



# Treasures of nature and local life in Sysmä Summer 2017-2018



## 1. day

Arrival to Helsinki and drive with rental car to **Tervalepikon Torpat, Sysmä** (about two hour drive from Helsinki Airport). Accommodation either in Vesan Villa or Tainan Tupa cabin. After arrival, free time to relax and get to know the surrounding nature.



## 2. day

After independent breakfast at the cabin, it is time to meet your guide! Drive to Kammiovuori and **guided walking tour**. The trail passes through varying landscape, which was shaped by the Ice Age. During the trip, you are mostly surrounded by mixed and traditional Finnish forest and from the top of the mountain **the view is breathtaking**: to the south and the west, the glittering blue waters of Lake Päijänne dominate the landscape. On the route back the trail passes by a massive boulder, known locally as "Lintä". Total length of trail is 4 km and it is demanding. **Snack lunch** is served around open fire. **Free afternoon and evening at the cabin. Possible to rent a bike or mountain bike.**



## 3. day

Free morning and at the afternoon **guided cycling tour to traditional Finnish countryside landscapes...** Explore the outskirts of Sysmä like a local on this three hour bike tour, led by a professional guide. Ride along small village roads and discover Finnish countryside at a leisurely pace. Your guide shares knowledge of daily life and makes a stop at Sysmä where you can purchase lunch. Later in the evening, **magical canoeing tour** to the lake nearby. Enjoy the midnight sun and Finnish summer or last lights of Autumn evening in a unique way. During the tour you get touch with the silence and pureness of Finnish nature around you!



## 4. day

After independent breakfast you can explore **the treasures of Finnish nature with guide**: herbs, berries or mushrooms, depending the time of the year! During the guided nature trip, you can pick the local berries or mushrooms to take with you... **Snack lunch**, check-out and drive back to Helsinki.



**Price: 990 € / per person**

### Price includes:

Accommodation in a well-equipped log cabin for 3 nights, bed linen and final cleaning, guided walking, cycling, canoeing and nature tours with professional guide, bicycle and canoe rental on the third day, 2 x snack lunch during the tours.

**Price doesn't include:** Rental car, breakfasts, dinners, lunches on day 1 and 3

**Group size:** min. 2 persons, max. 6 persons

**Availability:** May -June, August -October 2017 and 2018 on request

**Bookings:** At least four weeks prior arrival.

**Guiding language:** English

### Please notify:

The clients should have proper outdoor clothing and shoes.

