Join to our tours which will truly lead you to the origins of the Finnish spirit and culture! Only one hour away from the city of Helsinki and its airport!

DAY 1:
Arrival to Helsinki and drive with a rental car to Asikkala. Accommodation in an individually decorated log cabin by Lake Päijänne, the second largest lake in Finland.

After arrival, slow walk into the nearby forest. At the forest you’ll experience the powers of the nature and discover how to find most common edible plants with a professional guide. While getting some gentle exercise and enjoying the greenness of Finnish summer, you learn about the traditional use and benefits of plants that grow wild in our woods! Free evening to enjoy the silence of the surrounding nature and countryside.

DAY 2:
Morning: Baking traditional gingerbreads from Finnish rye!

Breakfast at the cabin and after breakfast, drive to Hollola. This unique visit shows you the secrets of grinding rye flour and baking gingerbreads with new twist: Finnish rye!

The program starts from local mill called Okeroinen Mill owned by Kinnari family. The owners, Terhi and Teemu are the 14th generation keeping the farm. At the mill you grind your own flour from Kinnari family farm’s own grain. From the mill the visit continues to Kinnari Farm (about 10 minutes with car from the mill) where you will bake the gingerbreads to take with you! Day will end with coffee/tea and handmade salty pastry made from farm’s own flours in farm’s on-site bakery. After the visit, drive to Lahti.

Afternoon: Ode to wood and design!
Lahti is famous for both wooden architecture and design! Join on a guided walking tour which explores either wooden architecture park with amazing architectural pieces and Sibelius Hall at the Lahti harbor or tour which explores stairways and patios in Lahti you never knew existed. Both tours give you a very personal look inside the chosen topic! After guided tour, it’s time to do some shopping or join in a brewery tour depending on your interest!

For Ladies: HEY Lahti local design and crafts (self-guided)
A great place to start a design tour in Lahti is road Rautatiekatu, following with Hämeenkatu and Vapaudenkatu roads... Here you find a wonderful collection of designers’ shops full of local, high-quality, hand-made products which have a strong identity!

For Gentlemen: Brewery tour for local craft beer and whiskey - take a look behind the scenes!
Lahti has a genuine whiskey distillery and beer brewery right in the heart of the city! Brewery tour offers you a guided tour of preparation of beer and whiskey and samples of products of...
Ode to Finnish spirit and culture
Lahti and Finnish lakeland

the house made from the best Finnish barley and fresh Salpausselkä ground water!

After the tours, independent lunch and drive back to the cabin to experience Finnish sauna with relaxing whisking and whisk massage! Finns have been bathing in sauna at least for 10,000 years. Sauna is a natural place for overall wellness and revival; it advances spiritual empowerment and harmony, helps to become in touch with one’s emotions and may bring a new state of consciousness as well as gives new energy.

Before entering the sauna, you will learn about the importance of the nature in Finnish culture and hear stories of the traditional Finnish beliefs, ancient spells as well as effectiveness of sauna and used materials. Individual and relaxing whisking treatment includes at least two different types of whisks (for example birch, maple, oak, aspen, alder, linden, rowan, juniper), followed by whole body massage with birch whisks and honey/clay with herbs.

After the sauna, it is time to enjoy genuine tastes of Finnish sauna menu of your choice:

- Sliced vegetables and herb pesto, rye snacks and Smetana spiced with the common polypody or herb meatballs with cranberry sauce
- Traditional Finnish sauna sausage made over the sauna stove and cognac mustard or baked potato with filling of your choice: smoked vendace, smoked ham or beetroot pesto
- Local cheeses with farm’s own jams, smoothie from local forest berries, season’s berries / fruits on a spit with chocolate sauce or fresh strawberries from local farm with whipped cream and twist of raspberry liquor
- Local beers made by local brewery and ice tea and water with cranberry twist

DAY 3:

Breakfast at the cabin and drive to old Vääksy village and Vääksy canal: visits at local artists’ workshops around the canal with unique and distinctive glass jewellery, arts and crafts, handmade jewellery using pearls, wood, leather, metal and silver thread. Independent lunch at a local restaurant before driving to the airport.

Price: 465 € / per person
Price includes: Accommodation in double rooms in well-equipped log cabin for two nights, guided walking tour, visit at Kinnari farm and baking the gingerbreads, guided wooden architecture or stairways & patios tour, guided brewery tour, relaxing whisking and whisk massage program and traditional sauna menu of your choice.
Price doesn’t include: Transfers, breakfasts, lunches
Group size: min. 6 persons, max. 12 persons
Duration: 2 nights / 3 days
Availability: On request 1.5.-30.9.2017
Optional extras: Breakfasts, lunches, dinner on day 1
Visit at graphics workshop: Learn about the world of graphics through the press print technique! You get acquainted with the traditional equipment and press print techniques and after a little tuition you will print a souvenir from Lahti with you! Price: 95 € / person, min. 5 persons.