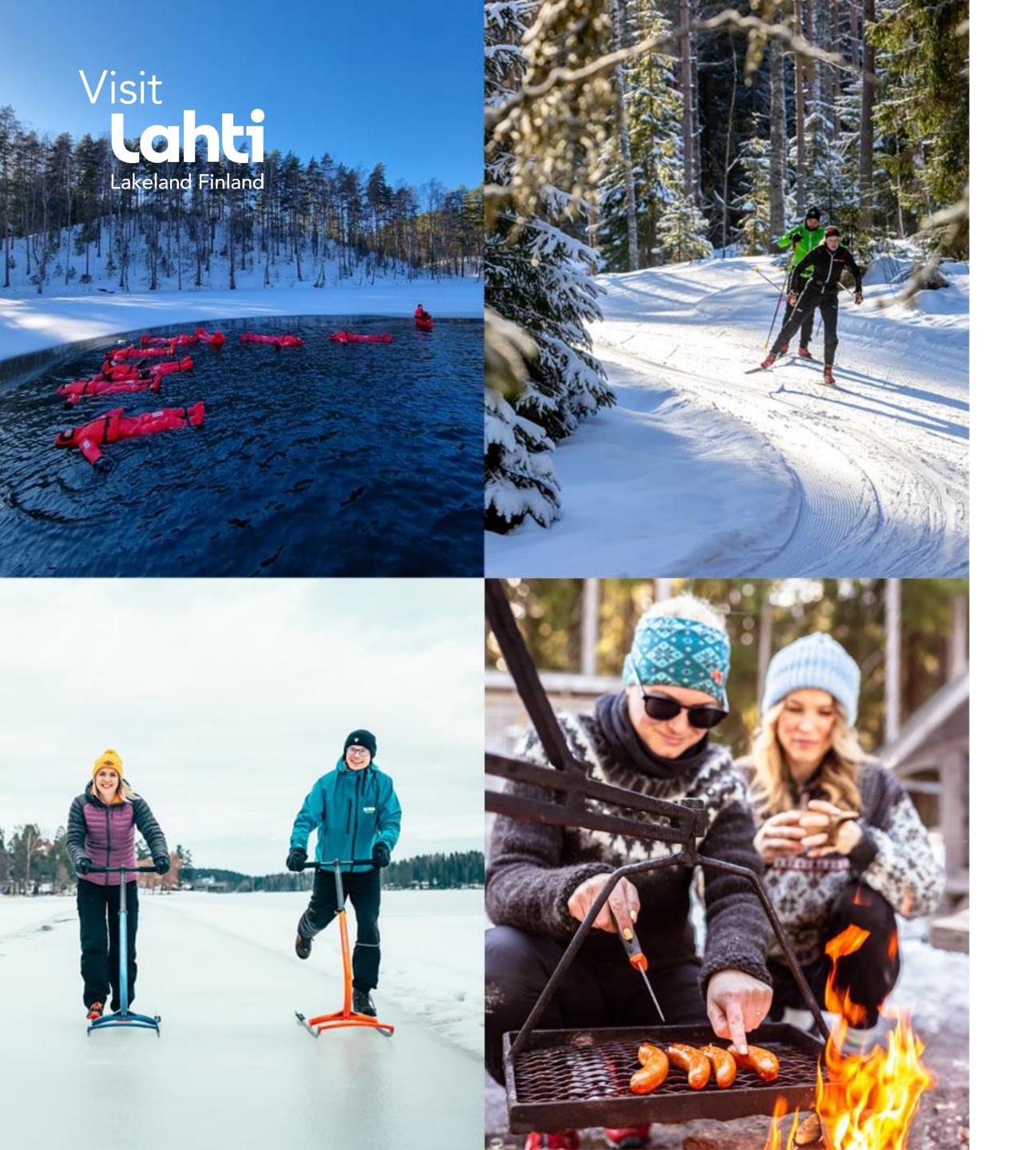
For gravel, road cycling and mtb including touristic and nature highlights. Also easy leisure routes close to the city available <a href="https://visitlahti.fi/en/cycling/">https://visitlahti.fi/en/cycling/</a>

Bike rentals with personal assistance <a href="https://kitetirri.johku.com/en\_US">https://kitetirri.johku.com/en\_US</a> <a href="https://breakaway.cc/">https://breakaway.cc/</a>

Premium Gravel events FNLD GRVL 8. -9.8.2025 Falling Leaves Lahti - Nordic Gravel Series 6. -7.9.2025

Social rides and guided tours <a href="https://nordicgravel.com/">https://nordicgravel.com/</a>

Winter cycling adventures with fatbikes and e-fatbikes



## Geopark - Perfect venue for nature adventures in winter

#### Skiing

Lahti – the best cross country skiing destination in Southern Finland. Messilä – the biggest downhill resort in Southern Finland

#### Multi-purpose winter track in Lahti

Hiking in a wintry forest, easy snowshoeing

#### Winter track on the ice of Vesijärvi lake

Walking, skating, kick sledging or skiing on the ice of the biggest lake in Lahti

#### **Husky farm visit**

Meet the husky dogs and other northern animals during the visit

#### Snowmobiling

Guided snowmobile tours in Messilä Ski resort or Lehmonkärki

#### Winter swimming

Trendy Finnish winter activivity with sauna experience

#### Winter floating

Sensational experience in thermo costume



### City life, Art & Culture and sights

#### Lahti must see places

Sports Centre & the Ski Museum; Lahti Harbour & Sibelius Hall, Lanu Sculture park, Musical fountain

#### Museums

Malva – Lahti museum of Visual Arts, Finnish Motorcycle Museum; Ski Museum, Lahti Historical Museum

#### Sightseeing: Guided and self-guided tours

by bike along the lakeshore, sport's fans statue tour, SightRun 5K, urban nature trails, brewery tours

#### Finnish Architectual highlights

Sibelius Hall, Church of the Cross by Alvar Aalto, Lahti city theatre, Lahti Ski Jumps

#### Live music weekly

Lahti Symphony Orchestra classical Thursday, active rock, pop & rap scene

# Finnish happiness in Lahti region

#### Sauna & swimming

Nosturi public sauna with all year around swimming and the sauna in the Lahti skiing centre with the unique open air pool in summer time.

Numerous private saunas.

Cosy cafés with Finnish coffee and bun & other sweet pastries

Kariniemi café in the harbour, Café Oskari, Wein Café Olavi, Asemapäällikkö

or Kanavan Kruunu by the Vääksy canal

#### **Local tastes**

Salty pastries at the market place, local bread, oat porridge and oat flakes, lihamuki – meat mug, Sahti – strong local beer,

**Unique accommodation & Cottages** 

**Sporty & Active Atmosphere** 





# Lahti turns the world's best water into beer, whisky and wine

The cleanest ground water of the world filtered by the gravel ridges and eskers of Salpausselkä UNESCO Global Geopark area ensures a valuable ingredient for many beverage producers in the area.

#### **Teerenpeli Brewery and Distillery**

Teerenpeli Distillery won the Worldwide whiskey producer 2020 & 2024 series in the world's largest alcohol competition, the International Wine and Spirit Competition.

#### **Ainoa Winery**

Ainoa Winery's innovative wild berry wines have won several international awards, such as Concours International de Lyon 2021 and Vinalies Or de Paris 2020.

#### Sahti

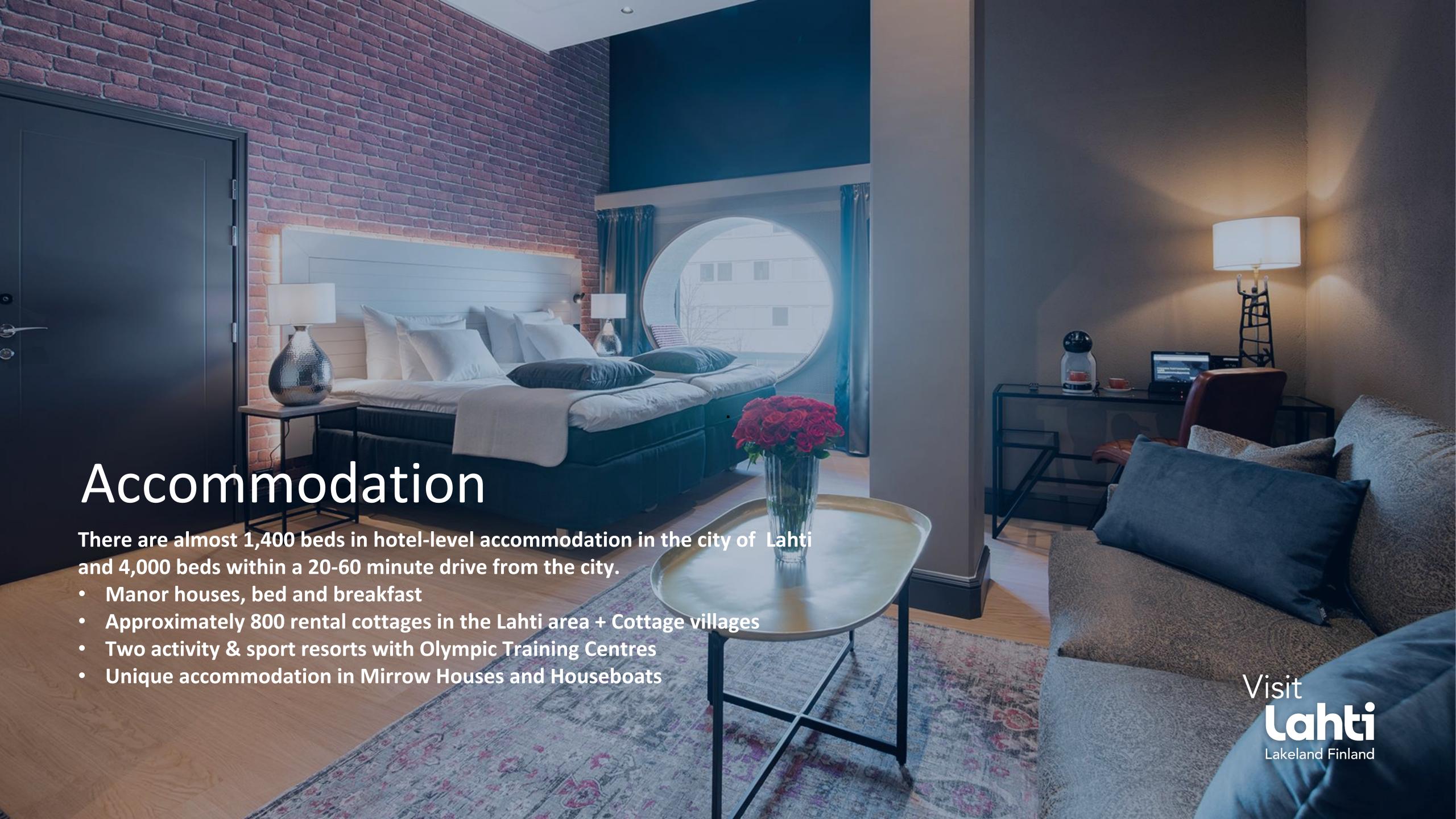
Strong local beer

#### **Ant Brew**

Ant Brew is a small beer collective in located Malski. They are known for their Wasted Potential series created during Lahti European Green Capital 2021 year. In the series Ant Brew has utilised ingredients such as wild herbs, fruit waste and goose droppings.

#### **Hartwall**

One of the biggest breweries in Finland has its roots in Lahti and nowadays its main production facility in Lahti.

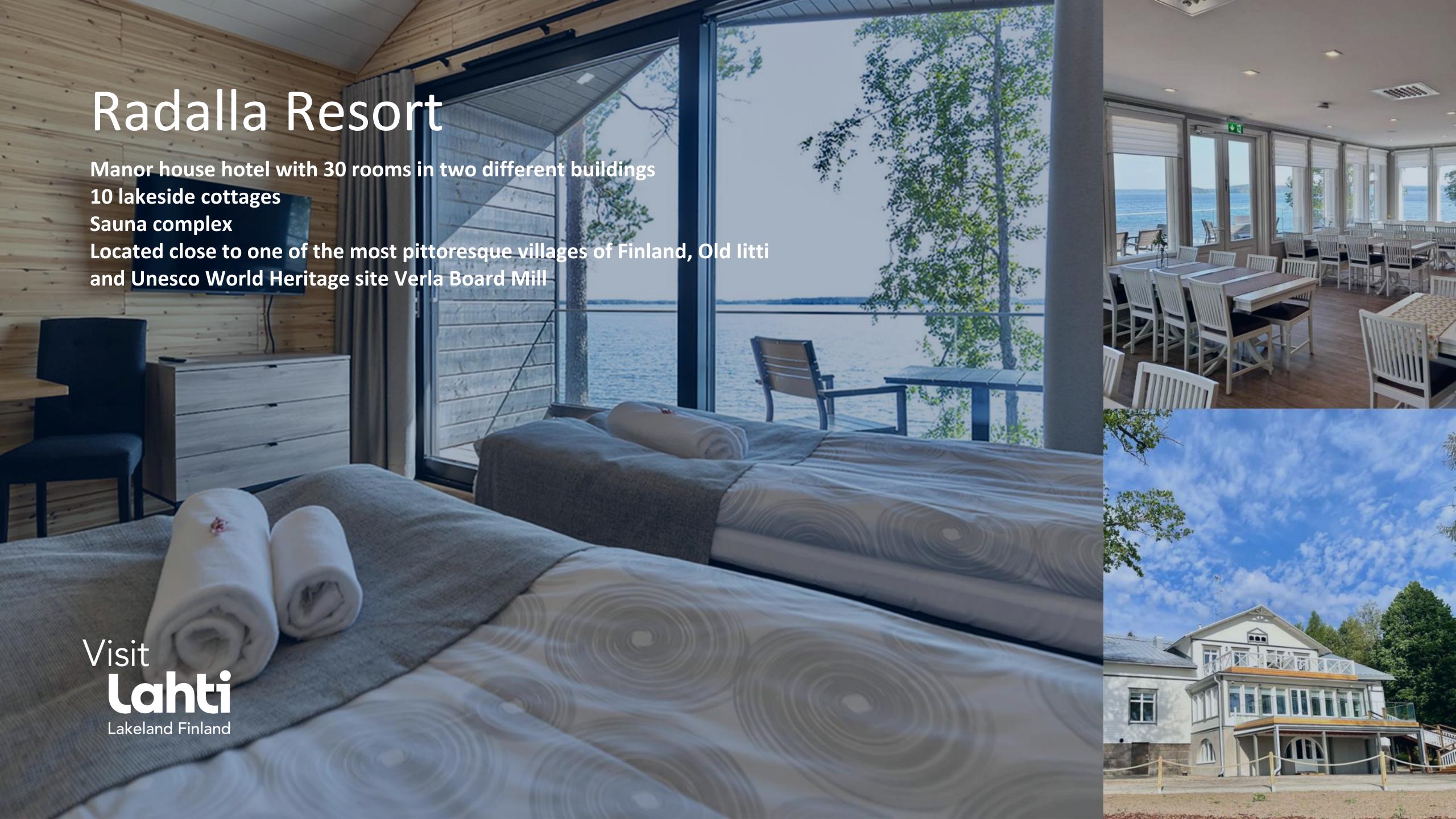


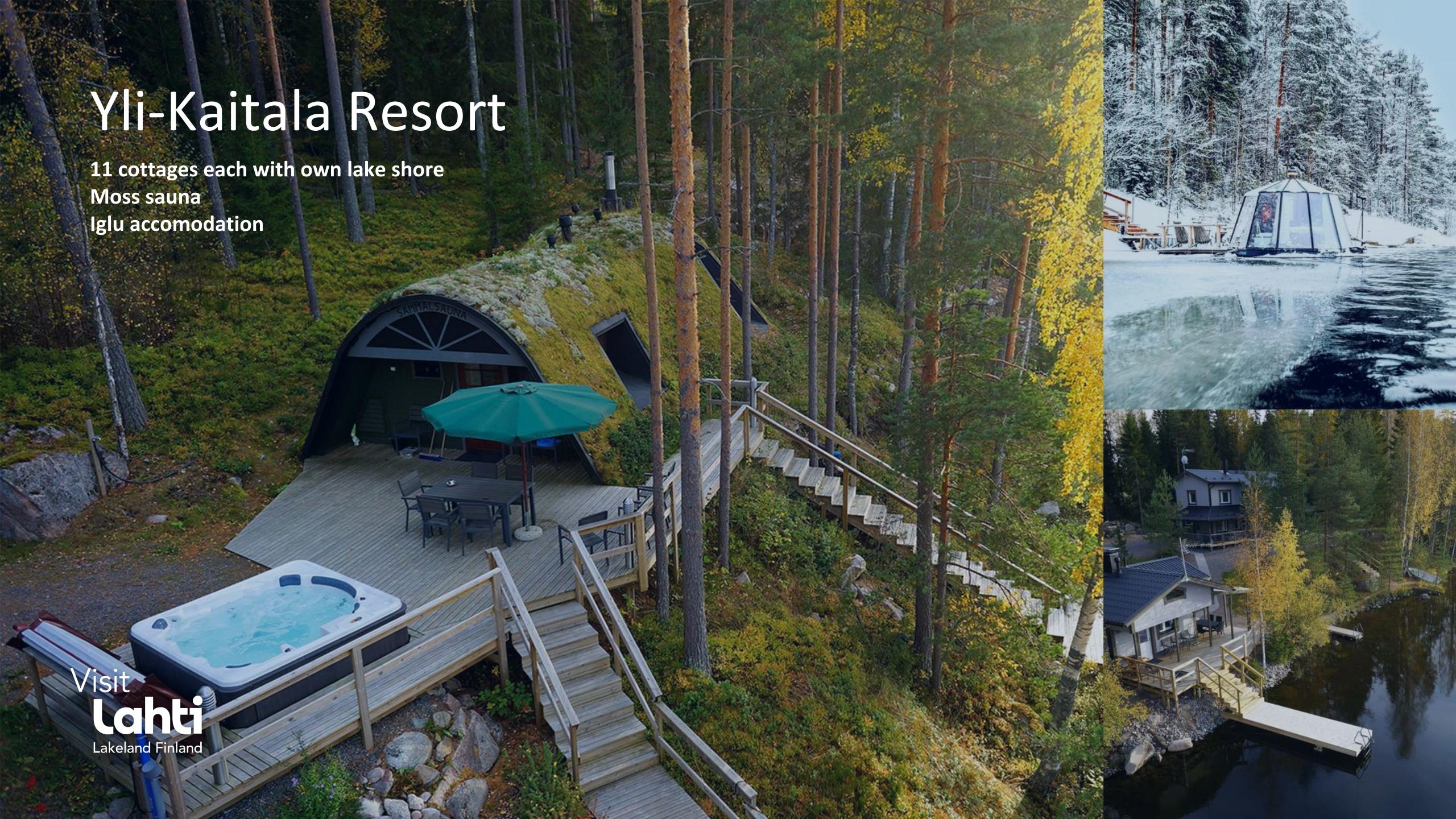


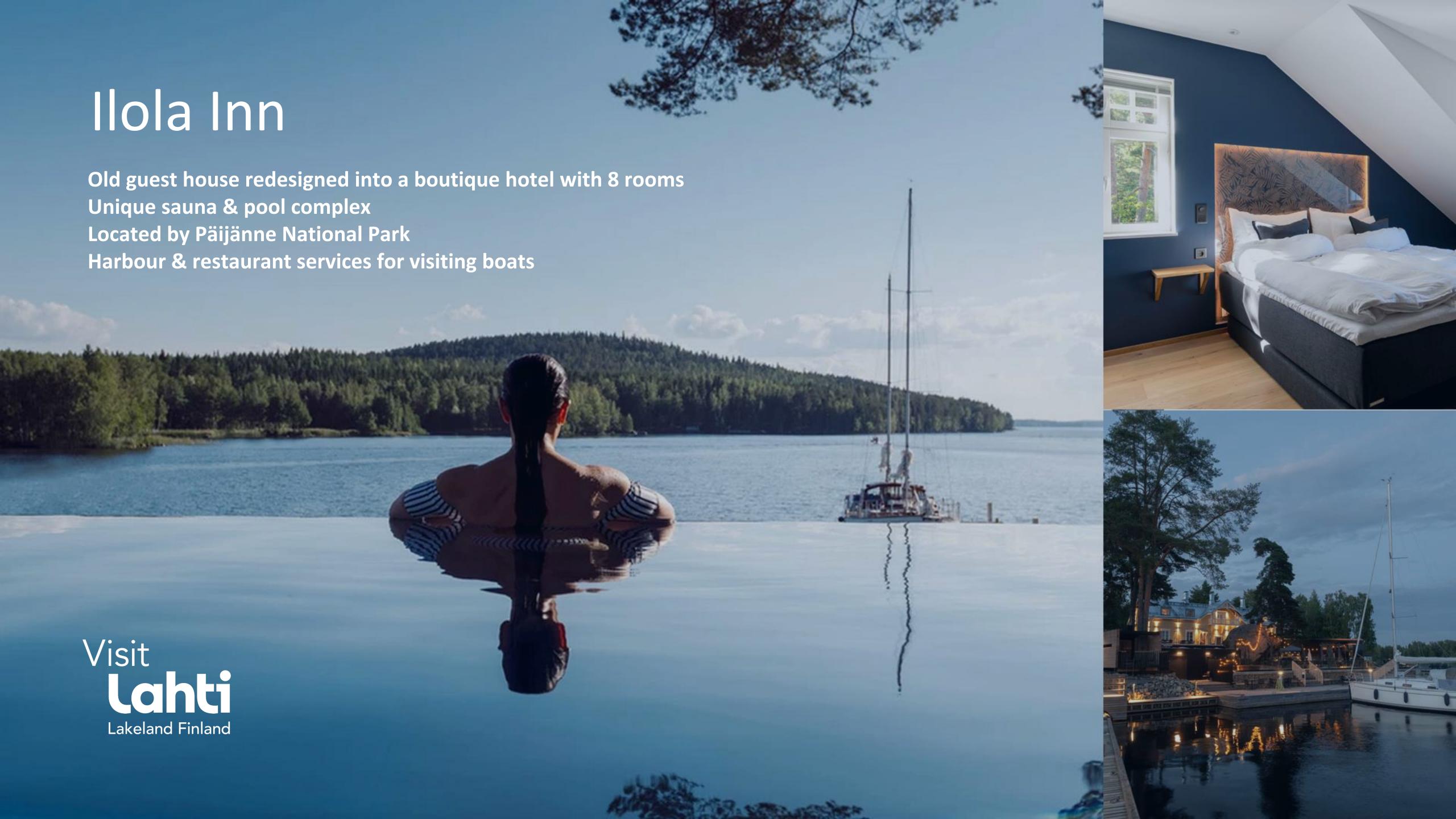


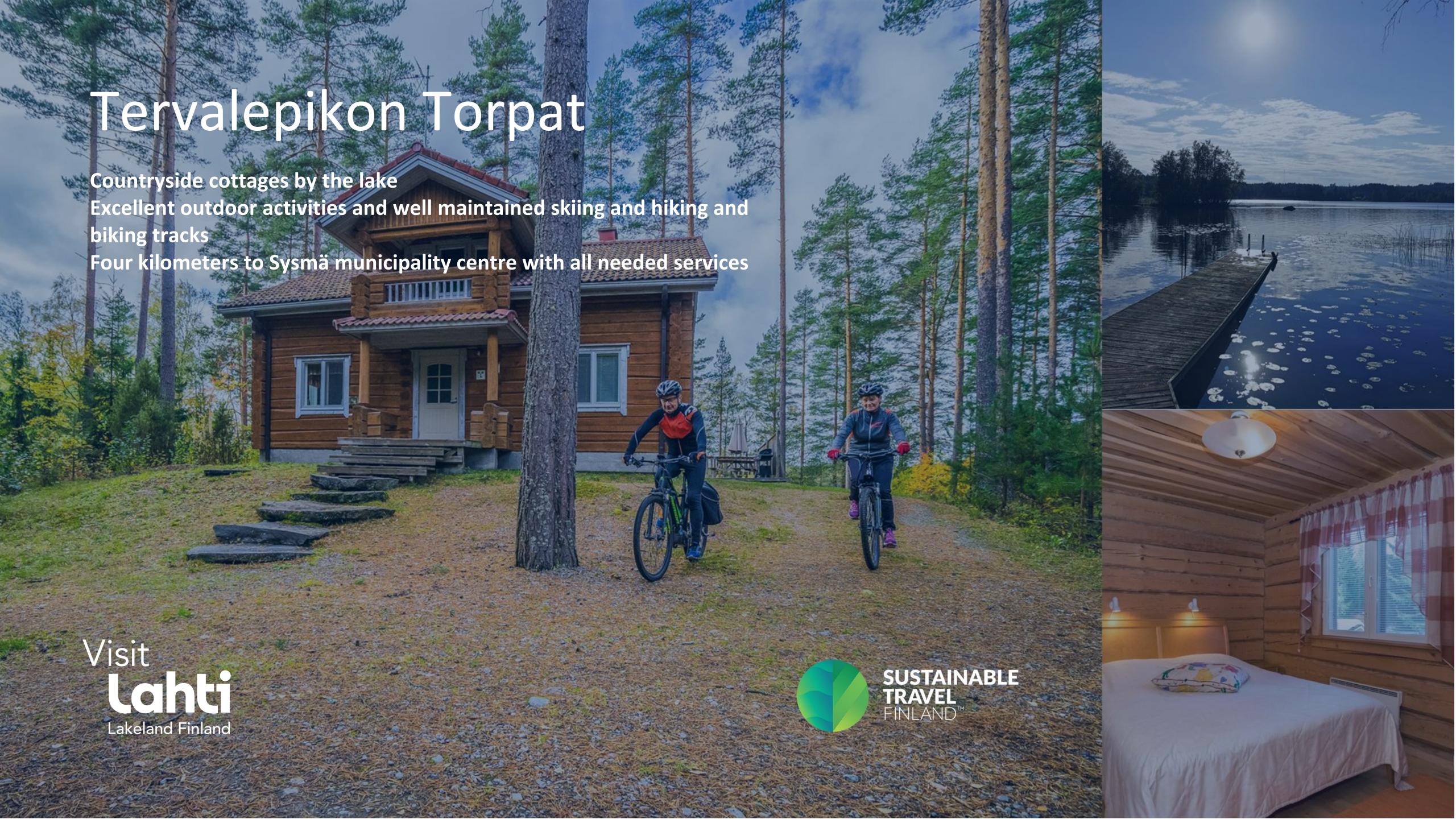




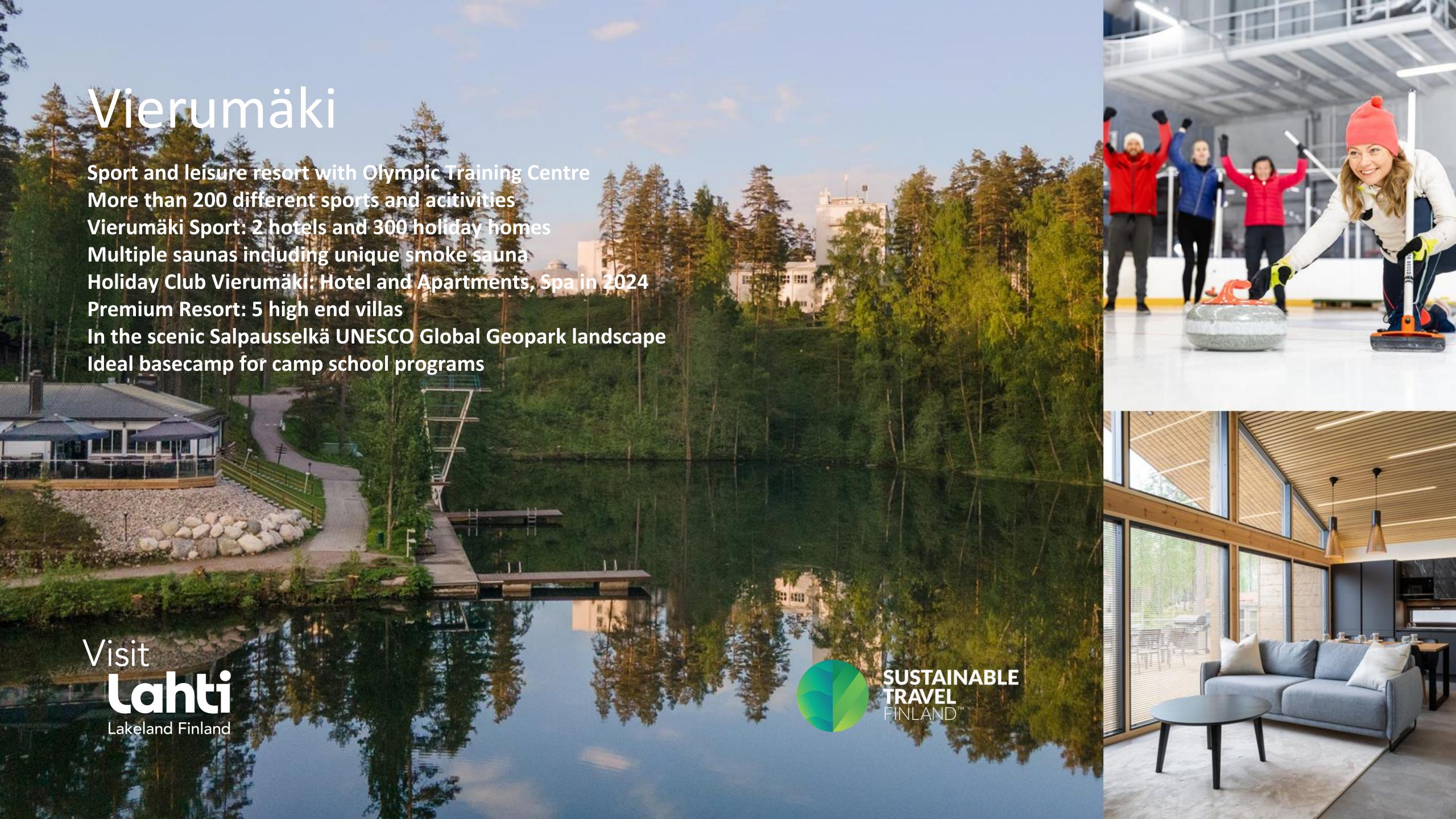












## Pajulahti

Activity and sport resort with Olympic and Paralympic Training Centre 247 rooms of different level (hotel / b2b standard with / without sauna) 15 high altitude rooms

**Excellent facilities for indoor and outdoor sport activities Sauna complex** 

In the middle of scenic Salpausselkä UNESCO Global Geopark landscape Ideal basecamp for camp school programs





### Technical visits

#### **Legacy of the European Green Capital year 2021**

Clean tech companies
Water expertise
Sport management
Sustainable development and nature protection
Grain cluster companies
Other expert meetings







## We are here for You!

Visit Lahti is the regional DMO of the Lahti region.

We are a full-service DMC offering packages and tours in the Lahti
Region and Finnish Lakeland.

**Contact:** Arto Asikainen, Head of Sales and Marketing arto.asikainen@lahtiregion.fi @visitlahti\_official @visitlahti



SUSTAINABLE TRAVEL FINLAND<sup>™</sup>



Visit Lahti Lakeland Finland